

Kupuna Ranger



Pu'ukoholā Heiau
National Historic Site

KUPUNA RANGER ADVENTURE BOOK!

This adventure Booklet is for ages 13 and above. Complete this booklet and receive a Kupuna Ranger Badge.

Pu'ukoholā Heiau National Historic Site is one of many units in the National Park System, protecting and preserving these special places saved by the American people so that all may experience our heritage. To learn more about parks and National Park Service programs in America's communities, visit www.nps.gov.

Kupuna is an elder, grandparent or an older person. What is less recognized is the fact that the word has several distinct, but related meanings. One of which is that a kupuna is an honored elder who has acquired enough life experience to become a family and community leader. The term has been stated to be the embodiment of natural respect... a practitioner of aloha (love), pono (righteousness), mālama (caring), and spirituality. In ancient times, they were teachers and caretakers of grandchildren and that bond was especially strong.

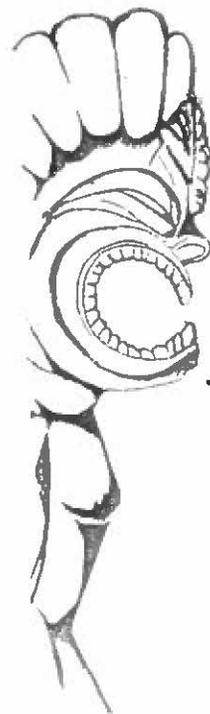
For a Safe Visit

All natural and cultural features are protected by federal law. Stay on designated trails. Carry 1-2 liters of drinking water, wear clothing that protect you from the harsh sun, closed toed shoes, a hat, and sunscreen. Do not attempt hikes if you are not in good physical condition. Use caution while entering and exiting the park's roadways and visiting the John Young's Homestead site. The heiau (temples) are fragile and are sacred to native Hawaiians; they are closed to the public.

HAVE FUN BECOMING A KUPUNA RANGER!

Pu'ukoholā Heiau National Historic Site

For successful
completion of the
Kupuna Ranger Program



is a
Kupuna Park Ranger



Park Ranger _____

Date ___/___/___

Kupuna Ranger Pledge

"I pledge to help protect
Pu'ukoholā Heiau
National Historic Site

and to show respect to all National
Park Service units that include
historical and cultural places, that
others may enjoy these special places in
the future."



To become a Kupuna Ranger, you will need to complete this booklet and turn it in no later than 4:00 p.m. in the visitor center where a ranger will review your work and award your Kupuna Ranger badge.

To complete the booklet, pick up a park brochure, view our videos in the covered lanai area, visit our museum, and non-profit bookstore, and take a walk on the half mile, paved, loop trail in the park.

Hawaiian Pronunciation Guide

The English alphabet has 26 letters:

5 vowels and 21 consonants.

The Hawaiian alphabet has 13 letters:

5 vowels, 8 consonants.

The vowel are::

A = ah E = eh I = ee O = oh U = oo ' = 'okina

Consonants

He Ke Lā Mū Nū Pī Wē (V)

- = kahakō, or line over the vowel. Hold the vowel sound under the line longer. The vowel sound itself does not change.

‘ = 'okina, or glottal stop. This sound is much like a pause or "hiccup", as in "uh-oh" in English. The 'okina is the symbol of the missing sound.

Pu'ukoholā Heiau is pronounced:

Poo oo koh hoh lah- hey ou (ouch)

Meaning: Hill of the whale temple

Kupuna Ranger's Name _____

Some Hawaiian Vocabulary

Mahalo: Thank you	A'ole pilikia: No problem
Aloha: Hello, good-bye, love	Kōkua: To help
Mālama: To care for	'Āina: The Land
Moana: Ocean	Mauna: Mountain
Pu'u: Hill	Koholā: Whale
Heiau: Sacred place/temple	Makai: Towards the sea
Mauka: Toward the mountain	Kuleana: Responsibility

Fill in the Words

E _____ (care)

i ka _____ (land)

ana ka _____ (land) iā oe

Take care of the land and the land will take care of you.

Word Scramble

Unscramble the words and re-write the following sentences.

- 1.) uuPāhoo'kl uhaie is the last roajm letmep to be built in iHaiwa in 9711, and played a jomra erlo in ehKmaeemah the rGta'se ascendancy to weopr.

- 2.) hnoJ ugouY, a stranded sbrtiih lsiroa, became the greatest vrdiosa for aKhaemsm'hae I.

WHAT IS A NATIONAL PARK?

National Parks are special places that are important to everyone in the United States. We can tell what National Parks protect by looking at the arrowhead, which is the symbol of the National Park Service.

- The arrow head represents the culture and history
- The bison represents wildlife
- The tree represents plants
- The mountain represents the beautiful scenery
- The lake represents natural resources (clean air and water)

The mission of the National Park Service is to preserve, protect, and perpetuate these special places for future generations (you, your children, your grandchildren...)

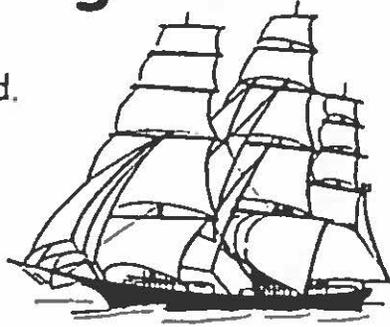
Now it's your turn! Draw a shape for the outline and add symbols inside that are unique to Pu'ukoholā Heiau National Historic Site. What plants, animals, marine or cultural symbols would you use?

Draw Your Logo Here



Sailing Through Time

A Kupuna Ranger should know when historic events occurred. Fill in the timeline below by using your park brochure to find the correct dates.



The first one has been done for you!

1758 Birth of Kamehameha I

- _____ Kamehameha I inherits land at uncle's death
- _____ John Young stranded on Hawai'i Island
- _____ Kamehameha finished building Pu'ukoholā Heiau
- _____ Kamehameha retakes Maui, Lana'i & Moloka'i
- _____ Kamehameha ends opposition on O'ahu
- _____ Kaua'i joins Kamehameha peacefully
- _____ Death of Kamehameha I
- _____ The Hawaiian monarchy ends
- _____ The stone leaning post is accidentally broken
- _____ Your visit to Pu'ukoholā Heiau

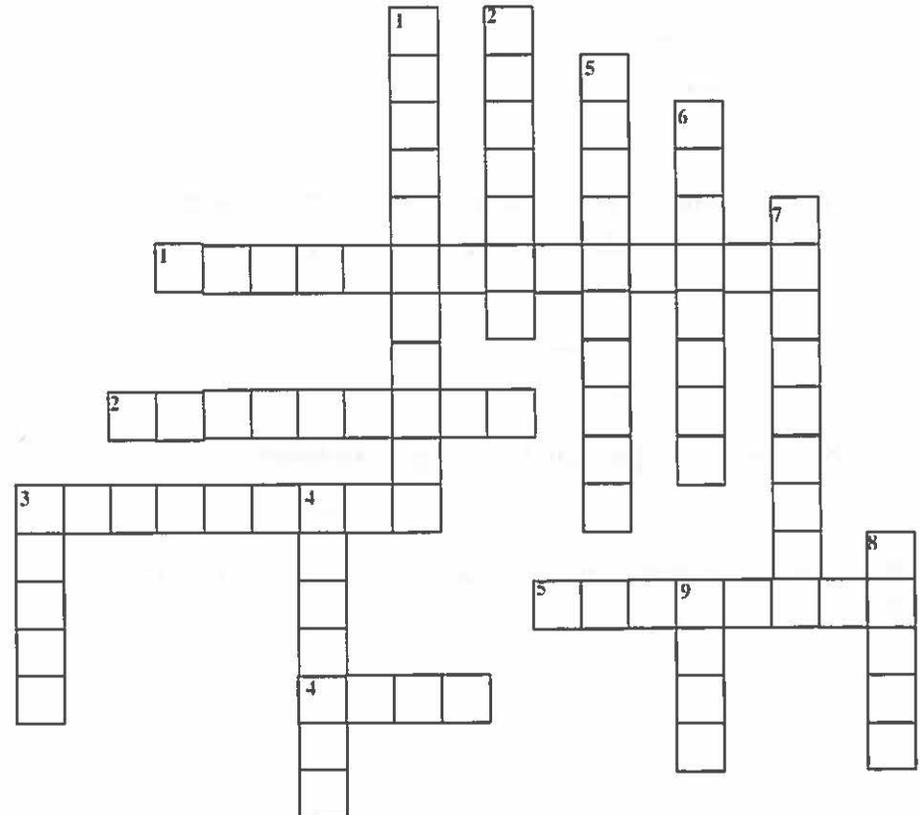
CROSSWORD PUZZLE

Across

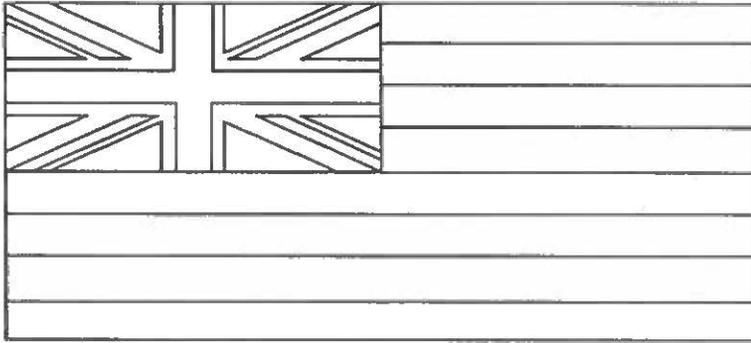
1. This heiau was converted into a fort by Kamehameha.
2. The name of the British sailor who became a close advisor to Kamehameha.
3. The name of the famous seer or prophet who told Kamehameha to build a heiau.
4. Pelekane was probably abandoned after the abolition of the _____.
5. The name of the royal courtyard traditionally used by Hawaiian kings

Down

1. The name of the submerged heiau.
2. What European weapons were placed at Mailekini Heiau?
3. This man was the cousin and rival of Kamehameha.
4. The Hawaiian word for ancestors that could become physically present in a specific animal form.
5. With the prophecy fulfilled, _____ the Great ruled all the Hawaiian Islands.
6. The name of the leaning post where Chief Alapa'i is thought to have leaned.
7. _____ means "the hill of the whale".
8. The Hawaiian word for temple.
9. This Queen of Hawaii was born at Pelekane.



Ka Hae Hawai'i The Hawaiian Flag



Watch the Hawaiian Flag Video to complete this activity.

In what year was the Hawaiian Flag commissioned?

Who commissioned the flag?

List three places where the Hawaiian Flag is allowed to fly alone, as a living symbol of the Hawaiian people.

What do the eight stripes on the flag represent?

What two Hawaiian symbols are suggested in the British Union Jack?

SCAVENGER HUNT

(Describe what each item's purpose and use is)



Coconut Tree



Kapu Sticks



Lele
(Offering Tower)

