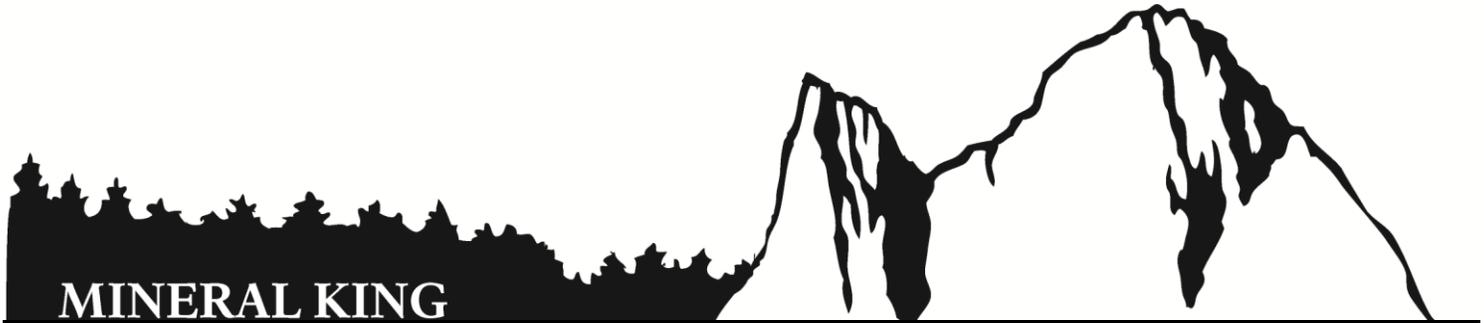


Mineral King Ranger Programs

July 31st - August 10th

National Park Service
U.S. Department of the Interior

Sequoia and Kings Canyon
National Parks



MINERAL KING

	Thurs.	Fri.	Sat.	Sun.
Hike to White Chief Mine	9:00 am			
What a Wild Walk		4:00 pm		
Turns Through Time: 8/1/14 What is Wilderness to you? 8/8/14		8:00 pm		
Hike to Empire Mountain 8/9/14			9:00 am	
Ghost Stories from the Wilderness 8/2/14 Ben Harris: M.K. Infamous Storyteller 8/9/14			8:00 pm	
Yoga in the Woods				8:00 am
Grace Alles Historic Cabin				11am-3pm

RANGER TALKS

Turns Through Time: 140 Years on the Mineral King Road 8/1/14

The Mineral King Road can be exhilarating with its 25 steep, narrow miles and 698 hair-raising turns. Its history is equally exhilarating. Stop by the campfire circle for stories that will guide you through the road's 14 decades of danger, drudgery, and dreams.

*Mineral King Ranger Station Campfire Circle.
(1 hour)*

Ghost Stories from the Wilderness 8/2/14

Bring a sweater, a snack, and something to sip on to the Ranger Station Campfire Circle for some bone-chilling ghost stories from the Mineral King wilderness.

*Mineral King Ranger Station Campfire Circle.
(1 hour)*

What is Wilderness to you? 8/8/14

The concept of wilderness is celebrating its 50th birthday this year. Stop on by and join others in the Mineral King community by sharing what wilderness means to you and how you would like to protect it.

*Mineral King Ranger Station Campfire Circle.
(1 hour)*

Ben Harris: Mineral King's Infamous Storyteller 8/9/14

Stop by the campfire circle to meet Ben Harris, the Greatest Liar on Earth, as portrayed by Jim Ingram. Old Ben will regale us with tales inspired by Mineral King's flora and fauna—tales almost too wild to believe.

*Mineral King Ranger Station Campfire Circle.
(1 hour)*

All programs are free and open to the public.

RANGER WALKS

Hike to White Chief Mine

Breathe in fresh mountain air while hiking to the gloriously colorful White Chief Cirque. Precious silver was thought to be waiting here for energetic miners. Trace their footsteps to the mine while learning about Mineral King's mining era and geology. Bring plenty of water, lunch, rain jacket, hat, sunscreen, bug spray and sturdy shoes.

*Meet at Eagle/Mosquito Parking Lot
(Strenuous Hike, 7 hours)*

What a Wild Walk

Gooseberry, thimbleberry, and bears. Some flowers are just blooming and some are turning to fruit. Join a ranger and explore the flora and fauna found on the "Nature Trail" going east from the Cold Springs Campground.

*Cold Springs Nature Trail Head
(1 hour)*

Empire Mountain History Hike 8/9/14

Join Michael Botkin for a walk through history! On this all-day-hike, he will guide you through the dramatic story of Mineral King's Empire Mine, from the discovery of silver to the mining operation's traumatic demise. Bring plenty of water, lunch, rain jacket, hat, sunscreen, bug spray and sturdy shoes.

*Meet at the Sawtooth Trailhead
(Strenuous Hike, 7 hours)*

MORNING YOGA

Sunday Morning Flow

After some amazing journeys into the wilderness, join ranger Joshua for an hour of rebuilding your body and focusing your mind. Bring some water, comfortable clothes, and a mat or towel if you choose, or just connect with the Earth during some yoga in the woods.

*Mineral King Ranger Station.
(1 hour)*