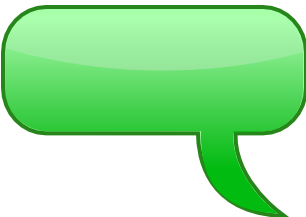
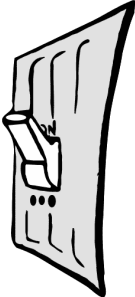



HELPING FROM HOME

Did you know that what you do at home can affect Shenandoah National Park? Climate change and pollution threaten the Park and everything that lives in it.

The choices you make everyday can help the Park and the outdoors! Circle all the green choices you can or already do at home. Give yourself a high five every time you complete a row: up down, and diagonally all count.

<p>Use reusable grocery bags</p> 	<p>Use a reusable water bottle</p> 	<p>Talk to your friends and family about how they can make a difference</p> 	<p>Turn off lights when you aren't using them</p> 
<p>Continue to learn more!</p> 	<p>Walk, ride a bike, or car-pool when possible</p> 	<p>Recycle!</p> 	<p>Buy local when you can</p> 
<p>Take a shorter shower rather than a bath</p> 	<p>Hang dry your laundry</p> 	<p>Be water wise</p> 	<p>Pick up litter</p> 