





## Suggested Hikes



### Hike #1: Blackrock Viewpoint

0.4-mile round trip, easiest, 1/4 hour hiking time, 60-foot elevation gain. Follow Blackrock Trail to the viewpoint on the summit. Return to the starting point.



### Hike #2: Lewis Spring Falls

3.2-mile circuit, moderate, 2 1/4 hours hiking time, 1,247-foot elevation gain. One stream crossing and several rocky sections. Follow Blackrock Trail past the summit, and turn right onto the Appalachian Trail (A.T.) north. Go left onto Lewis Spring Falls Trail. At the trail post, turn right to access the observation point for Lewis Spring Falls. After viewing the falls, return to the Lewis Spring Falls Trail, and go right, to where it reconnects with the A.T. north. Turn left and follow the A.T. north to the intersection with Blackrock Trail, and return to the starting point.



### Look for Trail Markers

You'll find these trail markers at all trailheads and intersections. The metal bands are stamped with directional and mileage information.

## Before You Go!

- Pets are not allowed on Fox Hollow Trail. Where allowed, pets must be on a leash at all times.
- Be sure you are physically able to complete the hike you've chosen.
- Take plenty of water—at least a quart per hour.
- Be sure you know your route. Free maps are available at entrance stations, visitor centers, and [www.nps.gov/shen](http://www.nps.gov/shen)
- When you return from your hike, check for ticks.
- Be sure someone knows where you are and when to expect your return.
- Leave what you find. Artifacts are protected by law.
- Please respect family cemeteries.



Leave No Trace Preservation through education: building awareness, appreciation, and respect for our public recreation places.