COVID-19 Safety

We encourage you to follow CDC guidance to reduce the spread of COVID-19.

You should:

- Practice social distancing.
- Wash your hands frequently with soap, or use hand sanitizer if soap isn't available.
- Cover your mouth and nose when you cough or sneeze.
- Avoid touching your eyes, nose, and mouth.
- Wear a face covering when social distancing cannot be maintained.

What to Expect

To protect the safety of park visitors and employees as we continue to increase access, we've made changes that will affect your visit. Trip-planning information may not be available once you enter the parks. For current updates, check signs at entrance stations and other areas, the free park mobile app, and our web pages at www.nps.gov/seki.

Services That Are Open or Opening Soon

- Campgrounds may be open or will open soon, but are only available with a reservation made in advance. No walk-up sites are available this summer.
- Wuksachi Lodge is open. Availability is limited and reservations are strongly recommended. Other lodges are still closed.
- Limited to-go and outdoor dining is available. Markets and gift shops in Grant Grove and Lodgepole are also open.
- Some visitor centers may have staff available for information and trip-planning. Hours will be limited and will vary. Park stores may reopen for sales of maps, books, and other items. Exhibit areas and films will not be open to the public.
- Wilderness permits are only available with a reservation made in advance. No permit stations are open to issue walk-up permits.

In an Emergency

Call 911 from a pay phone or from your cell phone if you have service. No coins are needed, and phones are available even when facilities are closed. If you can't find a phone, contact a park employee but keep a safe distance.

Pay Phone Locations

- Foothills Visitor Center
- Potwisha Campground
- Hospital Rock Picnic Area
- Lodgepole Market
- Wolverton Picnic Area (on the building near the meadow trail)
- Kings Canyon Visitor Center (near the restrooms)
- Cedar Grove Visitor Center
- Cedar Grove Market & Lodge
- Mineral King Ranger Station
- Cold Springs Campground

Install our free app for more trip-planning information. Search for NPS Sequoia & Kings Canyon.

Información en español......10-12
Información de seguridad ......10
Que esperar .....................12
General Information

Contacts

Cell Service
Cell service is extremely limited here. Near the Ash Mountain entrance to Sequoia, AT&T provides limited service. Verizon provides limited service near the Kings Canyon entrance to Grant Grove.

EMERGENCY — DIAL 911
No coins are needed in payphones for 911 calls.

Sequoia & Kings Canyon (NPS)
559-565-3341 (24 hour). Recorded information is available for road conditions, weather, current fires, and more.

GPS
GPS programs often misdirect travelers who are driving to the parks. Use maps and signs.

Web & Social Media
The only official park information sources online are:

- The Official Park Website
  www.nps.gov/seki
- Facebook
  Sequoia and Kings Canyon National Parks
- Instagram
  sequoiakingsnps
- Twitter
  @sequoiakingsnps

Campground Reservations
Visit Recreation.gov or call 877-444-6777 (TDD: 877-833-6777)

Delaware North
(Authorized Concessioner)
www.visitsequoia.com/covid-19-updates

Cedar Grove Pack Station
(Authorized Concessioner)
Grant Grove: 559-335-9292
Cedar Grove: 559-365-3464
cedargrovepackstation.com

Sequoia National Forest/Monument (USFS)
559-338-2251, fs.usda.gov/sequoia

Yosemite National Park (NPS)
209-372-0200, nps.gov/yose

Free Public WiFi Locations
Foothills Visitor Center (Sequoia National Park)
Kings Canyon Visitor Center (Grant Grove)
No password is needed.

Frequently Asked Questions

Pets
Pets are not permitted on any trails in Sequoia and Kings Canyon. They are allowed in campsites and in parking areas. Pets must be kept on a leash at all times, or appropriately crated or caged. Pets cannot be left tied and unattended or in vehicles at any time. The leash must be less than 6 feet (1.8 meters) long.

Drones
Unmanned aircraft are not allowed in these parks. This includes drones and other remotely piloted vehicles.

Marijuana
Possession or use of marijuana and other controlled substances inside the national parks is prohibited. While California law provides for limited possession and use of marijuana, it remains an illegal drug under federal law, which is enforced within the park.

Fire Restrictions
Because of summer heat and dry conditions, fire restrictions are in place to reduce the possibility of accidental human-caused fire. Prohibited locations for wood or charcoal fires will be posted, especially in park campgrounds.

Restrictions may increase throughout the summer as fire danger increases. Check for updates on park bulletin boards, at visitor centers, or by visiting go.nps.gov/seki

Firearms in these National Parks
People who can legally possess firearms under federal, California, and local laws may possess firearms here. You are responsible for understanding and complying with all applicable California, local, and federal firearms laws. Discharge of firearms in the parks is prohibited.

Passport Stamps
Stamps for passport books may not be available in the parks until visitor centers open, but you can visit our web pages for a printable version of the stamp, or email SEKI_Information@nps.gov to request a printed stamp with the date of your visit.

Junior Ranger Books
Because of visitor center closures, we now offer the option of an online junior ranger booklet. Download a web version from www.nps.gov/seki to complete in the parks or at home. Send photos of at least seven completed pages to SEKI_Information@nps.gov to receive a badge. No printer? Send an email to the same address to request a free booklet.

Accessibility

We are committed to a continuing effort to improve the accessibility of our trails and facilities so they can be enjoyed by all. If you have questions or suggestions about accessibility, please email us at SEKI_Information@nps.gov or call us at 559-365-3341.

Wheelchair loans are temporarily suspended. In the future, we hope to resume free wheelchair loans at Lodgepole Visitor Center and Giant Forest Museum. They can be used anywhere in the parks but must be returned by the end of the day, before each visitor center closes. Be prepared to provide your address and phone number.

Visitor Centers
Most visitor centers will be closed in early summer 2020 due to the COVID-19 pandemic. All visitor centers and museums have paved, flat paths leading from parking areas to outdoor information, restrooms, and water bottle filling stations. When visitor centers are open, they provide access to trip planning information, exhibits, and bookstores. Cedar Grove Visitor Center is small, and may be difficult for people in wheelchairs to navigate.

Wheelchair-Accessible Trails

General Sherman Tree Trail (Giant Forest)
This short trail leads a few hundred feet from an accessible parking area to the General Sherman Tree, the largest tree on earth.

Big Trees Trail (Giant Forest)
This level trail is a 0.75-mile (1.2 km) loop. It circles a meadow surrounded by giant sequoias.

Panoramic Point Trail (Grant Grove)
This paved trail leads to views that reach deep into park wilderness.

Roaring River Falls (Cedar Grove)
A 528-foot (160 m), shady walk features a powerful waterfall rushing through a granite chute. Park 3 miles (4.8 km) east of the Village road. Paved, relatively accessible.

Muir Rock Trail (Cedar Grove)
This short trail leads to the Kings River and Muir Rock, a large granite boulder at the river’s edge named in honor of famed naturalist John Muir.
Tips for a Successful Visit

Though many services and facilities are still open and may be unavailable during your visit, there’s still plenty to enjoy during a trip to Sequoia and Kings Canyon National Parks.

Food and Beverages
To-go and outdoor dining are available at Wiwachschi Pizza Deck daily from 12:00 noon – 2:00 p.m. and 5:30 to 8:00 p.m. Menus are limited, but beer, wine, and cocktails are available. Indoor dining is not open at this time.

Light grocery, grab and go items, sundries, and gifts are available at Grant Grove daily from 9:00 am to 6:00 pm and Lodgepole market daily from 8:00 am to 6:00 pm.

Lodging
Wiwachschi Lodge is open. Reservations are strongly recommended, as availability is limited.

Camping
A limited number of campgrounds are beginning to open. Reservations must be made in advance online at Recreation.gov or by calling 877-444-6777 (TDD: 877-833-6777). In the parks, camping is not permitted along roadways or in parking lots.

Hiking
While wilderness permits for overnight backpacking will not be available without a reservation in advance, day hikes are possible. Please review our area-specific pages for suggestions for day hikes, or use our parks app. Some popular trailheads will become congested, so start your hike early or visit a lesser-known trail. Make sure a family member or friend knows where you are going, have plenty of food and water, and be prepared.

Guided Horseback Rides
Enjoy exploring Kings Canyon trails on horseback. Cedar Grove Pack Station and Grant Grove Stables offer guided rides on a variety of scenic trails for single family groups up to 6 people at Grant Grove and Cedar Grove. Rides range from one hour to all day and there are options for all experience levels. Wilderness spot/dunnnage trips are also available. Call to schedule a reservation. Walk-in reservations may be available.

Grant Grove, Daily, 9:00 am to 4:00 pm: 559-335-9292.
Cedar Grove, Daily, 9:00 am-4:00 pm: 559-365-3464.

Ranger Programs
Sequoia Parks Conservancy offers guided national park experiences for you and your group only by reservation in advance of your visit. With small-group tours that follow CDC safety guidelines, SPC’s trained naturalists will guide you through the amazing sights and sounds of the parks. Learn more at www.sequoiaparks.org/sequoiajourneys.

All other ranger programs are currently on hold. As we increase park access, some programs may return. Schedules will be posted at visitor centers, bulletin boards, and online. Until we can resume our programs, follow us on social media at @SequoiaKingsNPS and @SequoiaParksConservancy, or visit our web pages.

Arrive Early
If you’d like to visit the General Sherman Tree, General Grant Tree, Moro Rock, or other popular features, plan to get there early to avoid crowds. Later in the day, head to places that are off the beaten path. Check the next few pages of this newspaper for ideas.

Car Tours
Take advantage of the scenery from the comfort of your vehicle. View early summer blooms growing along the mountainous park roads. Stop at scenic overlooks along the Generals Highway.

Free Park Mobile App
Download our official app for maps, self-guided tours, and information about nearly 200 park features and locations. The app is available through the Apple App or the Google Play stores. Search for NPS Sequoia & Kings Canyon. If possible, download and install before you arrive at the park. Cell service is limited here, but free WiFi is available outside Foothills and Kings Canyon visitor centers. Be sure to enable location services, and to download offline content in the app settings so the app will work when you’re out of cell range.

River Safety
As temperatures heat up, melting mountain snow increases water levels in local rivers. Water is cold and swift. Drowning is the number one cause of deaths in these parks. Don’t swim at this time of year, and enjoy rivers from a distance. Rocks at the river’s edge are slippery.

Rules and Regulations are Still in Effect
All park rules and regulations will be enforced. Respect closures. Please help us protect your parks.

No Crystal Cave Tours in 2020
Due to the sensitive ecosystem and tight spaces of Crystal Cave, the required safety measures cannot be implemented. SPC looks forward to reopening Crystal Cave for the 2021 season. When the cave reopens, reserve tickets online at Recreation.gov.

Dark Sky Festival Canceled
Sequoia Parks Conservancy is disappointed to announce the cancellation of the 2020 Dark Sky Festival due to concerns about the coronavirus. This year’s festival would have been the seventh annual since first held in 2014. The Conservancy is looking forward to a 2021 festival if conditions allow.

Learn more about the Dark Sky Festival and Crystal Cave by following Sequoia Parks Conservancy on social media.
You are Responsible for Your Safety

Beautiful, yet remote and rugged, these parks present hazards. Mountain weather changes quickly, trees fall without warning, and wild animals pose dangers. People cause other hazards by driving poorly, leaving campfires burning, and making bad decisions. Cell phones can’t be relied on and GPS directions may send you in the wrong direction. Every day, we help visitors who have emergencies.

Please help us by being prepared—review these safety warnings. Your safety is in your own hands!

Explore Safely

- Avoid traveling alone. Tell someone your plans and expected return time.
- Take a map, water, flashlight, and extra layers of clothes. Do not rely on your phone’s map or flashlight.
- Be alert for potential hazards above, around, and on the ground.

River Safety

While swimming in the parks’ lakes and rivers can be tempting, drowning is the primary cause of death here!

Rivers present great danger due to their swift currents and slippery rocks. In river-related deaths, many people did not intend to swim, but fell in. Currents are strong even during low water. Drop-offs and undertows are ever-present. Be vigilant.

Once in a river, getting out can be nearly impossible. Cold water rapidly saps your strength and hypothermia can set in quickly even if it is warm outside.

- Do not swim in areas with strong currents, or steep drop-offs.
- DO NOT leave children unattended.
- Swimming and alcohol or drugs do not mix. Swim sober.
- Wear sturdy shoes. Sharp objects in the water can cut bare feet.
- During storms, get out of the water and exit beach areas.
- NEVER SWIM ALONE.

Tree Hazards

Branches and trees may fall, whether dead or alive, and when there is no wind. Keep eyes and ears open. Run if you hear cracks or snapping from roots, trunks, or branches (sometimes there is no sound). Don’t linger under dead, cracked, broken, or hanging branches. Avoid spending any time under trees that are rotten at the base or have cracked bark that is peeling off the trunk.

West Nile Virus & Tick Bites

West Nile virus is passed by bites from infected mosquitoes. Human illness is not common but take steps to avoid mosquito bites. Ticks are common in grassy, brushy low-elevation areas. They can carry diseases that harm humans. Check yourself for these insects after walks; their bite is painless. Remove them carefully with tweezers and seek a doctor’s advice.

Rattlesnakes

Rattlesnakes are common in the Sequoia foothills and in the Kings Canyon at low elevations. Watch where you put your hands and feet! Do not harass or kill them; this is when most bites occur.

Bites are rarely lethal, but tissue damage can be severe. If bitten, don’t panic and call 911.

Poison Oak

This common shrub grows up to 5,000 feet (1,524 m) in elevation. Poison oak has leaves in groups of three. Leaves are red and berries whitish in fall. The plant is bare in winter, and has shiny green leaves in spring. If you touch any part of it, wash skin and clothes with soap and warm water right away.

Air Quality

Poor air quality often affects the parks, especially during the summer. In summer months, ozone concentrations often exceed federal health standards. Ozone can have negative health effects, particularly for sensitive groups such as children, older people, and those with heart or lung disease. For air quality forecasts, visit the park website or follow @SequoiaKingsAir on Twitter.

Plague & Hantavirus

Plague and hantavirus are associated with wildlife here, but cases of human infection are rare. Rodents and their fleas may carry plague, which may infect humans when bitten. Hantavirus is an airborne virus that comes from infected deer mice. Typically people contract hantavirus after they clean areas or are in enclosed spaces with deer mice feces.

Keep Pets Safe

To keep pets and wildlife safe, animals must be on a leash at all times. Pets are vulnerable to tick and snake bites. Bears and deer have also been known to charge or attack dogs. Pick up all pet waste and dispose of properly. Pets are not allowed on any park trails. Do not leave pets unattended or in vehicles where they can easily overheat.

Don’t Lose Your Brakes

If you keep a foot on the brake for too long, brakes may fail. Instead, always downshift when going downhill. In automatic vehicles, put the gearshift on 1, 2, or L. The engine gets louder, but your brakes won’t overheat.
**Recreate Responsibly**

When you’re looking for places to visit in the parks, check parking lots. If they’re full, it may be difficult to practice distancing at that location. Consider finding another spot to visit where it’s less crowded.

**Distance yourself from other hikers.**

If you encounter someone on a narrow trail, try to step aside in a place where you can give them at least six feet (2 m) of distance to pass. Avoid crowded viewpoints and pullouts. Give hikers travelling uphill the right of way.

**Hike with family members or people you’ve already had contact with.**

Limit your group size to six or fewer people. If your family is larger, split into smaller groups.

**Try not to touch outdoor exhibits, railings, or other surfaces, especially in high-traffic areas.**

Wash or sanitize your hands frequently and before you get back in your car.

**Bring hand sanitizer.**

Though we plan to supply it at park restrooms, it may not always be available.

**Play It Safe**

Choose an easier activity that reduces the chance that you might need to be rescued and add to the strain on our health care and emergency resources. Be thoughtful about your impact on local communities.

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**Day Hikers**

Properly store all food, scented items, and food-related supplies left at the trailhead inside a provided food storage box, including coolers. If you’re concerned about touching the handles of shared boxes, consider using hand sanitizer before and after using them. If no food storage box is available, store food in your car trunk. For vehicles with no trunk, place food items low and out of sight and keep windows closed. When hiking, don’t leave your backpack and walk off to take a photograph—always stay within arm’s length of your food. Bears know backpacks are a source of food.

**Lodges**

Remove all food and child safety seats from your vehicle.

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**In Wilderness**

Hanging food often fails! Store all food in a bear-resistant storage container. These containers weigh less than 3 pounds (1.3 kg), hold up to 5 days of food, and fit in a backpack. A list of approved containers can be found on our website. Metal boxes are located in a few wilderness locations.

**Keep Yourself Safe**

Don’t let bears approach you, your food, picnic area, or campsite. Wave your arms, make loud noises, and throw small rocks toward them (avoid hitting the face or head). Keep a safe distance but be persistent. Abandoning your food teaches bears that foods come from humans; the bear may hurt a person in the future to get food. If a bear does get your food, NEVER try to get it back.

**Touring and Picnicking**

Food items MUST be stored in food storage boxes when provided. If no food storage box is available, food items must be inside your car trunk or if no trunk, place food items low in the vehicle, out of sight, and keep windows closed. While picnicking, never move away from coolers and tables when food is out. Stay within arm’s length of food.

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**Wildlife Viewing & Safety**

**Keep Wildlife Safe**

Do not feed or touch ANY wild animals. All animals in the parks are wild. View animals at safe distances (the length of two city buses) or through binoculars. Never disrupt, approach, or disturb animals from behaving normally.

**Mountain Lions and Bobcats**

Rarely seen, bobcats are larger than house cats and have bobbed tails. Mountain lions (cougars) are much larger and have long tails. Cats usually run when seen. If you see a mountain lion that doesn’t run:

- Do not run; running may trigger pursuit.
- Pick up children.
- Try to appear as large as possible—don’t crouch down.
- Hold your ground or back away slowly while facing the mountain lion.
- If the mountain lion acts aggressively, wave your hands, shout, and throw stones or sticks at it.
- If attacked, fight back! Report any sightings.

**Bears can smell anything with a scent—such as hand sanitizer, cosmetics, toiletries, trash, and cleaning supplies—and will mistake these items for food. Store anything with an odor.**
**Foothills**

Explore the golden foothills, home to more species of plants and animals than the rest of these parks combined. Chaparral, oak woodlands, and river canyons offer spring wildflowers, hot summers, and mild winters.

**Currently Open & Available**

- Trails and most park restrooms
- Picnic areas: Hospital Rock, Foothills

**Tentatively Opening Soon**

- Potwisha Campground (only with reservations made in advance)
- Foothills Visitor Center may be available to provide assistance

**Currently Unavailable**

- Walk-up wilderness permits

**Fire Restrictions Are in Effect**

To reduce the possibility of accidental human-caused fires, wood and charcoal fires (including wood stoves) are not allowed in Potwisha, Buckeye, Hospital Rock, and South Fork areas in Sequoia National Park. If conditions warrant, additional restrictions may be added.

***Marble Falls***

![Marble Falls](Image)

**Marble Falls Trail**

Snap a picture at this iconic pullout off the Generals Highway. Walk on the old road under this rock formation, but do not climb. Poison oak is common here.

**Hospital Rock Picnic Area**

![Hospital Rock](Image)

See rock paintings and explore exhibits about the California Native Americans who lived here, and still visit and live nearby. A short trail built by the Civilian Conservation Corps leads to a waterfall. Be careful; drownings occur here. Store your food from bears.

**These features experience high traffic. They may be quieter before 9:00 am.**

**Paradise Creek**

![Paradise Creek](Image)

**These trails offer a quieter experience.**

**Tunnel Rock**

For a walk that offers short or longer options, park across the highway from Potwisha Campground (not in the campground). Near site #14, follow the dirt road along canals. Climb 3.7 miles (6 km) to reach the waterfall. High temperatures and little shade or water can make this trail dangerous.

**Hospital Rock Picnic Area**

See rock paintings and explore exhibits about the California Native Americans who lived here, and still visit and live nearby. A short trail built by the Civilian Conservation Corps leads to a waterfall. Be careful; drownings occur here. Store your food from bears.

**Paradise Creek Trail**

For a creekside walk, park at Hospital Rock Picnic Area and walk 0.6 miles (0.9 km) to Buckeye Flat Campground. Take the path across from site #28 and cross a footbridge over the river. Follow Paradise Creek (not the river) for 1 mile (1.6 km) until the trail grows faint.

**Mineral King**

Climb the steep, winding road, the parks' highest, to its peak at 7,800 feet (2,377 m). RVs and trailers are not recommended on this narrow road.

**Currently Open or Available**

- Trails and restrooms

**Currently Unavailable**

- Mineral King Ranger Station
- All Mineral King campgrounds
- Walk-up wilderness permits

Silver City Mountain Resort is privately owned. Call 559-561-3223 for information.

**Protect your car from marmots!**

Marmots in this area are attracted to the antifreeze in your vehicle's radiator. They can chew wires and fuel lines, disabling vehicles enough to require a tow. Bring a tarp to keep them out of your engine compartment. Drive over the tarp and then wrap it around your vehicle, covering the wheel wells.

**Cold Springs Nature Trail**

Stroll through meadows and aspen groves on this slightly sloped, 1-mile (1.6 km) trail. Start at the day use parking area near Cold Springs Campground.

**Eagle Lake**

Ascend the west side of the Mineral King Valley to a glacially carved tarn. This steep trail is 3.6 miles (5.7 km) one way, and begins at the end of Mineral King Road. After 2 miles (3.2 km), the trail splits. Even in summer, snowy or icy conditions may require hikers to use crampons or traction devices and may make the trail difficult to follow.

**Paradise Ridge**

Hike through sequoias to a ridge with views of the Great Western Divide. Park in the lot east of Atwell Mill Campground and walk past the campground to the trailhead. Climb 3.7 miles (5.9 km) to the peak of the ridge, or continue into wilderness.

**Atwell-Hockett to Deer Creek**

Walk through sequoias and an old sawmill to a waterfall. Park in the lot east of Atwell Mill Campground and walk toward the campground to the trailhead. This trail heads far into wilderness. Turn back in 1.5 miles (2.4 km) at Deer Creek.
Welcome to the big trees and the world's biggest unlogged sequoia grove, home of the world's largest tree. Discover serene meadows, rocky streams, and towering forests.

These trails experience high traffic. They may be quieter before 9:00 am.

**General Sherman Tree**
Two trails lead to the world’s largest tree:

- **Main Trail** - This 0.5-mile (0.8 km) trail down to the tree has stairs and the walk back is uphill. If someone in your group can’t manage the uphill hike, consider picking them up at the accessible trailhead.

- **Congress Trail** - From the Sherman Tree, continue along this fairly level 2-mile (3.2 km) loop through the heart of the Giant Forest sequoia grove.

**Moro Rock/Crescent Meadow Road**
This 3-mile (4.8 km), dead-end road begins at Giant Forest Museum. Expect congestion and limited parking on this road, especially on weekends.

- **Col. Young Tree** - Park at the Auto Log and walk to a sequoia named for a notable Buffalo Soldier.

- **Crescent Meadow** - Sequoias surround this fragile wetland. Several trails start here, including the 1-mile (1.6 km) route to Tharp’s Log.

**Big Trees Trail**
This level loop has trailside exhibits about sequoias. Start at Giant Forest Museum for a 1-mile (1.6 km) round-trip walk. If you have a disability placard, park at the trailhead for a 0.75-mile (1 km) loop.

**Tokopah Falls**
The 1.7-mile (2.7 km) trail starts in Lodgepole Campground and ends at a viewpoint near the cascades of Tokopah Falls. Return the same way for a 3.4-mile (5.5 km) round-trip hike. Be careful around the water; cold, swift currents are difficult to escape.

These trails offer a quieter experience.

**Beetle Rock**
A short walk along a wheelchair-accessible trail from the Giant Forest Museum parking area. Take in spectacular views with ample space.

**Little Baldy**
This 3.4 mile out-and-back trail has 700 feet (200 m) of elevation gain and offers one of the best views in the park. The trailhead is 1.5 miles (2.4 km) south of Dorst Campground. Parking is limited, so get there early or later in the day.

**Panther Gap**
Start this trail from the Wolverton parking lot. Under 6 miles round trip, this trail follows the Lakes Trail before veering off to Panther Gap. Ascend 1000 feet (300 m) to the gap and amazing views.

**Sunset Rock**
This level 1.4-mile round-trip trail starts at Giant Forest Museum’s parking area. It ends on top of a granite dome with sweeping views of the foothills.

**Long Meadow Loop**
This 2-mile loop circles beautiful Long Meadow. Enjoy wildflowers and the occasional animal feeding in the meadow. Begin at Wolverton Picnic Area.

**Cahoon Meadow**
A 5-mile out-and-back starts at Lodgepole Campground. Park your vehicle in the large parking lot and cross the bridge. Hike along the Twin Lakes Trail on your way to this secluded meadow.

**Bear Hill Trail**
Start at Giant Forest Museum and walk toward the Big Trees Trail. The Bear Hill Trail junction will be on the right. Check maps at the museum’s Trail Center kiosk for more information.

Parking in the Giant Forest

In summer, parking may be difficult to find in popular areas. Use this map to find parking options. Park only in designated spots in parking areas or in paved pullouts.

**Currently Open or Available**
- Trails and most park restrooms
- Wuksachi Lodge (reservations recommended)
- Wuksachi Lodge Pizza Deck
- Lodgepole Market and Gift Shop
- Picnic areas: Pinewood, Lodgepole, Halstead Meadow, Crescent Meadow

**Currently Unavailable**
- Lodgepole Grill
- Public showers and laundry

**Tentatively Opening Soon**
- Lodgepole Campground (advance reservations required)
- Giant Forest Museum staff may be available to provide assistance

**Unavailable This Year**
- Lodgepole Visitor Center
- Sequoia Shuttles
- Crystal Cave
- Bearpaw High Sierra Camp
- Walk-up wilderness permits
Grant Grove

Wander through shady sequoia groves and hike to bird's-eye views of distant wilderness. From busy Grant Grove Village to lofty Big Baldy Ridge, Grant Grove offers a chance to explore with amenities nearby.

These trails experience high traffic. They may be quieter before 9:00 am.

Grant Tree Trail
This 0.3-mile (0.5 km) paved trail leads to the world’s second-largest living tree. To minimize risk, avoid touching tactile exhibits about sequoias along the trail. Look for the road 1 mile (1.6 km) north of Grant Grove Village. On the trail, look for tactile exhibits about sequoias.

Panoramic Point
A narrow road leads to a short, paved trail to a viewpoint with beautiful Sierra vistas. RVs and trailers are not permitted on the road, which begins behind John Muir Lodge. Park Ridge Trail (2.4 miles/3.8 km) also begins here.

Big Stump Basin
On this trail, visit remnants from late 19th-century logging including the Mark Twain Stump. Climb the steps to see the growth rings of this giant. Start the 0.75-mile (1.2 km) one-way trail from Big Stump Picnic Area.

North Grove Loop
This lightly traveled, 1.5-mile (2.4 km) loop offers a close look at sequoias and a quiet forest walk. Look for the trailhead and an orientation map in the overflow parking area near the Grant Tree Trail.

Grant Tree Trailhead to the Visitor Center
This 2-mile (3.2 km) forested trail passes through Azalea Campground and Columbine Picnic Area and has a 400’ (120 m) elevation change. Start from the Grant Tree parking area or across the highway from the visitor center.

Big Baldy Ridge
Climb to 8,209 feet (2,502 m) for great views over Redwood Canyon. You’ll gain 600 feet (183 m) in elevation over the 2.2-mile (3.5 km) one-way trek to the peak. From Grant Grove Village, go 8 miles (13 km) south on Generals Highway to the trailhead.

Scenic Drive to Hume Lake
Get similar views that you would from Panoramic Point on this winding 9-mile drive with vistas of Kings Canyon and Hume Lake.

Cedar Grove

Quiet and remote, Cedar Grove sits deep in Kings Canyon, surrounded by sheer granite cliffs. Listen for the rushing Kings River, bird songs, and wind rustling through stands of cedar trees.

These trails experience high traffic. They may be quieter before 9:00 am.

Roaring River Falls
Take a very short, shady walk to a powerful waterfall. The paved, moderately sloped trail begins 3 miles (4.8 km) east of Cedar Grove Village.

Zumwalt Meadow
Flooding has closed half of this loop trail, including the boardwalk. The remaining trail traverses a rocky slope. Park at the trailhead 4.5 miles (7.2 km) east of Cedar Grove Village.

Mist Falls
Travel through forest and chaparral along the Kings River to one of the parks' largest waterfalls. The 8-mile (12.8 km) out-and-back hike begins at Road’s End and climbs 800 feet (250 m) to a viewing area for the cascade.

These trails offer a quieter experience.

Bubbs Creek Trail from Roads End
From Roads End, take this 4.7-mile (7.6 km) trail out and back along the South Fork of the Kings River. The trail climbs passes through talus fields and mixed conifer forests, passing the south side of Zumwalt Meadow and ending at Roaring River Falls. Expect an elevation gain of 50 feet (15 m).

Don Cecil Trail to Sheep Creek Cascade
Park in a large pull-out just east of the Visitor Center turnoff on Highway 180. Take the Don Cecil Trail about one mile (1.6 km) to a cascade and footbridge across Sheep Creek. 2 mile round trip out-and-back.

Canyon View Roadside Exhibit
The “U” shape of the canyon, apparent from this viewpoint, reveals the area’s glacial history. This roadside feature is 1 mile (1.6 km) east of Cedar Grove Village Road.

Currently Open & Available
Most roads, trails, and restrooms
Grant Grove stables
Grant Grove Post Office
Grant Grove Market and Gift Shop
Picnic areas: Big Stump, Columbine, and Panoramic Point

Tentatively Opening Soon
Sunset Campground (only with reservations made in advance)
Kings Canyon Visitor Center staff may be available to help with trip-planning

Currently Unavailable
All Cedar Grove campgrounds

Unavailable This Year
Cedar Grove Lodge and Grill
Cedar Grove Market and Gift Shop
Cedar Grove showers and laundry
Walk-up wilderness permits
Wilderness Trips

Thank you for following minimum-impact, no-trace guidelines to protect the wilderness!

Camping in the park “frontcountry” is permitted only in campgrounds. Dispersed camping is only allowed in the National Forest. Camping or sleeping in vehicles is not allowed in parking lots, pullouts, picnic areas, or trailheads in the parks.

Wild places include hazards, and help may not be available. Be prepared to be fully self-reliant and to self-rescue in case of an emergency.

- Park waterways may contain bacteria, including Giardia. Properly filter or treat water before drinking.
- Hypothermia can occur year-round. Stay dry and snack often. If symptoms appear, drink warm sugary drinks and get into dry clothes, sleeping bags, and shelter.

Wilderness Permits

Within Sequoia and Kings Canyon National Parks, permits are required for all overnight trips. Day hikers do not need permits.

Reservations will be required in advance for all wilderness permits in 2020; no walk-up permits will be issued. To request a reservation, you must email an application at least two weeks in advance of the wilderness entry date. All permits will be issued remotely by email. Look for trailhead availability and other details at: go.nps.gov/SEKI-WildernessPermits

Permits are limited during the summer quota period. The permit fee during that time is $10 plus $5/person. Reservations for the quota period can be made beginning March 1. Outside of the quota period, permits are free and can be self-issued at the nearest permit station. For more information, visit nps.gov/sequoia/planyourvisit/wilderness.

Road Construction

In recent years, improvements have widened park roads, making them more comfortable for modern vehicles. Today’s work involves repaving and replacing culverts. This can only be accomplished in summer when roadways are free of snow.

Expect delays between Little Baldy Saddle (at the north end of Sequoia National Park) and Grant Grove and along Wolverton Road.

On weekdays, expect delays of 30-60 minutes. There may be multiple construction zones along the sixteen-mile stretch. There will be a maximum delay of one hour through the entire area. Night closures may be possible.

On weekends, work is not expected. There will be maximum delays of 20 minutes if roadways are confined to a single lane. If there are delays, traffic lights will control movement through the construction zone.

Weekday Delays on Wolverton Road

Due to repaving, expect delays that will usually be 20-30 minutes but can extend up to one hour. Work is expected to be complete in early July.

Sequoia National Forest and Giant Sequoia National Monument are managed by the US Forest Service. Due to COVID-19, campgrounds may be closed and services may be limited. Availability can change at any time. Visit www.fs.usda.gov/sequoia for details about their facilities and services, and visit Recreation.gov for camping reservations.

Sequoia National Forest Hume Lake District Office (USFS)

35860 Kings Canyon Road (Highway 180), 19 miles (30 km) west of the Big Stump park entrance. Maps and books are sold here. 559-338-2251, 539-791-5758.

HUME LAKE AREA

Princess Campground
Hume Lake Campground
Tenmile Campground
Landslide Campground

BIG MEADOWS AND STONY CREEK AREAS

Stony Creek Campground
Upper Stony Creek Campground
Big Meadow Campground

DISPERSED CAMPING

Self-contained camping, with no water, restrooms, trash cans, or other amenities is permitted in the national forest (not in the national parks). There is no dispersed camping on Highway 180 in Kings Canyon. Please be sure to check for current fire restrictions

Free fire permits are required. At this time, they are only available online. Visit http://permit.preventwildfiresca.org/ to fill out a form to get your permit.

These services in Sequoia National Forest may reopen in early summer 2020:

Montecito Sequoia Lodge (permittee)
Open all year. 800-227-9900; 559-565-3388. Nine miles (14 km) south of Grant Grove.

Hume Lake (on private land)
Gas, market, pizza, snacks, and pay phone. Hours vary and pumps may close. Travel north of Grant Grove on Highway 180, then turn right on Hume Lake Road. 539-305-7770.

Stony Creek Resort (permittee)
Market, restaurant, showers, gas, and laundry on the Generals Highway 13 miles (20 km) south of Grant Grove. 800-227-9900; 559-565-3909.
Usted es responsable de su seguridad

Estos parques hermosos, aunque remotos y accidentados, presentan ciertos peligros. Por ejemplo, el cambio de temperaturas, los árboles que caen sin previo aviso y los animales salvajes presentan peligros. Otros peligros son de origen humano: manejo imprudente, abandono de fogatas y otras malas decisiones. No se puede confiar en los teléfonos celulares y el GPS, podrían dar indicaciones erróneas. Todos los días ayudamos a visitantes que tienen emergencias.

Le rogamos que nos ayude preparándose para su visita: familiarícese con estos avisos de seguridad y pidale consejo a los guardaparques. ¡Su seguridad está en sus manos!

**Seguridad en el río**

Los lagos y ríos de estos parques pueden dar tentación, y mas durante días calurosos, pero debe saber que ahogos son la principal causa de muertes.

Los ríos son muy peligrosos debido a sus rápidas corrientes y rocas resbaladizas. Muchas de las muertes relacionadas con los ríos ocurrieron, no porque las personas tenían la intención de nadar, sino que se cayeron. Las corrientes son fuertes incluso cuando los niveles de agua son bajos. Las pendientes abruptas y las corrientes de retorno son un peligro constante. Manténgase alerta.

Una vez que se ingresa en un río, puede resultar casi imposible salir de él. El agua fría puede debilitarle rápidamente y es posible que le dé hipotermia incluso si afuera hace calor.

- No nade en zonas con corrientes fuertes o pendientes inclinadas.
- NO deje a los niños sin supervisión.
- No nade si ha consumido alcohol o drogas. Nade siempre en estado de sobriedad.
- Use zapatos fuertes. Los objetos afilados que hay en el agua podrían provocar cortes.
- Durante una tormenta, salga del agua y aléjese de las zonas de playa.
- NUNCA NADE SOLO.

**Peligros relacionados con los árboles**

Es posible que caigan ramas y árboles cuando no hay viento, ya sea que estén vivos o secos. Mantenga los ojos y oídos bien abiertos. Corra si oye chasquidos o crujidos provenientes de raíces, troncos o ramas (aunque a veces no emiten sonido alguno). No se detenga bajo ramas secas, agrietadas, rotas o colgantes. Evite detenerse bajo árboles que estén podridos en la base o que presenten una corteza agrietada que se desprende del tronco.

**Virus del Nilo Occidental y picaduras de garrapatas**

El virus del Nilo Occidental se contagia a través de la picadura de mosquitos infectados. Si bien esta enfermedad no es común en humanos, tome precauciones para evitar la picadura de mosquitos. La garrapata abunda en zonas de pastos tupidos y de baja elevación. Pueden portar enfermedades que son dañinas para los humanos. Tras sus caminatas, fíjese de no tener garrapatas; su picadura es indolora. Si tiene alguna, retirela cuidadosamente con unas pinzas y consulte con su médico.

**Serpientes de cascabel**

Las serpientes de cascabel son comunes en las faldas de Sequoia and Kings Canyon National Parks a poca elevación. ¡Tenga cuidado en dónde pone los pies y las manos! No las fastidie ni las mate; es entonces cuando se dan la mayoría de las mordeduras. Las mordeduras pocas veces son letales, pero el daño que ocasionan en los tejidos puede ser grave. Si recibe una mordedura, no entre en pánico y llame al 911.

**Roble venenoso**

Se trata de un arbusto común en elevaciones de hasta 5,000 pies (1,500 m). El roble venenoso tiene hojas en grupos de tres. En otoño, sus hojas son rojas y sus bayas blanccuzcas; en invierno, la planta pierde sus hojas; y, en primavera, tiene hojas de un color verde brillante. Si toca alguna parte de la planta, lave de inmediato la piel y la ropa que hayan estado en contacto ella con jabón y agua tibia.

**Explore de forma segura**

- Evite viajar solo. Cuéntele a alguien cuáles son sus planes y a qué hora espera regresar.
- Lleve un mapa, agua, una linterna y prendas de abrigo adicionales.
- Preste atención a los posibles peligros que provengan de arriba, de su alrededor o del suelo.

**Calidad del aire**

Los parques pueden verse afectados por una calidad del aire pobre, especialmente en verano. En los meses de verano, las concentraciones de ozono suelen exceder aquellas establecidas por los estándares federales de salud. El ozono puede tener impactos negativos en la salud, en particular en grupos más sensibles como los niños, las personas mayores y aquellas con enfermedades cardíacas o de pulmón. Para conocer las predicciones de la calidad del aire, visite el sitio web del parque o visite @SequoiaKingsAir en Twitter.

**La peste y el hantavirus**

La peste y el hantavirus están relacionados con los animales salvajes que habitan estos parques, pero los casos de infecciones en humanos son excepcionales. Los roedores y sus pulgas pueden ser portadores de la peste, y los humanos pueden contagiarse si reciben la picadura de una pulga infectada. El hantavirus se transmite por aire y proviene de los ratones venado infectados. Los humanos suelen contraer un síndrome pulmonar por hantavirus tras limpiar o encontrarse en espacios cerrados en los que hay heces de ratón venado.

**Vele por la seguridad de sus mascotas**

Para asegurarse de que sus mascotas, así como los animales salvajes, estén a salvo, deben llevar correa en todo momento. Las mascotas son propensas a las garrapatas o a ser mordidas por serpientes. También ha habido casos de ataques a perros por parte de osos y siervos. Recoja las heces de su mascota y deshágase de ellas adecuadamente. No deje mascotas en su vehículo, ya que este podría sobrecalentarse con facilidad.

**No pierda los frenos**

Si mantiene el pie en el freno durante demasiado tiempo, es posible que fallen. En su lugar, siempre baje la marcha cuando avanza colina abajo. Si tiene un vehículo automático, ponga la palanca de cambios en 1, 2 o L. El motor hará más ruido, pero evitará el sobrecalentamiento de los frenos.
Consejos para un viaje exitoso

Aunque muchos servicios e instalaciones no están disponibles, todavía hay mucho para disfrutar durante un viaje a los Sequoia and Kings Canyon National Parks.

Comida y bebidas

Comida para llevar y cenas al aire libre están disponibles a Wuksachi Pizza Deck todos los días de 12:00 p.m. a 2:00 p.m. y de 5:30 p.m. a 8:00 p.m. Los menús son limitados, pero hay cerveza, vino, y cócteles disponibles. Comer en el interior no está disponible en este momento. Comestibles, artículos para llevar, artículos diversos y regalos están disponibles en los mercados de Grant Grove y Lodgepole todos los días de 8:00 a.m. a 6:00 p.m.

Hoteles

Wuksachi Lodge está abierto. Se recomienda hacer reservaciones, ya que la disponibilidad está limitada.

Camping

Campamientos limitados comenzaran a abrir, pero se recomienda hacer reservaciones con al menos de dos días anticipados. En los parques, no se permite campar a lo largo de las carreteras o en los estacionamientos.

Cabalgatas guiadas

Disfruta explorando los senderos a caballo. Cedar Grove Pack Station y Grant Grove Stables ofrecen paseos guiados en varios senderos escénicos para familias individuales de hasta 6 personas. Los paseos van desde una hora hasta todo el día y hay opciones para todos los niveles de experiencia. También se encuentran disponibles viajes al desierto y de estiba. Llame para hacer una reservación. Reservaciones sin cita previa pueden estar disponibles.

Grant Grove, diariamente, a partir el 19 de junio, a las 9:00 a.m. a 4:00 p.m.: 559-335-9292.

Cedar Grove, diariamente, a partir el 19 de junio, a las 9:00 a.m. a 4:00 p.m.: 559-355-3464

Llegar temprano

Si desea visitar el árbol General Sherman, el árbol General Grant, Moro Rock u otras características populares, planeé llegar temprano para evitar las multitudes. Más tarde en el día, dirígete a lugares que están fuera del circuito turístico. Consulte las siguientes páginas de este periódico para ideas.

Recrea responsablemente

Cuando esté buscando lugares para visitar en los parques, revise los estacionamientos. Si están llenos, puede ser difícil practicar el distanciamiento en ese lugar. Considere encontrar otro lugar para visitar donde haya menos gente.

Distanciarse de otros excursionistas. Si se encuentra con alguien en un camino estrecho, intente apartarse en un lugar donde pueda darles al menos seis pies (2 m) de distancia para que pasen. Evite los puntos de vista y las retiradas que están llenas. Dé a los excursionistas que viajan cuesta arriba el derecho de paso.

Camina con familiares o personas con las que ya has tenido contacto. Limite el tamaño de tu grupo a seis o menos personas. Si tu familia es más grande, divídanla en grupos más pequeños.

Trape desinfectante para manos. Aunque planeamos suministrarlo en los baños del parque, puede que no siempre esté disponible.

Tours de manejo

¿No planeas hacer senderismo? Un paseo por los parques puede ofrecer la opción más segura para ver los parques. Si completa el viaje a lo largo de toda la autopista Generals Highway desde una entrada a la otra, planea al menos dos horas más tiempo para detenerse en los miradores.

Libros de guardaparques junior

Ahora ofrecemos la opción de un folleto de guardabosques junior en línea. Descargue una versión web del folleto de nuestras páginas web del parque para completar en los parques o en casa. Envíe fotos de al menos siete páginas completas a SEKI_Information@nps.gov para recibir una insignia. Sin impresora? Envíe un correo electrónico a la misma dirección para solicitar un folleto gratuito.

Sequoia Parks Conservancy Programas

Sequoia Parks Conservancy ofrece experiencias guiadas de parques nacionales para usted y su grupo solo con reservaciones previas. Con los tours para grupos pequeños, que siguen las reglas de seguridad del CDC, los naturalistas capacitados del SPC lo guiarán a través de las increíbles vistas y sonidos de los parques.

No Crystal Cave Tours en 2020


Festival "Dark Sky" Cancelado

Sequoia Parks Conservancy se decepciona al anunciar la cancelación del Festival Dark Sky 2020 debido a las preocupaciones sobre el coronavirus. El festival de este año habría sido el séptimo anual desde la primera vez que se celebró en 2014. The Conservancy espera un festival 2021 si las condiciones lo permiten.
COVID-19 seguridad

El Servicio de Parques Nacionales le aconseja seguir las directrices del CDC para reducir la propagación del COVID-19.

Usted debe:

- Evite el contacto cercano.
- Lávese las manos frecuentemente con jabón o use desinfectante para manos.
- Cubra la boca al toser y estornudar.
- Evite tocarse los ojos, la nariz y la boca con las manos sin lavar.
- Use una cubierta para la cara cuando no se pueda mantener el distanciamiento social.

Que esperar

Para proteger la seguridad de los visitantes y empleados del parque a medida que continuamos aumentando el acceso, hemos realizado cambios que afectarán su visita. La información de planificación del viaje puede no estar disponible una vez que ingrese a los parques. Para obtener actualizaciones actuales, revise las señales en las staciones de entrada, la aplicación móvil gratuita del parque y nuestras páginas web en www.nps.gov/seki.

Limitados de campamentos están abiertos. Todos los campamentos requieren reserva. Las reservas sin cita no están disponibles este verano.

Wuksachi Lodge está abierto. Habitaciones limitadas están disponibles y se recomienda hacer reservaciones. Otros hoteles están cerrados.

Opciones limitadas de comida para llevar y cenas al aire libre están disponibles. Mercados y tiendas de regalo en Grant Grove y Lodgepole están abiertos.

Algunos centros de visitantes pueden tener trabajadores disponibles para información y planificación de viajes. Las horas de operación serán limitadas y variarán. Las tiendas del parque pueden reabrir para ventas de mapas, libros, y otros artículos. Las áreas de exhibición y cine no estarán abiertas al público.

Permiso de excursionismo solo están disponibles con reserva previa. No hay estaciones de permisos abiertas para emitir permisos.

En una emergencia

Llame al 911 desde un teléfono público del parque o desde su teléfono celular si tiene servicio. No se necesitan monedas. Si no hay un teléfono disponible, comuníquese con un empleado del parque pero mantenga una distancia segura.

Teléfonos públicos

- Foothills Visitor Center
- Potwisha Campground
- Hospital Rock Picnic Area
- Lodgepole Market
- Wolverton Picnic Area (en el edificio cerca del sendero del prado)
- Kings Canyon Visitor Center (cerca de los baños)
- Cedar Grove Visitor Center
- Cedar Grove Market y Lodge
- Mineral King Ranger Station
- Cold Springs Campground

Instale nuestra aplicación gratuita para obtener más información sobre la planificación del viaje. Buscar NPS Sequoia & Kings Canyon.