

# Mineral King Ranger Programs

August 28<sup>th</sup> – 31<sup>st</sup>

National Park Service  
U.S. Department of the Interior

Sequoia and Kings Canyon  
National Parks



	Thurs.	Fri.	Sat.	Sun.
<b>History Hike to Empire Mine</b>	9:00 am			
<b>What a Wild Walk</b>		1:00 pm		
<b>Ghost Stories of the Wilderness</b>		7:00 pm		
<b>A Dynamite Hike to Black Wolf Mine</b>			1:00 pm	
<b>What is Wilderness to You?</b>			7:00 pm	
<b>Yoga in the Woods</b>				8:00 am
<b>Grace Alles Historic Cabin</b>				11am-3pm

## RANGER TALKS

### Ghost Stories from the Wilderness

Bring a sweater, a snack, and something to sip on to the Ranger Station Campfire Circle for some bone-chilling ghost stories from the Mineral King wilderness.

*Mineral King Ranger Station Campfire Circle  
(1 hour)*

### What is Wilderness to You?

The concept of wilderness is celebrating its 50<sup>th</sup> birthday this year. Stop on by and join others in the Mineral King community by sharing what wilderness means to you and how you would like to protect it.

*Mineral King Ranger Station Campfire Circle  
(1 hour)*

## MORNING YOGA

### Sunday Morning Flow

After some amazing journeys into the wilderness, join ranger Joshua for an hour of rebuilding your body and focusing your mind. Bring some water, comfortable clothes, and a mat or towel if you choose, or just connect with the Earth during some yoga in the woods.

*Mineral King Ranger Station  
(1 hour)*

## OPEN HOUSE

### Grace Alles Cabin

The Alles Cabin is located down the road from the Atwell Mill Campground. Stop by the cabin and meet Grace Alles (played by Jean Koch) and her sister Rose Mullenix (played by Lee Boss) and experience the hospitality that they share with anyone who ventures into these mountains.

*1/3 Mile West of Atwell Mill Campground  
Green parking sign will be posted. (4 hours)*

All programs are free and open to the public.

## RANGER WALKS

### History Hike to Empire Mine

Join Laile Di Silvestro for a walk back in time! On this all-day-hike, she will guide you through the dramatic story of Mineral King's Empire Mine, from the discovery of silver to the mining operation's traumatic demise. Bring plenty of water, lunch, rain jacket, hat, sunscreen, bug spray and sturdy shoes.

*Meet at the Sawtooth Trailhead  
(Strenuous Hike, 7 hours)*

### What a Wild Walk

The flowers are turning to fruit and the American Black Bear is eating as many as they can. Join a ranger and explore the flora and fauna found on the "Nature Trail" going east from the Cold Springs Campground.

*Cold Springs Nature Trail Head  
(1 hour)*

### A Dynamite Hike to Black Wolf Mine

Join us for tales of dynamite and a short hike to Black Wolf Mine where you can imagine life as a miner in 1876. Bring water to drink, a flashlight, and sturdy footwear for wading. All children must be closely attended, and small children are not advised.

*Meet at Eagle/Mosquito Parking Lot  
(Moderately Strenuous Hike, 1 1/2 hours)*



Mineral King Preservation Society Photo