



## Trip Planner

### Early Summer 2020



Information in this newspaper can change at any time as we work to safely increase access to these parks.

## COVID-19 Safety

We encourage you to follow CDC guidance to reduce the spread of COVID-19.

You should:



Practice social distancing.



Wash your hands frequently with soap, or use hand sanitizer if soap isn't available.



Cover your mouth and nose when you cough or sneeze.



Avoid touching your eyes, nose, and mouth.



Wear a face covering when social distancing cannot be maintained.

## What to Expect

To protect the safety of park visitors and employees during this first phase of increasing access to the parks, we've made changes that will affect your visit.

The guidance listed in this newspaper can change at any time as we navigate these changes. We appreciate your patience and flexibility.

### Currently Open & Available

Most roads, trails, and restrooms

Trip-planning information with the park mobile app, web pages, the park newspaper, and outdoor information kiosks

Picnic areas

Tours using the free park mobile app

### Not Open or Available Yet

Campgrounds and lodges

Visitor centers, bookstores, ranger stations, and wilderness permit stations

Restaurants and markets

Commercial tours

### Unavailable this year

Campgrounds and wilderness permits without a reservation  
Crystal Cave · Park shuttles

## In an Emergency

Call 911 from a park payphone or from your cell phone if you have service. No coins are needed. If no phone is available, contact a park employee but keep a safe distance.

### Pay Phone Locations

**Foothills of Sequoia National Park**  
Foothills Visitor Center  
Potwisha Campground  
Hospital Rock Picnic Area

**Lodgepole and Giant Forest**  
Lodgepole Market  
Wolverton Picnic Area (on the building near the meadow trail)

**Grant Grove**  
Kings Canyon Visitor Center (near the restrooms)

Install our free app for more trip-planning information. Search for Sequoia Kings NPS.



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## Contacts

### Cell Service

Cell service is extremely limited here, and mainly is available for some networks near the Big Stump entrance to Kings Canyon National Park on Highway 180 and the Ash Mountain entrance to Sequoia National Park on Highway 198.

### 911 EMERGENCY — DIAL 911

No coins are needed in payphones for 911 calls.

### Sequoia & Kings Canyon (NPS)

559-565-3341 (24 hour): Recorded information is available for road conditions, weather, current fires, and more.

### GPS

GPS programs often misdirect travelers who are driving to the parks. Use maps and signs.

### Web & Social Media

The *only* official park information sources online are:



**The Official Park Website**  
www.nps.gov/seki



**Facebook**  
Sequoia and Kings  
Canyon National Parks



**Instagram**  
sequoiakingsnps



**Twitter**  
@sequoiakingsnps

### Sequoia National Forest/Monument (USFS)

559-338-2251, fs.usda.gov/sequoia

### Yosemite National Park (NPS)

209-372-0200, nps.gov/yose

### California Road Conditions (CalTrans)

800-427-7623, dot.ca.gov

### Free Public WiFi Locations

Foothills Visitor Center (Sequoia National Park)  
Kings Canyon Visitor Center (Grant Grove)

No password is needed.



## Frequently Asked Questions

### Pets

Pets are not permitted on any trails in Sequoia and Kings Canyon. Pets must be kept on a leash at all times, or appropriately crated or caged. Pets cannot be left tied and unattended at any time. The leash must be less than 6 feet (1.8 meters) long.

### Drones

Unmanned aircraft are not allowed in these parks. This includes drones and other remotely piloted vehicles.

### Marijuana

Possession or use of marijuana and other controlled substances inside the national parks is prohibited. While California law provides for limited possession and use of marijuana, it remains an illegal drug under federal law, which is enforced within the park.

### Fire Restrictions

Because of summer heat and dry conditions, fire restrictions may be in place to reduce the possibility of accidental human-caused fire. Prohibited locations for wood or charcoal fires will be posted, especially in park campgrounds.

Restrictions may increase throughout the summer as fire danger increases. Check for updates on park bulletin boards, at visitor centers, or by visiting [go.nps.gov/sekifirerestrictions](http://go.nps.gov/sekifirerestrictions).

### Firearms in these National Parks

People who can legally possess firearms under federal, California, and local laws may possess firearms here. You are responsible for understanding and complying with all applicable California, local, and federal firearms laws. Discharge of firearms in the parks is prohibited.

### Driving Through the Parks

Give yourself plenty of time to travel through the parks. Allow at least two hours, plus additional time for sightseeing stops, to drive the Generals Highway from the southern entrance to the northern entrance. When Cedar Grove or Mineral King open, allow an additional three–four hours if you decide to visit these areas.

### Driving to Other Parks

There is no road that crosses the rugged Sierra Nevada mountain range here. Check your park driving map for directions to nearby national parks. To drive to Yosemite National Park, plan on at least a three-hour drive from Grant Grove, or longer from other park locations, depending on weather.

## Accessibility

We are committed to a continuing effort to improve the accessibility of our trails and facilities so they can be enjoyed by all. If you have questions or suggestions about accessibility, please email us at [SEKI\\_Information@nps.gov](mailto:SEKI_Information@nps.gov) or call us at 559-565-3341.

Wheelchair loans are temporarily suspended. In the future, we hope to resume free wheelchair loans at Lodgepole Visitor Center and Giant Forest Museum. They can be used anywhere in the parks but must be returned by the end of the day, before each visitor center closes. Be prepared to provide your address and phone number.

Assistive listening devices and open captioning are available for ranger programs and park films. When films become available at park visitor centers, borrow a device at information desks.

### Visitor Centers

All visitor centers and museums have paved, flat paths leading from parking areas to outdoor information, restrooms, and water bottle filling stations. When visitor centers are open, they provide access to trip planning information, exhibits, and bookstores. Cedar Grove Visitor Center is small, and may be difficult for people in wheelchairs to navigate. Mineral King Ranger Station has steps leading to the entrance and may not be accessible to people with mobility impairments.

### Wheelchair-Accessible Trails

#### General Sherman Tree Trail (Giant Forest)

This short trail leads a few hundred feet from an accessible parking area to the General Sherman Tree, the largest tree on earth.

#### Big Trees Trail (Giant Forest)

This level trail is a 0.75-mile (1.2 km) loop. It circles a meadow surrounded by giant sequoias.

#### Panoramic Point Trail (Grant Grove)

This paved trail leads to views that reach deep into park wilderness.

#### Roaring River Falls (Cedar Grove)

A 528-foot (160 m), shady walk features a powerful waterfall rushing through a granite chute. Park 3 miles (4.8 km) east of the Village road. Paved, relatively accessible.

#### Muir Rock Trail (Cedar Grove)

This short trail leads to the Kings River and Muir Rock, a large granite boulder at the river's edge named in honor of famed naturalist John Muir.

## Tips for a Successful Visit

Though many services and facilities are unavailable, there's still plenty to enjoy during a trip to Sequoia and Kings Canyon National Parks.

### Free Park Mobile App

Download our official app for maps, self-guided tours, and information about nearly 200 park features and locations. The app is available through the Apple App or the Google Play stores. Search for NPS Sequoia & Kings Canyon. If possible, download and install before you arrive at the parks. Cell service is limited here, but free WiFi is available outside Foothills and Kings Canyon visitor centers. Be sure to enable location services, and to download offline content in the app settings so the app will work when you're out of cell range.

### Recreate Responsibly

When you're looking for places to visit in the parks, check parking lots. If they're full, it may be difficult to practice distancing at that location. Consider finding another spot to visit where it's less crowded.

Distance yourself from other hikers. If you encounter someone on a narrow trail, try to step aside in a place where you can give them at least six feet (2 m) of distance to pass. Avoid crowded viewpoints and pullouts. Give hikers travelling uphill the right of way.

Hike with family members or people you've already had contact with. Limit your group size to six or fewer people. If your family is larger, split into smaller groups.

Try not to touch outdoor exhibits, railings, or other surfaces, especially in high-traffic areas. Wash or sanitize your hands frequently and before you get back in your car.

Bring hand sanitizer. Though we plan to supply it at park restrooms, it may not always be available.

### Junior Ranger Books and Passport Stamps

Because of visitor center closures, we now offer the option of an online junior ranger booklet. Download a web version of the booklet from [www.nps.gov/seki](http://www.nps.gov/seki) to complete in the parks or at home. Send photos of at least seven completed pages to [SEKI\\_Information@nps.gov](mailto:SEKI_Information@nps.gov) to receive a badge. No printer? Send an email to the same address to request a free booklet.

Stamps for passport books will not be available in the parks until visitor centers open, but you can visit our web pages for a printable version of the stamp.

### Arrive Early

If you'd like to visit the General Sherman Tree, General Grant Tree, Moro Rock, or other popular features, plan to get there early to avoid crowds. Later in the day, head to places that are off the beaten path. Check the next few pages of this newspaper for ideas.

### Driving Tours

Not planning on hiking? A drive through the parks may offer the safest option for seeing the parks. If you complete the trip along the entire Generals Highway from one entrance to the other, plan on at least two hours plus time to stop at overlooks.

### River Safety

As temperatures heat up, melting mountain snow increases water levels in local rivers. Water is cold and swift. Drowning is the number one cause of deaths in these parks. Don't swim at this time of year, and enjoy rivers from a distance. Rocks at the river's edge are slippery.

### Reduce Waste

If trash cans or recycling bins are full, protect wildlife by finding another place to dispose of your items, or consider taking them with you to dispose of them at home.

### Play It Safe

Choose an easier activity that reduces the chance that you might need to be rescued and add to the strain on our health care and emergency resources. Be thoughtful about your impact on local communities.

### Rules and Regulations are Still in Effect

All park rules and regulations will be enforced. Respect closures. Please help us protect your parks.

### Ranger Programs and SPC Field Institute Programs

All ranger programs and Sequoia Parks Conservancy programs are currently on hold. As we move to later phases of increasing park access, some programs may return. Schedules will be posted at visitor centers, bulletin boards, and online.

Until we can resume our programs, follow us on social media at [@SequoiaKingsNPS](https://www.instagram.com/SequoiaKingsNPS) and [@SequoiaParksConservancy](https://www.instagram.com/SequoiaParksConservancy), or visit our web pages.



Sequoia Parks Conservancy, the official nonprofit partner to Sequoia and Kings Canyon National Parks, welcomes you! We work hand-in-hand with the National Park Service to provide tours and retail services, fund critical projects, and protect and preserve park treasures for future generations. We help you make a deeper connection, so visit us online to learn more about everything we do. We've saved a place for you -- come join us [@sequoiaparksconservancy](https://www.instagram.com/sequoiaparksconservancy).



[@SequoiaParksConservancy](https://www.instagram.com/SequoiaParksConservancy)



[@SeqParksCon](https://www.instagram.com/SeqParksCon)



Shop our online store!

### No Crystal Cave Tours in 2020

Due to the sensitive ecosystem of Crystal Cave, required sanitation procedures are not possible. Also, the narrow pathways and tight spaces throughout the cave do not allow adequate physical distancing measures. The Conservancy looks forward to opening Crystal Cave for the 2021 season. When the cave reopens, reserve tickets online at [www.recreation.gov](http://www.recreation.gov).

### Dark Sky Festival Canceled

Sequoia Parks Conservancy is disappointed to announce the cancellation of the 2020 Dark Sky Festival due to concerns about the coronavirus. This year's festival would have been the seventh annual since first held in 2014. The Conservancy is looking forward to a 2021 festival if conditions allow.

Learn more about the Dark Sky Festival and Crystal Cave by following Sequoia Parks Conservancy on social media.

# You are Responsible for Your Safety

Beautiful, yet remote and rugged, these parks present hazards. Mountain weather changes quickly, trees fall without warning, and wild animals pose dangers. People cause other hazards by driving poorly, leaving campfires burning, and making bad decisions. Cell phones can't be relied on and GPS directions may send you in the wrong direction. Every day, we help visitors who have emergencies.

*Please help us by being prepared—review these safety warnings. Your safety is in your own hands!*

## Explore Safely

- **Avoid traveling alone. Tell someone your plans and expected return time.**
- **Take a map, water, flashlight, and extra layers of clothes. Do not rely on your phone's map or flashlight.**
- **Be alert for potential hazards above, around, and on the ground.**

## River Safety



**While swimming in the parks' lakes and rivers can be tempting, drowning is the primary cause of death here!**

Rivers present great danger due to their swift currents and slippery rocks. In river-related deaths, many people did not intend to swim, but fell in. Currents are strong even during low water. Drop-offs and undertows are ever-present. Be vigilant.

Once in a river, getting out can be nearly impossible. Cold water rapidly saps your strength and hypothermia can set in quickly even if it is warm outside.

- **Do not swim in areas with strong currents, or steep drop-offs.**
- **DO NOT leave children unattended.**
- **Swimming and alcohol or drugs do not mix. Swim sober.**
- **Wear sturdy shoes. Sharp objects in the water can cut bare feet.**
- **During storms, get out of the water and exit beach areas.**
- **NEVER SWIM ALONE.**



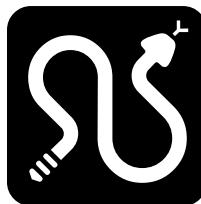
### Tree Hazards

Branches and trees may fall, whether dead or alive, and when there is no wind. Keep eyes and ears open. Run if you hear cracks or snapping from roots, trunks, or branches (sometimes there is no sound). Don't linger under dead, cracked, broken, or hanging branches. Avoid spending any time under trees that are rotten at the base or have cracked bark that is peeling off the trunk.



### West Nile Virus & Tick Bites

West Nile virus is passed by bites from infected mosquitos. Human illness is not common but take steps to avoid mosquito bites. Ticks are common in grassy, brushy low-elevation areas. They can carry diseases that harm humans. Check yourself for these insects after walks; their bite is painless. Remove them carefully with tweezers and seek a doctor's advice.



### Rattlesnakes

Rattlesnakes are common in the Sequoia foothills and in the Kings Canyon at low elevations. Watch where you put your hands and feet! Do not harass or kill them; this is when most bites occur.

Bites are rarely lethal, but tissue damage can be severe. If bitten, don't panic and call 911.



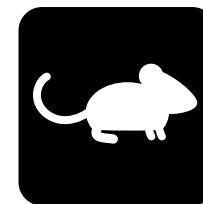
### Poison Oak

This common shrub grows up to 5,000 feet (1,524 m) in elevation. Poison oak has leaves in groups of three. Leaves are red and berries whitish in fall. The plant is bare in winter, and has shiny green leaves in spring. If you touch any part of it, wash skin and clothes with soap and warm water right away.



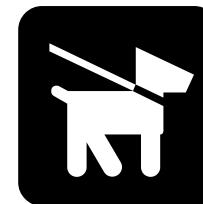
### Air Quality

Poor air quality often affects the parks, especially during the summer. In summer months, ozone concentrations often exceed federal health standards. Ozone can have negative health effects, particularly for sensitive groups such as children, older people, and those with heart or lung disease. For air quality forecasts, visit the park website or follow @SequoiaKingsAir on Twitter.



### Plague & Hantavirus

Plague and hantavirus are associated with wildlife here, but cases of human infection are rare. Rodents and their fleas may carry plague, which may infect humans when bitten. Hantavirus is an airborne virus that comes from infected deer mice. Typically people contract hantavirus after they clean areas or are in enclosed spaces with deer mice feces.



### Keep Pets Safe

To keep pets and wildlife safe, animals must be on a leash at all times. Pets are vulnerable to tick and snake bites. Bears and deer have also been known to charge or attack dogs. Pick up all pet waste and dispose of properly. Pets are not allowed on any park trails. Do not leave pets unattended or in vehicles where they can easily overheat.



### Don't Lose Your Brakes

If you keep a foot on the brake for too long, brakes may fail. Instead, always downshift when going downhill. In automatic vehicles, put the gearshift on 1, 2, or L. The engine gets louder, but your brakes won't overheat.

## Camping and Lodging

Campgrounds and lodges in the parks are not open, but facilities may be available in neighboring communities. Camping is not permitted anywhere in the parks, including roadways or in parking lots.

## Day Hikes and Backpacking

While wilderness permits for overnight backpacking will not be available without a reservation in advance, day hikes are possible. Please review our area-specific pages for suggestions for day hikes, or use our parks app. Some popular trailheads will become congested, so start your hike early, or visit a lesser-known trail. Make sure a family member or friend knows where you are going, have plenty of food and water, and be prepared.

## Car Tours

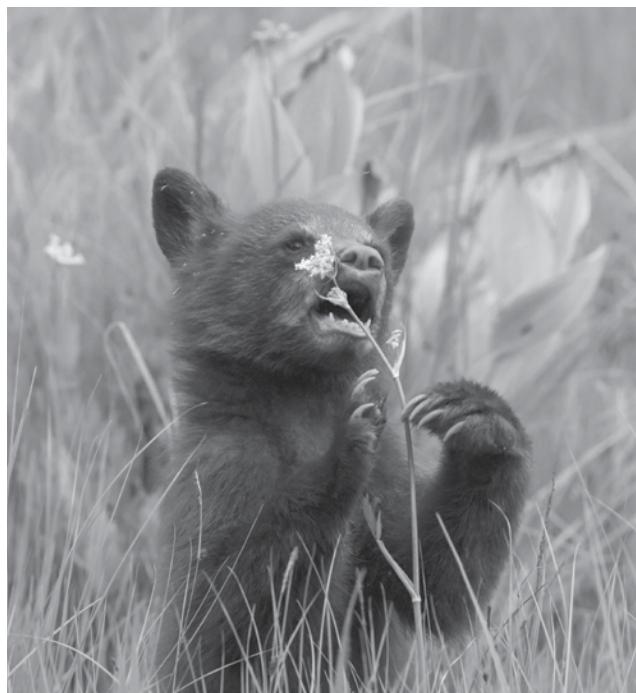
Take advantage of the scenery from the comfort of your vehicle. View early summer blooms growing along the mountainous park roads. Stop at scenic overlooks along the Generals Highway.

## Picnic Areas

Picnic areas are a great way to enjoy the parks. They are located in the Foothills (across from Ash Mountain Visitor Center, and at Hospital Rock), near Lodgepole (Wolverton and Pinewood), Grant Grove (Big Stump, Columbine, and Panoramic Point), and Mineral King (across from the ranger station). In Cedar Grove picnic tables are located throughout the canyon. **Remember to store food and all scented items properly when food is not within arm's reach.**

## Restrooms

Some restrooms may not be open. Please plan accordingly.



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**Bears can grab unattended food or break into cars where food is visible. They become bold and aggressive if they get human food. Too often, these bears must be killed. Food storage is key to keeping humans safe and bears alive.**



## In Wilderness

Hanging food often fails! Store all food in a bear-resistant storage container. These containers weigh less than 3 pounds (1.3 kg), hold up to 5 days of food, and fit in a backpack. A list of approved containers can be found on our website. Metal boxes are located in a few wilderness locations.

## Keep Yourself Safe

Don't let bears approach you, your food, picnic area, or campsite. Wave your arms, make loud noises, and throw

small rocks toward them (avoid hitting the face or head). Keep a safe distance but be persistent. Abandoning your food teaches bears that foods come from humans; the bear may hurt a person in the future to get food. If a bear does get food your food, NEVER try to get it back.

## Day Hikers

Properly store all food, scented items, and food-related supplies left at the trailhead inside a provided food storage box, including coolers. If no food storage box is available, store food in your car trunk. For vehicles with no trunk, place food items low and out of sight and keep windows closed. When hiking, don't leave your backpack and walk off to take a photograph—always stay within arm's length of your food. Bears know backpacks are a source of food.

## Lodges

Remove all food and child safety seats from your vehicle.

## Touring and Picnicking

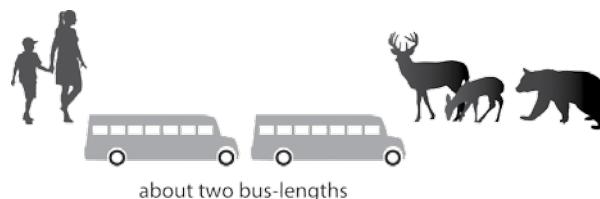
Food items MUST be stored in food storage boxes when provided. If no food storage box is available, food items must be inside your car trunk or if no trunk, place food items low in the vehicle, out of sight, and keep windows closed. While picnicking, never move away from coolers and tables when food is out. Stay within arm's length of food.

**Bears can smell anything with a scent—such as cosmetics, toiletries, trash, and cleaning supplies—and will mistake these items for food. Store anything with an odor.**

# Wildlife Viewing & Safety

## Keep Wildlife Safe

Do not feed or touch ANY wild animals. All animals in the parks are wild. View animals at safe distances (the length of two city buses) or through binoculars. Never disrupt, approach, or disturb animals from behaving normally.



## Mountain Lions and Bobcats

Rarely seen, bobcats are larger than house cats and have bobbed tails. Mountain lions (cougars) are much larger and have long tails. Cats usually run when seen. If you see a mountain lion that doesn't run:

- Do not run; running may trigger pursuit.
- Pick up children.
- Try to appear as large as possible—don't crouch down.
- Hold your ground or back away slowly while facing the mountain lion.
- If the mountain lion acts aggressively, wave your hands, shout, and throw stones or sticks at it.
- If attacked, fight back! **Report any sightings.**

Explore the golden foothills, home to more species of plants and animals than the rest of these parks combined. Chaparral, oak woodlands, and river canyons offer spring wildflowers, hot summers, and mild winters.

## Currently Open & Available

Trails

Most park restrooms

Parking areas

Picnic areas: Hospital Rock, Foothills

## Currently Unavailable

Foothills Visitor Center

Walk-up wilderness permits

Commercial tours

Poison oak is abundant in the foothills. Look for shrubs or vines with leaves of three. If you come in contact, wash the area with cool, soapy water.

Ticks and rattlesnakes are also common in spring and summer.



These features experience high traffic. They may be quieter before 9:00 am.

### Tunnel Rock

Snap a picture at this iconic pullout off the Generals Highway. Walk on the old road under this rock formation, but do not climb. Poison oak is common here.

### Hospital Rock Picnic Area

See rock paintings and explore exhibits about the California Native Americans who lived here, and still visit and live nearby. A short trail built by the Civilian Conservation Corps leads to a waterfall. Be careful; drownings occur here. Store your food from bears.



These trails offer a quieter experience.

### Marble Falls Trail

For a walk that offers short or longer options, park across the highway from Potwisha Campground (not in the campground). Near site #14, follow the dirt road along canals. Climb 3.7 miles (6 km) through to the waterfall. High temperatures and little shade or water can make this trail dangerous.

### Paradise Creek Trail

For a creekside walk, park at Hospital Rock Picnic Area and walk 0.6 miles (0.9 km) to Buckeye Flat Campground. Take the path across from site #28 and cross a footbridge over the river. Follow Paradise Creek (not the river) for 1 mile (1.6 km) until the trail grows faint.

## Mineral King

Climb the steep, winding road, the parks' highest, to its peak at 7,800 feet (2,377 m). RVs and trailers are not recommended on this narrow road.

## Currently Open or Available

Trails

Most park restrooms

Parking areas

## Currently Unavailable

### Mineral King Ranger Station

*Silver City Mountain Resort is privately owned. Call 559-561-3223 for information about availability.*

### Protect your car from marmots!

Marmots in this area are attracted to the antifreeze in your vehicle's radiator. They can chew wires and fuel lines, disabling vehicles enough to require a tow. Bring a tarp to keep them out of your engine compartment. Drive over the tarp and then wrap it around your vehicle, covering the wheel wells.



### Cold Springs Nature Trail

Stroll through meadows and aspen groves on this slightly sloped, 1-mile (1.6 km) trail. Start at the day use parking area near Cold Springs Campground.

### Eagle Lake

Ascend the west side of the Mineral King Valley to a glacially carved tarn. This steep trail is 3.6 miles (5.7 km) one way, and begins at the end of Mineral King Road. After 2 miles (3.2 km), the trail splits. Even in summer, snowy or icy conditions may require hikers to use crampons or traction devices and may make the trail difficult to follow.

### Paradise Ridge

Hike through sequoias to a ridge with views of the Great Western Divide. Park in the lot east of Atwell Mill Campground and walk past the campground to the trailhead. Climb 3.7 miles (5.9 km) to the peak of the ridge, or continue into wilderness.

### Atwell-Hockett to Deer Creek

Walk through sequoias and an old sawmill to a waterfall. Park in the lot east of Atwell Mill Campground and walk toward the campground to the trailhead. This trail heads far into wilderness. Turn back in 1.5 miles (2.4 km) at Deer Creek.

Welcome to the big trees and the world's biggest unlogged sequoia grove, home of the world's largest tree. Discover serene meadows, rocky streams, and towering forests.

These trails experience high traffic. They may be quieter before 9:00 am.

### General Sherman Tree

Two trails lead to the world's largest tree:

**Main Trail** - This 0.5-mile (0.8 km) trail down to the tree has some stairs; the walk back is uphill.

**Wheelchair-accessible trail from the Generals Highway**- Parking here is only for those with disability placards.

**Congress Trail** - From the Sherman Tree, continue along this fairly level 2-mile (3.2 km) loop through the heart of the Giant Forest sequoia grove.

### Moro Rock/Crescent Meadow Road

This 3-mile (4.8 km), dead-end road begins at Giant Forest Museum.

**Col. Young Tree** - Park at the Auto Log and walk to a sequoia named for a notable Buffalo Soldier.

**Tunnel Log** - Drive under a fallen sequoia that was tunneled through.

**Crescent Meadow** - Sequoias surround this fragile wetland. Several trails start here, including the 1-mile (1.6 km) route to Tharp's Log.

### Big Trees Trail

This level loop has trailside exhibits about sequoias. Start at Giant Forest Museum for a 1-mile (1.6 km) round-trip walk. If you have a disability placard, park at the trailhead for a 0.75-mile (1 km) loop.

### Tokopah Falls

The 1.7-mile (2.7 km) trail starts in Lodgepole Campground and ends at a viewpoint near the cascades of Tokopah Falls. Be careful around the water; cold, swift currents are difficult to escape.

### Wolverton

This picnic area and trailhead offer open space near a meadow. The Wolverton Road junction is two miles (3.2 km) north of the Sherman Tree.

These trails offer a quieter experience.

### Beetle Rock

A short walk along a wheelchair-accessible trail from the Giant Forest Museum parking area. Take in spectacular views with ample space.

### Little Baldy

This 3.4 mile out-and-back trail has 700 feet (200 m) of elevation gain and offers one of the best views in the park. The trailhead is 1.5 miles (2.4 km) south of Dorst Campground. Parking is limited, so get there early or later in the day.

### Panther Gap

Start this trail from the Wolverton parking lot. Under 6 miles round trip, this trail follows the Lakes Trail before veering off to Panther Gap. Ascend 1000 feet (300 m) to the gap and amazing views.

### Sunset Rock

This level 1.4-mile round-trip trail starts at Giant Forest Museum's parking area. It ends on top of a granite dome with sweeping views of the foothills.

### Long Meadow Loop

This 2-mile loop circles beautiful Long Meadow. Enjoy wildflowers and the occasional animal feeding in the meadow. Begin at Wolverton Picnic Area.

### Cahoon Meadow

A 5-mile out-and-back starts at Lodgepole Campground. Park your vehicle in the large parking lot and cross the bridge. Hike along the Twin Lakes Trail on your way to this secluded meadow.

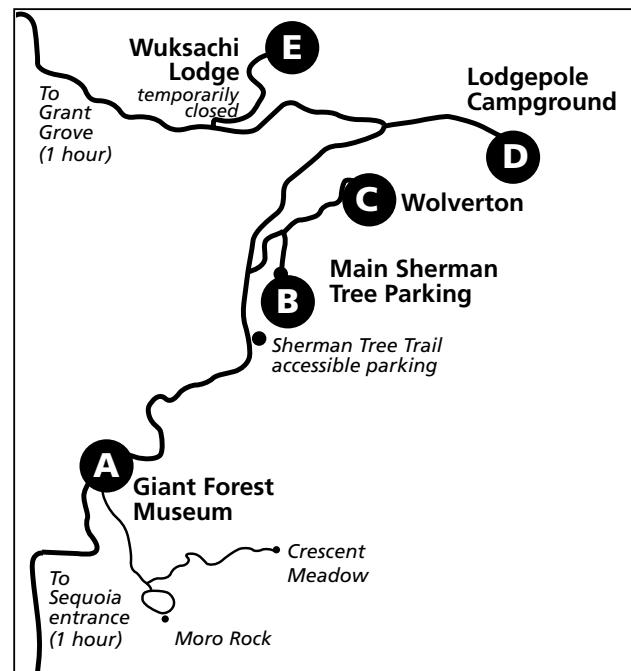
### Bear Hill Trail

Start at Giant Forest Museum and walk toward the Big Trees Trail. The Bear Hill Trail junction will be on the right. Check maps at the museum's Trail Center kiosk for more information.

## Parking in the Giant Forest

In summer, parking may be difficult to find in popular areas. Use this map to find parking options. Park only in designated spots in parking areas or in paved pullouts.

- A Giant Forest Museum**  
This lot usually fills early in the day.
- B Main Sherman Tree Parking**  
Take Wolverton Road and follow signs.
- C Wolverton Picnic Area & Trailhead**  
This lot is at the end of Wolverton Road.
- D Lodgepole Campground**  
Park just beyond the entrance kiosk.
- E Wuksachi Restaurant & Lodge**  
*This facility is currently closed.*



## Currently Open or Available

### Trails

Most park restrooms

Parking areas

Picnic areas: Pinewood, Lodgepole, Halstead Meadow, Crescent Meadow

## Currently Unavailable

Giant Forest Museum

Lodgepole Campground

Wuksachi Lodge and Restaurant

Lodgepole market and gift shop

Lodgepole Grill

Commercial tours

Public showers and laundry

## Unavailable This Year

Lodgepole Visitor Center

Sequoia Shuttles

Crystal Cave

Bearpaw High Sierra Camp

Walk-up wilderness permits

Wander through shady sequoia groves and hike to bird's-eye views of distant wilderness. From busy Grant Grove Village to lofty Big Baldy Ridge, Grant Grove offers a chance to explore with amenities nearby.

These trails experience high traffic. They may be quieter before 9:00 am.

#### Grant Tree Trail

This 0.3-mile (0.5 km) paved trail leads to the world's second-largest living tree. Tactile exhibits about sequoias are along the trail. Look for the road 1 mile (1.6 km) north of Grant Grove Village. On the trail, look for tactile exhibits about sequoias.

#### Panoramic Point

A narrow road leads to a short, paved trail to a viewpoint with beautiful Sierra vistas. RVs and trailers are not permitted on the road, which begins behind John Muir Lodge. Park Ridge Trail (2.4 miles/3.8 km) also begins here.

#### Big Stump Basin

On this trail, visit remnants from late 19th-century logging including the Mark Twain Stump. Climb the steps to see the growth rings of this giant. Start the 0.75-mile (1.2 km) trail from Big Stump Picnic Area.

These trails offer a quieter experience.

#### North Grove Loop

This lightly traveled, 1.5-mile (2.4 km) loop offers a close look at sequoias and a quiet forest walk. Look for the trailhead and an orientation map in the overflow parking area near the Grant Tree Trail.

#### Grant Tree Trailhead to the Visitor Center

This 2-mile (3.2 km) forested trail passes through Azalea Campground and Columbine Picnic Area and has a 400' (120 m) elevation change. Start from the Grant Tree parking area or across the highway from the visitor center.

#### Big Baldy Ridge

Climb to 8,209 feet (2,502 m) for great views over Redwood Canyon. You'll gain 600 feet (183 m) in elevation over the 2.2-mile (3.5 km) trek to this granite peak. From Grant Grove Village, go 8 miles (13 km) south on Generals Highway to the trailhead.

#### Scenic Drive to Hume Lake

Get similar views that you would from Panoramic Point on this winding 9-mile drive with vistas of Kings Canyon and Hume Lake.

### Currently Open & Available

Trails

Most park restrooms

Parking areas

Picnic areas: Big Stump, Columbine, and Panoramic Point

### Currently Unavailable

Kings Canyon Visitor Center

Grant Grove restaurant, market, and gift shop

Walk-up wilderness permits

Grant Grove post office

Grant Grove stables

John Muir Lodge and Cabins

Commercial tours

## Cedar Grove

Quiet and remote, Cedar Grove sits deep in Kings Canyon, surrounded by sheer granite cliffs. Listen for the rushing Kings River, bird songs, and wind rustling through stands of cedar trees.

These trails experience high traffic. They may be quieter before 9:00 am.

#### Roaring River Falls

Take a very short, shady walk to a powerful waterfall. The paved, moderately sloped trail begins 3 miles (4.8 km) east of Cedar Grove Village road.

#### Zumwalt Meadow

Flooding has closed half of this loop trail, including the boardwalk. The remaining trail traverses a rocky slope. Park at the trailhead 4.5 miles (7.2 km) east of Cedar Grove Village Road.

#### Mist Falls

Head through forest and chaparral to one of the parks' largest waterfalls. The 4-mile (6.4 km) trip begins at Road's End and climbs 800 feet (250 m) to a viewing area for the cascade.

#### Knapp's Cabin

In the Roaring Twenties, a California businessman stored gear in this small cabin for lavish fishing trips. Stop two miles east of Cedar Grove Village.

These trails offer a quieter experience.

#### River Trail from Roads End

From Roads End, take the River Trail across a red bridge and upstream towards Bubbs Creek. After crossing Bubbs Creek, continue over log bridges and up switchbacks for roaring waterfalls and iconic canyon views. 7 mile round trip out-and-back, 1,000' elevation change. If high water makes Bubbs Creek difficult to cross, turn back.

#### Don Cecil Trail to Sheep Creek Cascade

Park in a large pull-out just east of the Visitor Center turnoff on Highway 180. Take the Don Cecil Trail about one mile (1.6 km) to a cascade and footbridge across Sheep Creek. 2 mile round trip out-and-back.

#### Canyon View

This viewpoint offers a good view of the "U" shape of this canyon, apparent from this viewpoint, reveals its glacial history. This feature is 1 mile (1.6 km) east of Cedar Grove Village Road.

### Currently Open & Available

Trails

Most park restrooms

Parking areas

### Currently Unavailable

Cedar Grove Visitor Center

Cedar Grove Lodge

Cedar Grove Market and Gift Shop

Cedar Grove Grill

Cedar Grove showers and laundry

Walk-up wilderness permits

Cedar Grove Pack Station

Commercial tours

Thank you for following minimum-impact, no-trace guidelines to protect the wilderness!

Camping in the park “frontcountry” is permitted only in campgrounds. Dispersed camping is only allowed in the National Forest. Camping or sleeping in vehicles is not allowed in parking lots, pullouts, picnic areas, or trailheads in the parks.

Wild places include hazards, and help may not be available. Be prepared to be fully self-reliant and to self-rescue in case of an emergency.

 Park waterways may contain bacteria, including Giardia. Properly filter or treat water before drinking.

 Hypothermia can occur year-round. Stay dry and snack often. If symptoms appear, drink warm sugary drinks and get into dry clothes, sleeping bags, and shelter.

## Wilderness Permits

Within Sequoia and Kings Canyon National Parks, permits are required for all overnight trips. Day hikers do not need permits.

Reservations will be required in advance for all wilderness permits in 2020; no walk-up permits will be issued. To request a reservation, you must email an application at least two weeks in advance of the wilderness entry date. All permits will be issued remotely by email. Look for trailhead availability and other details at: [go.nps.gov/SEKI-WildernessPermits](http://go.nps.gov/SEKI-WildernessPermits)

Permits are limited during the summer quota period. The permit fee during that time is \$10 plus \$5/person. Reserve by email beginning March 1. Outside of the quota period, permits are free and can be self-issued at the nearest permit station. For more information, visit [nps.gov/seki/planyourvisit/wilderness](http://nps.gov/seki/planyourvisit/wilderness).

Sequoia National Forest and Giant Sequoia National Monument are managed by the US Forest Service. Due to COVID-19, campgrounds may be closed and services may be limited. Availability can change at any time. Visit [www.fs.usda.gov/sequoia](http://www.fs.usda.gov/sequoia) for details about their facilities and services, and visit [Recreation.gov](http://Recreation.gov) for camping reservations.

## Sequoia National Forest Hume Lake District Office (USFS)

35860 Kings Canyon Road (Highway 180), 19 miles (30 km) west of the Big Stump park entrance. Maps and books are sold here. 559-338-2251, 559-791-5758.

### HUME LAKE AREA

- Princess Campground
- Hume Lake Campground
- Tenmile Campground
- Landslide Campground

### BIG MEADOWS AND STONY CREEK AREAS

- Stony Creek Campground
- Upper Stony Creek Campground
- Big Meadow Campground

### DISPERSED CAMPING

Self-contained camping, with no water, restrooms, trash cans, or other amenities is permitted in the national forest (not in the national parks). There is no dispersed camping on Highway 180 in Kings Canyon. Please be sure to check for current fire restrictions

Free fire permits are required. At this time, they are only available online. Visit <http://permit.preventwildfiresca.org/> to fill out a form to get your permit.

## These services in Sequoia National Forest may reopen in early summer 2020:

### Montecito Sequoia Lodge (permittee)

Open all year. 800-227-9900; 559-565-3388. Nine miles (14 km) south of Grant Grove.

### Hume Lake (on private land)

Gas, market, pizza, snacks, and pay phone. Hours vary and pumps may close. Travel north of Grant Grove on Highway 180, then turn right on Hume Lake Road. 559-305-7770.

### Stony Creek Resort (permittee)

Market, restaurant, showers, gas, and laundry on the Generals Highway 13 miles (20 km) south of Grant Grove. 800-227-9900; 559-565-3909.

# Road Construction

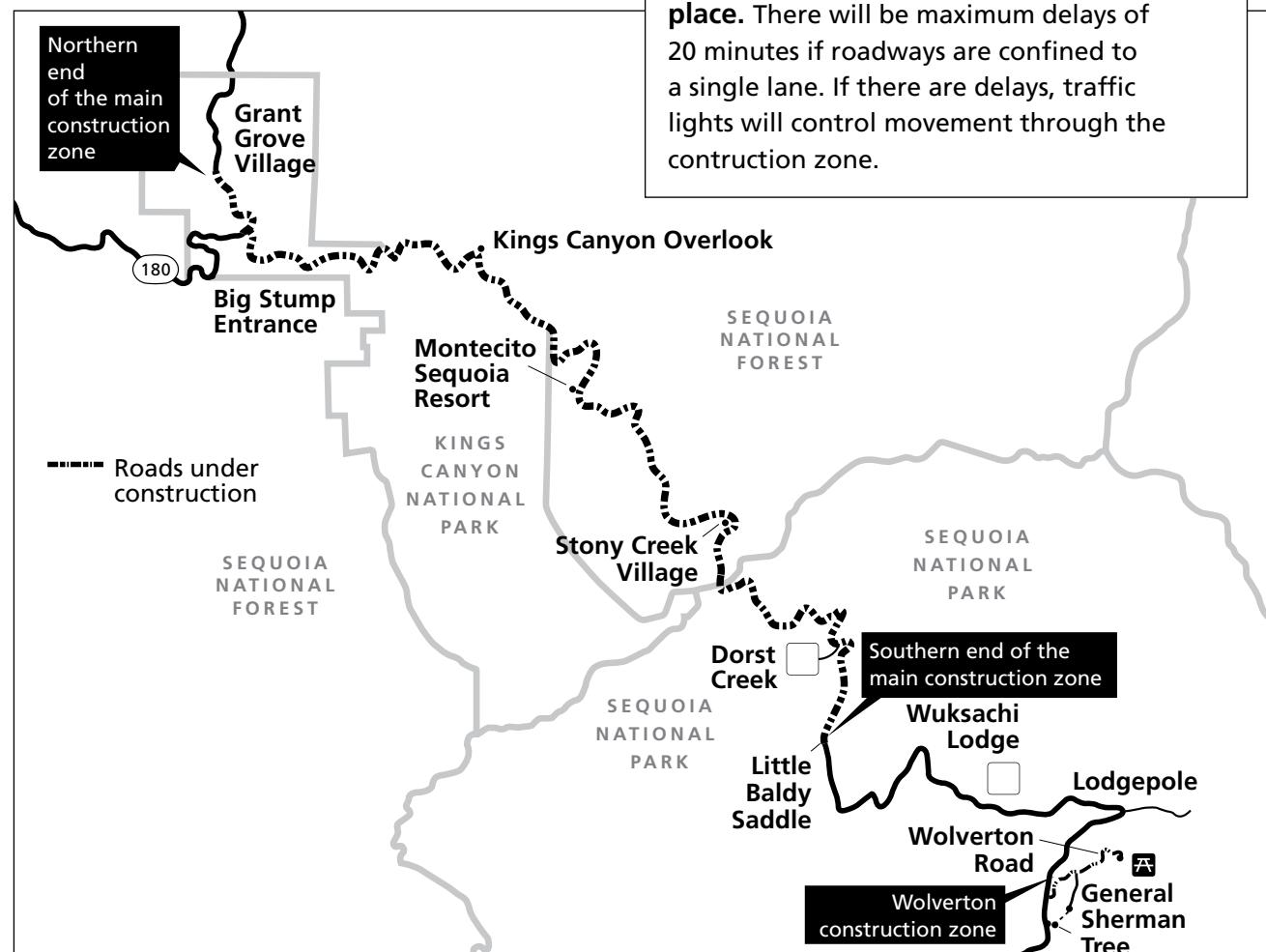
In recent years, improvements have widened park roads, making them more comfortable for modern vehicles. Today's work involves repaving and replacing culverts. This can only be accomplished in summer when roadways are free of snow.

Expect delays between Little Baldy Saddle (at the north end of Sequoia National Park) and Grant Grove and along Wolverton Road.

**On weekdays, expect delays of 30-60 minutes.**

There may be multiple construction zones along the sixteen-mile stretch. There will be a maximum delay of one hour through the entire area. Night closures may be possible.

**On weekends, no work will take place.** There will be maximum delays of 20 minutes if roadways are confined to a single lane. If there are delays, traffic lights will control movement through the construction zone.



# Usted es responsable de su seguridad

Estos parques hermosos, aunque remotos y accidentados, presentan ciertos peligros. Por ejemplo, el cambio de temperaturas, los árboles que caen sin previo aviso y los animales salvajes presentan peligros. Otros peligros son de origen humano: manejo imprudente, abandono de fogatas y otras malas decisiones. No se puede confiar en los teléfonos celulares y el GPS, podrían dar indicaciones erróneas. Todos los días ayudamos a visitantes que tienen emergencias.

*Le rogamos que nos ayude preparándose para su visita: familiarícese con estos avisos de seguridad y pídale consejo a los guardaparques. ¡Su seguridad está en sus manos!*

## Seguridad en el río



Los lagos y ríos de estos parques pueden dar tentación, y más durante días calurosos, pero debe saber que ahogos son la principal causa de muertes.

Los ríos son muy peligrosos debido a sus rápidas corrientes y rocas resbaladizas. Muchas de las muertes relacionadas con los ríos ocurrieron, no porque las personas tenían la intención de nadar, sino que se cayeron. Las corrientes son fuertes incluso cuando los niveles de agua son bajos. Las pendientes abruptas y las corrientes de retorno son un peligro constante. Manténgase alerta.

Una vez que se ingresa en un río, puede resultar casi imposible salir de él. El agua fría puede debilitarle rápidamente y es posible que le dé hipotermia incluso si afuera hace calor.

- No nade en zonas con corrientes fuertes o pendientes inclinadas.
- NO deje a los niños sin supervisión.
- No nade si ha consumido alcohol o drogas. Nade siempre en estado de sobriedad.
- Use zapatos fuertes. Los objetos afilados que hay en el agua podrían provocar cortes.
- Durante una tormenta, salga del agua y aléjese de las zonas de playa.
- NUNCA NADE SOLO.



### Peligros relacionados con los árboles

Es posible que caigan ramas y árboles cuando no hay viento, ya sea que estén vivos o secos. Mantenga los ojos y oídos bien abiertos. Corra si oye chasquidos o crujidos provenientes de raíces, troncos o ramas (aunque a veces no emiten sonido alguno). No se detenga bajo ramas secas, agrietadas, rotas o colgantes. Evite detenerse bajo árboles que estén podridos en la base o que presenten una corteza agrietada que se desprende del tronco.



### Virus del Nilo Occidental y picaduras de garrapatas

El virus del Nilo Occidental se contagia a través de la picadura de mosquitos infectados. Si bien esta enfermedad no es común en humanos, tome precauciones para evitar las picaduras de mosquitos. La garrapatas abundan en zonas de pastos tupidos y de baja elevación. Pueden portar enfermedades que son dañinas para los humanos. Tras sus caminatas, fíjese de no tener garrapatas; su picadura es indolora. Si tiene alguna, retírela cuidadosamente con unas pinzas y consulte con su médico.



### Serpientes de cascabel

Las serpientes de cascabel son comunes en las faldas de Sequoia and Kings Canyon National Parks a poca elevación. ¡Tenga cuidado en dónde pone los pies y las manos! No las fastidie ni las mate; es entonces cuando se dan la mayoría de las mordeduras. Las mordeduras pocas veces son letales, pero el daño que ocasionan en los tejidos puede ser grave. Si recibe una mordedura, no entre en pánico y llame al 911.



### Roble venenoso

Se trata de un arbusto común en elevaciones de hasta 5,000 pies (1,500 m). El roble venenoso tiene hojas en grupos de tres. En otoño, sus hojas son rojas y sus bayas blancuzcas; en invierno, la planta pierde sus hojas; y, en primavera, tiene hojas de un color verde brillante. Si toca alguna parte de la planta, lave de inmediato la piel y la ropa que hayan estado en contacto ella con jabón y agua tibia.

## Explore de forma segura

- Evite viajar solo. Cuénteles a alguien cuáles son sus planes y a qué hora espera regresar.
- Lleve un mapa, agua, una linterna y prendas de abrigo adicionales.
- Preste atención a los posibles peligros que provengan de arriba, de su alrededor o del suelo.



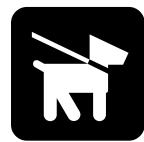
### Calidad del aire

Los parques pueden verse afectados por una calidad del aire pobre, especialmente en verano. En los meses de verano, las concentraciones de ozono suelen exceder aquellas establecidas por los estándares federales de salud. El ozono puede tener impactos negativos en la salud, en particular en grupos más sensibles como los niños, las personas mayores y aquellas con enfermedades cardíacas o de pulmón. Para conocer las predicciones de la calidad del aire, visite el sitio web del parque o visite @SequoiaKingsAir en Twitter.



### La peste y el hantavirus

La peste y el hantavirus están relacionados con los animales salvajes que habitan estos parques, pero los casos de infecciones en humanos son excepcionales. Los roedores y sus pulgas pueden ser portadores de la peste, y los humanos pueden contagiarse si reciben la picadura de una pulga infectada. El hantavirus se transmite por aire y proviene de los ratones venado infectados. Los humanos suelen contraer un síndrome pulmonar por hantavirus tras limpiar o encontrarse en espacios cerrados en los que hay heces de ratón venado.



### Vele por la seguridad de sus mascotas

Para asegurarse de que sus mascotas, así como los animales salvajes, estén a salvo, deben llevar correa en todo momento. Las mascotas son propensas a las garrapatas o a ser mordidas por serpientes. También ha habido casos de ataques a perros por parte de osos y siervos. Recoja las heces de su mascota y deshágase de ellas adecuadamente. No deje mascotas en su vehículo, ya que este podría sobrecalentarse con facilidad.



### No pierda los frenos

Si mantiene el pie en el freno durante demasiado tiempo, es posible que fallen. En su lugar, siempre baje la marcha cuando avanza colina abajo. Si tiene un vehículo automático, ponga la palanca de cambios en 1, 2 o L. El motor hará más ruido, pero evitará el sobrecalentamiento de los frenos.

## Consejos para un viaje exitoso

Aunque muchos servicios e instalaciones no están disponibles, todavía hay mucho para disfrutar durante un viaje a los Sequoia and Kings Canyon National Parks.

### Aplicación móvil gratuita del Parque

Descargue nuestra aplicación oficial para mapas, recorridos autoguiados, e información sobre casi 200 características y ubicaciones del parque. La aplicación está disponible a través de la aplicación Apple o las tiendas Google Play. Busca Sequoia Kings NPS. Si es posible, descárguelo e instálelo antes de llegar a los parques. El servicio celular es limitado aquí, pero hay WiFi gratis fuera de los centros de visitantes de Foothills y Kings Canyon. Asegúrese de habilitar los servicios de ubicación y de descargar contenido sin conexión en la configuración de la aplicación. Esto permitirá que la aplicación continúe funcionando cuando esté fuera del rango de telefonía celular.

### Recrea responsablemente

Cuando esté buscando lugares para visitar en los parques, revise los estacionamientos. Si están llenos, puede ser difícil practicar el distanciamiento en ese lugar. Considere encontrar otro lugar para visitar donde haya menos gente.

Distanciarse de otros excursionistas. Si se encuentra con alguien en un camino estrecho, intente apartarse en un lugar donde pueda darles al menos seis pies (2 m) de distancia para que pasen. Evite los puntos de vista y las retiradas que están llenas. Dé a los excursionistas que viajan cuesta arriba el derecho de paso.

Camina con familiares o personas con las que ya has tenido contacto. Limite el tamaño de su grupo a seis o menos personas. Si su familia es más grande, divídala en grupos más pequeños.

Trate de no tocar exhibiciones, barandas u otras superficies, especialmente en áreas de alto tráfico. Lávese o desinfectese las manos con frecuencia y antes de regresar a su automóvil.

Trae desinfectante para manos. Aunque planeamos suministrarlo en los baños del parque, puede que no siempre esté disponible.

### Libros de guardaparques junior

Ahora ofrecemos la opción de un folleto de guardabosques junior en línea. Descargue una versión web del folleto de nuestras páginas web del parque para completar en los parques o en casa. Envíe fotos de al menos siete páginas completas a SEKI\_Information@nps.gov para recibir una insignia. ¿Sin impresora? Envíe un correo electrónico a la misma dirección para solicitar un folleto gratuito.

### Llegar temprano

Si desea visitar el árbol General Sherman, el árbol General Grant, Moro Rock u otras características populares, planea llegar temprano para evitar las multitudes. Más tarde en el día, dirígete a lugares que están fuera del circuito turístico. Consulte las siguientes páginas de este periódico para ideas.

### Tours de manejo

¿No planeas hacer senderismo? Un paseo por los parques puede ofrecer la opción más segura para ver los parques. Si completa el viaje a lo largo de toda la autopista Generals Highway desde una entrada a la otra, planifique al menos dos horas más tiempo para detenerse en los miradores.

### Seguridad en el río

A medida que las temperaturas se calientan, la fusión de la nieve en las montañas aumenta los niveles de agua en los ríos locales. El agua es fría y rápida. El ahogamiento es la causa número uno de muertes en estos parques. No nades en esta época del año y disfruta de los ríos desde la distancia. Rocas en la orilla del río son resbaladizas.

### Reducir basura

Si los botes de basura o los contenedores de reciclaje están llenos, proteja la vida silvestre buscando otro lugar para deshacerse de sus artículos, o considere llevarlos con usted para deshacerse de ellos en su hogar.

### Las reglas y regulaciones siguen en efectos

Se harán cumplir todas las reglas y regulaciones del parque. Respeta los cierres. Ayúdenos a proteger estos parques para las generaciones futuras.

### Con cuidado

Elija una actividad más fácil que reduzca la posibilidad de que necesite ser rescatado y para no aumente la presión sobre nuestros recursos de atención médica y de emergencia. Tenga en cuenta su impacto en las comunidades locales.

### Programas de guardaparques y SPC Programas

Todos los programas de guardaparques y los programas de Sequoia Parks Conservancy están actualmente en espera. A medida que avanzamos a las fases posteriores de aumentar el acceso al parque, algunos programas pueden regresar. Los horarios se publicarán en los centros de visitantes, tableros de anuncios y en línea.



Sequoia Parks Conservancy, el socio oficial sin fines de lucro de Sequoia and Kings Canyon National Parks, te da la bienvenida! Trabajamos de la mano con el Servicio de Parques Nacionales para proporcionar recorridos y servicios minoristas, financiar proyectos críticos y proteger y preservar los tesoros del parque para las generaciones futuras. Le ayudamos a establecer una conexión más profunda, así que visítenos en línea para obtener más información sobre todo lo que hacemos. Te hemos guardado un lugar, ¡únete a nosotros! [www.sequoiaparks.org](http://www.sequoiaparks.org).



@SequoiaParksConservancy



@SeqParksCon



Compre en nuestra tienda en línea!

### No Crystal Cave Tours en 2020

Debido al ecosistema sensible de Crystal Cave, los procedimientos de saneamiento requeridos no son posibles. Además, los caminos estrechos y los espacios reducidos en toda la cueva no permiten medidas de distanciamiento físico adecuadas. The Conservancy espera abrir Crystal Cave para la temporada 2021. Cuando vuelva a abrir la cueva, reserve los boletos en línea en [www.recreation.gov](http://www.recreation.gov).

### Festival "Dark Sky" Cancelado

Sequoia Parks Conservancy se decepciona al anunciar la cancelación del Festival Dark Sky 2020 debido a las preocupaciones sobre el coronavirus. El festival de este año habría sido el séptimo anual desde la primera vez que se celebró en 2014. The Conservancy espera un festival 2021 si las condiciones lo permiten.



# Planificador de viaje

## Principios del verano 2020

La información en este periódico puede cambiar en cualquier momento a medida que trabajamos para aumentar el acceso de manera segura.

## COVID-19 seguridad

El Servicio de Parques Nacionales le aconseja seguir las directrices del CDC para reducir la propagación del COVID-19.

Usted debe:

 Evite el contacto cercano.

 Lávese las manos frecuentemente con jabón o use desinfectante para manos.

 Cúbrase la boca al toser y estornudar.

 Evite tocarse los ojos, la nariz y la boca con las manos sin lavar.

 Use una cubierta para la cara cuando no se pueda mantener el distanciamiento social.

## Que esperar

To protect the safety of park visitors and employees during this first phase of increasing access to the parks, we've made changes that will affect your visit.

The guidance listed in this newspaper can change at any time as we navigate these changes. We appreciate your patience and flexibility.

### Actualmente disponible

La mayoría de las carreteras, senderos y baños.

Información de planificación de viajes con la aplicación móvil del parque, páginas web, el periódico del parque y quioscos de información al aire libre

Áreas de picnic

Tours usando la aplicación móvil gratuita del parque

### Aun no está disponible

Campamentos y hoteles

Centros de visitantes, librerías, estaciones de guardaparques y estaciones de permisos para tierras silvestres

Restaurantes y mercados

Giras comerciales

### No disponible este año

Campamentos y permisos para áreas silvestres sin reservaciones  
Crystal Cave · Lanzaderas

## En una emergencia

Llame al 911 desde un teléfono público del parque o desde su teléfono celular si tiene servicio. No se necesitan monedas. Si no hay un teléfono disponible, comuníquese con un empleado del parque pero mantenga una distancia segura.

### Teléfonos públicos

**Foothills of Sequoia National Park**  
Foothills Visitor Center  
Potwisha Campground  
Hospital Rock Picnic Area

**Lodgepole y Giant Forest**  
Lodgepole Market  
Wolverton Picnic Area (en el edificio cerca del sendero del prado)

**Grant Grove**  
Kings Canyon Visitor Center

Instale nuestra aplicación gratuita para obtener más información sobre la planificación del viaje. Buscar Sequoia Kings NPS.



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