

SATURDAY SEPTEMBER 29 9AM-1PM



National Public Lands Day
A National Environmental Education Foundation Program

Opening Ceremonies: Welcome to Valley Forge National Park

8:30 am Volunteer gathering and walk – in registration. Coffee and Breakfast snacks available courtesy of REI.

9:00 am Welcome to Day's Event- Superintendent Kate Hammond
Guest Speaker: Kristina Heister, Northeast Region Division Chief of Natural Resource Programs.

ENVIRONMENTAL EXPO - Displays and Exhibits *(corporate stewards, environmental, conservation and trails organizations)*

8:30 am to 1:00 pm Hopewell Furnace National Historic Site, Friends of Valley Forge Park, REI, Energy Coordinating Agency, The Franklin Institute, Great Valley Nature Center, Bryn Mawr Hospital and Valley Forge National Historical Park

HIKES (All hikes will start from the event tent.)

9:30 am to 11:30 am **West Chester Bird Club** *Explore the Wonders of Nature:* Valley Forge Park is abundant in bird life, with 216 species recorded. Come learn about the wonders of nature in the park. Meet Rick Wolf of the West Chester Bird Club at the event tent located at the Visitor Center Lower Parking Area. Bring your binoculars!

HEALTH & WELLNESS EDUCATION

8:30 am to 1:00 pm Bryn Marw Hospital: Learn Sun Safety, Hydration, Lyme Disease Prevention and Good Nutrition tips. Blood pressure check for people 18 years old and older.

CONSERVATION EDUCATIONAL CLINIC (4 years old and up)

8:30 am to 1:00 pm **Bartram's Garden:** Learn about botanical plants for the fall.
The Art of Nature: Using watercolor pencils you'll create a botanical drawing to take home and you'll see how science can help produce beautiful art.
Learn about the effort to preserve and protect the Schuylkill River Watershed

8:30 am to 1:00 pm **Great Valley Nature Center:** Come learn about wildlife that is located in urban settings and native to Pennsylvania.

VOLUNTEER PROJECTS *(Youth under the age of 18 will need a parent or guardian approval to participate.) Bring Gloves!*

9:30 am to 1:00 pm Volunteers will have the opportunity to make a real difference in the park by joining park staff to help with a variety of environmental and maintenance projects. To volunteer e-mail ernestine.white@nps.gov. Participants are asked to come prepared in appropriate attire, shoes, and to bring gloves.

OTHERS ACTIVITIES IN THE PARK

12:00 pm to 2:00 pm **Young Friends of Valley Forge Park** – BBQ lunch. Located at the Visitor Center Lower Parking Lot. Donations are appreciated. Menu includes burgers, hot dogs and veggie burgers along with salads and desserts (including healthy options!!!)

For more information contact our National Trails Day Coordinator at 610-783-1029 or e-mail Ernestine.White@nps.gov
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