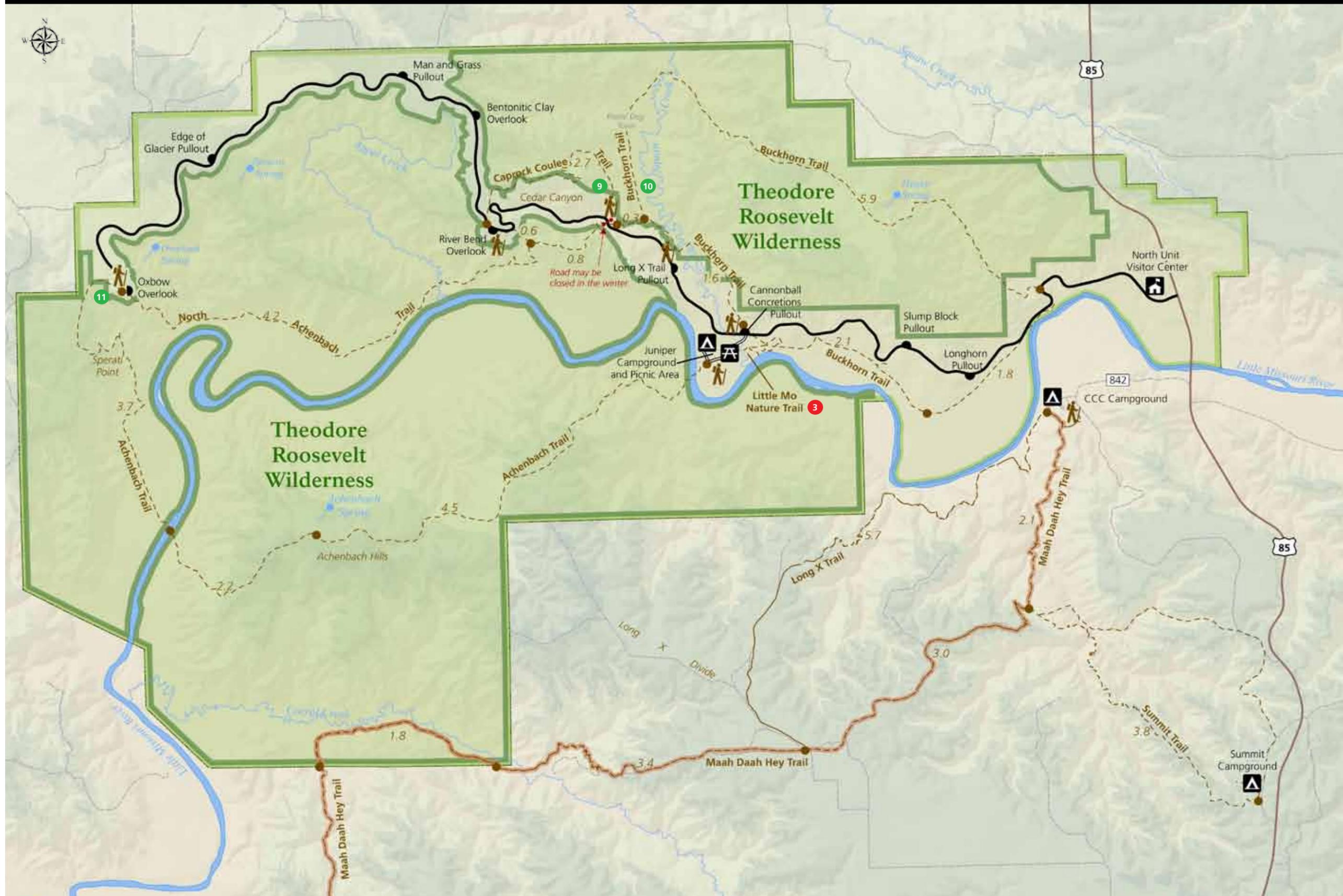


Hiking Guide for TRNP

Hiking Trail	Round-Trip Average Hiking Time & Distance (Plan extra time for breaks and pictures)	Trail Description
Easy		
1 Skyline Vista South Unit	10 minutes 0.1 mi / 0.16 km	 Feel the wind in your hair high atop Johnson's Plateau. This flat, paved nature trail is perfect for those who want to step out for just a moment.
2 Boicourt Overlook Trail South Unit	15 minutes 0.2 mi / 0.3 km	 One of the most beautiful South Unit overlooks is accessible by this easy nature trail with slight grade. This overlook is a ranger favorite for sunsets over the badlands!
3 Little Mo Trail North Unit	30 – 45 minutes 0.7 mi / 1.1 km (paved inner loop) 1.1 mi / 1.8 km (unpaved outer loop)	  Explore the river bottom habitat along a paved nature trail with slight grades. Take along a trail brochure, available at the trailhead, to learn as you adventure.
4 Buck Hill South Unit	15 minutes 0.2 mi / 0.3 km	You'll be on top of the world when you climb to the highest accessible point in the park. This is a short, but steep trail. The view from the top is worth every step.
5 Wind Canyon Trail South Unit	20 minutes 0.4 mi / 0.6 km	Enjoy hiking this nature trail alongside a wind sculpted canyon as you climb to the best view of the Little Missouri River the South Unit has to offer. Another ranger favorite for sunsets!
Easy to Moderate		
6 Ridgeline Trail South Unit	30 minutes 0.6 mi / 1 km	 Explore the badlands environment along a nature trail with moderate to steep grades. Take along a trail brochure, available at the trailhead, to learn as you adventure. This trail has stairs.
7 Coal Vein Trail South Unit	30 – 45 minutes 0.6 mi / 1 km (inner loop) 0.8 mi / 1.3 km (outer loop)	 Although this coal vein is no longer burning, this nature trail is an excellent place to learn about badlands geology and ecology. Take along a trail brochure, available at the trailhead. This trail has stairs.
8 Painted Canyon Nature Trail South Unit	45 minutes 0.9 mi / 1.4 km	The canyon looks amazing from the rim, but wait until you experience a hike down into it! Get up close and personal with the rock layers, junipers, and wildlife. Remember, every step down means a step back up on the return.
9 Caprock Coulee Nature Trail North Unit	1 hour 1.5 mi / 2.4 km	 Hike through badlands terrain and dry washes as you experience a variety of habitats. Take along a trail brochure, available at the trailhead, to learn as you adventure.
10 Prairie Dog Town via the Buckhorn Trail North Unit	1 hour 1.5 mi / 2.4 km	Start at the Caprock Coulee Trailhead and follow the Buckhorn Trail to a prairie dog town. Be sure to plan some extra time for wildlife viewing; where there are prairie dogs, there are often lots of other animals, too!
11 Sperati Point via the Achenbach Trail North Unit	1 hour 1.5 mi / 2.4 km	Begin at Oxbow Overlook. A gently rolling walk leads to an overlook of the Little Missouri River. Along the way, pay attention to the wide variety of forbs and grasses. The prairie ecosystem is one of the most diverse on the planet!
Moderate to Strenuous		
Caprock Coulee North Unit	2 – 3 hours 4.3 mi / 6.9 km	The first 0.75 miles of this trail consists of the Caprock Coulee Nature Trail. The trail becomes more strenuous as it climbs to the top of a grassy butte, follows a ridgeline with incredible views, and descends back down.
Maah Daah Hey South Unit	3 – 4 hours (one way) 7.1 mi / 11.4 km (one way)	The Maah Daah Hey Trail stretches 96 miles across the National Grassland connecting all three units of the park. This portion of the trail runs through the South Unit.
Lone Tree Loop South Unit	5 – 6 hours 9.6 mi / 15.4 km	You can begin this trail at Peaceful Valley Ranch by following the Ekblom Trail. To avoid a river crossing, access the loop via the Maah Daah Hey Trail. This will add 3.2 miles round trip. Be aware of difficult stream crossings.
Petrified Forest Loop South Unit	5 – 6 hours 10.3 mi / 16.6 km	Located in the remote northwest corner of the South Unit, this hike takes you through ancient petrified forests and badlands wilderness. The loop includes the North and South Petrified Forest Trails as well as the Maah Daah Hey.
Buckhorn North Unit	6 – 8 hours 11.4 mi / 18.3 km	Hike through prairie dog towns, sagebrush terraces, deep canyons, and high open prairies. Experience the diversity of plant and animal life in these distinct habitats.
Jones/Lower Talkington/ Lower Paddock Loop South Unit	6 – 8 hours 11.4 mi / 18.3 km	This loop combines the Jones Creek Trail, the Lower Talkington Trail, and the Lower Paddock Creek Trail. Add it to the Upper Paddock/Talkington Loop for an epic adventure of 23.4 miles.
Upper Paddock/ Talkington Loop South Unit	8 – 10 hours 15.4 mi / 24.8 km 19.4 mi / 31.2 km (Painted Canyon)	This trail combines part of the Lower Talkington Trail with the Upper Talkington and Upper Paddock Creek Trails. Accessing the loop from Painted Canyon will add 4 miles round trip to your hike.
Achenbach North Unit	10 – 12 hours 18 mi / 30 km	Steep climbs and descents and two river crossings await you on a trail that leads deep into the heart of the Theodore Roosevelt Wilderness. Cross the Little Missouri River at daybreak and climb the buttes to greet the rising sun.

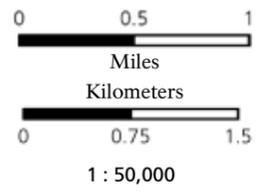
North Unit Map



CAUTION

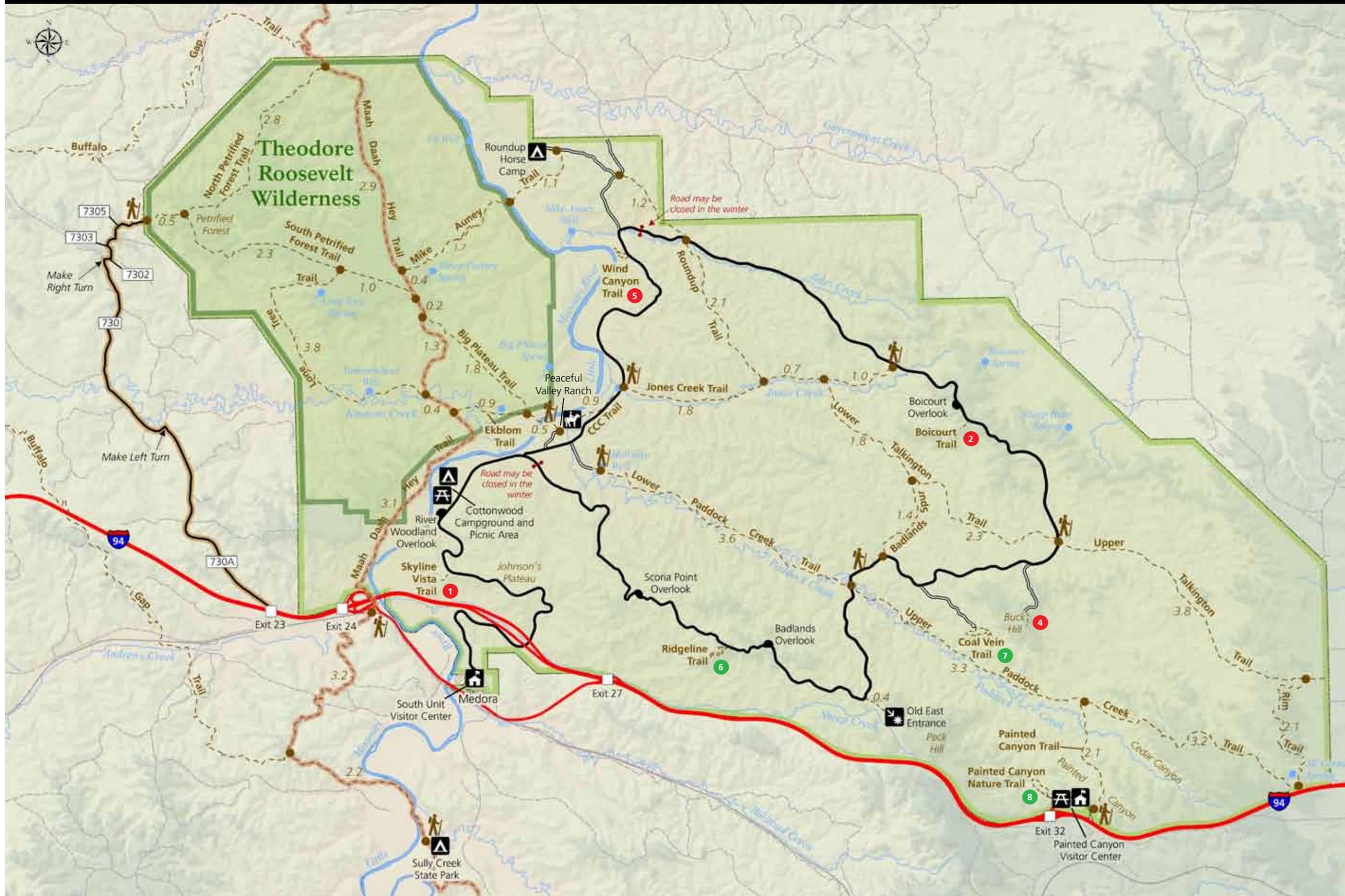


Burning coal veins exist off-trail in the North Unit's backcountry. Coal veins can burn at temperatures above 1000°F – hot enough to melt rock. Ground around these areas is extremely unstable. For your safety, stay away from smoking ground and report any suspected fire activity to the visitor center. These areas have been closed by order of the Superintendent.



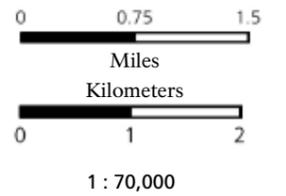
- U.S. Highway
- Park Scenic Drive
- Other Park Road
- Other Road
- Park Boundary
- Wilderness Boundary
- Park Trail (Miles between points)
- Maah Daah Hey Trail (Miles between points)
- Visitor Center
- Campground
- Picnic Area
- Backcountry Trailhead
- Spring or Well
- Keys to Hiking Guide - Easy to Moderate
- Keys to Hiking Guide - Moderate

South Unit Map



NAVIGATION

While these maps are sufficient for short day hikes, topographic maps purchased at park visitor centers are recommended for longer hikes. Be aware that trail names have changed in recent years and may not be updated on commercial maps. We suggest taking this map along with a topographic map when heading out into the backcountry.



- Interstate Hwy
- Park Scenic Drive
- Other Park Road
- Other Road
- Park Boundary
- Wilderness Boundary
- Park Trail (Miles between points)
- Maah Daah Hey Trail (Miles between points)
- Visitor Center
- Campground
- Picnic Area
- Point of Interest
- Guided Trail Rides
- Backcountry Trailhead
- Spring or Well
- Keys to Hiking Guide - Easy to Moderate
- Keys to Hiking Guide - Easy to Moderate