Hiking the Zion Narrows has inherent risks and you assume complete responsibility for the safety of all members of your group.

This timetable is approximate. The trip may be done in less time, but allowances have been made for rest stops, picture taking, and slow hikers.

Track your progress by recognizing side canyons and landmarks. Deep Creek, Kolob Creek, and Big Springs are all fairly obvious, but watch closely for the mouth of Goose Creek—it can be easy to miss.

The National Park Service does not assume responsibility for information accuracy, precision, or completeness of data as displayed on this map.

1. Chamberlain’s Ranch
2. Bulloch’s Cabin
3. First Narrows
4. Waterfall
5. Deep Creek
6. Kolob Creek
7. Goose Creek
8. Big Springs
9. Orderville Canyon
10. North End of Riverside Walk
11. Temple of Sinawava

Campsites are assigned when obtaining a wilderness permit. See back for campsite descriptions.

Site # Max #
1. . . . . .4
2. . . . . .4
3. . . . . .6
4. . . . . .2
5. . . . . .6
6. . . . .12
7. . . . . 6
8. . . . . 6
9. . . . . 6
10. . . . . 6
11. . . . .4
12. . . . .12
Flash Floods

The Narrows are potentially hazardous.

Know the weather and flash flood potential forecasts before starting your trip. If bad weather threatens, do not enter a narrow canyon. Your decisions and actions regarding your safety are your responsibility.

Watch for these indications of a possible flash flood:
• Any deterioration in weather conditions
• Build up of clouds or sounds of thunder
• Sudden changes in water clarity from clear to muddy
• Floating debris
• Rising water levels or stronger currents
• Increasing roar of water up canyon

If you observe any of these signs, seek higher ground immediately. Even climbing a few feet may save your life. Remain on high ground until conditions improve. Water levels usually drop within 24 hours. Flash floods do occur in the park during periods of low flash flood potential. A moderate or higher flash flood potential should be a serious cause for concern.

Campsite Descriptions

1. Deep Creek
   At the confluence of Deep Creek. The site is located on the left side of the river.

2. River Bend
   A 10-15 minute walk beyond Deep Creek, River Bend is located on the right side of the point of a sharp bench 10 feet above the river.

3. Right Bench
   A 10-15 minute walk from River Bend, this is located on the right hand bench in a stand of maples 20 feet above the river.

4. Flat Rock
   Flat Rock is a 5-10 minute walk beyond Right Bench, located beside a large flat rock next to the river. The site is next to the rock, on a 6 ft high bench next to the canyon wall.

5. Ringtail
   A short 5 minute walk beyond Flat Rock, Ringtail is located on a right bench in a sandy area. Just before Kolob Creek.

6. Kolob Creek
   At the confluence of Kolob Creek. The site is located on the right side, 20 feet above the river on a bench.

7. Box Elder
   A 10 minute walk beyond Kolob Creek. This site is located on the left about 30 feet up on a bench.

8. Boulder Camp
   Across the river from Box Elder, 10 minute walk beyond Kolob Creek around a sharp bend. The access trail is to the right up slope about 50 feet.

9. Left Bench
   A 10 minute walk beyond Boulder Camp, on the left. Located on a 10-foot bench next to the canyon wall. In a grove of maples. It can be easy to miss.

10. West Bend
    A 5 minute hike from Left Bench. This site is on a high bank located on a western bend.

11. Spotted Owl
    This sunny site is located on the left side, immediately after the first stream crossing. It is up a slope 10 feet above the river.

12. High Camp
    High Camp is a 15-20 minute walk beyond Spotted Owl on a slow, difficult section of the river, 300 yards before Big Spring. The Site is on the left side of the river on a 25 foot high bench in a stand of maple and douglas fir. It can be easy to miss.

Big Spring ★
This large water source is located on the right side of the river, below all campsites.

There is no high ground down stream, between Big Spring and Orderville. There is little high ground down stream, between Orderville to the Temple of Sinawava.