

## Between Locust Shade Park and Occoquan River

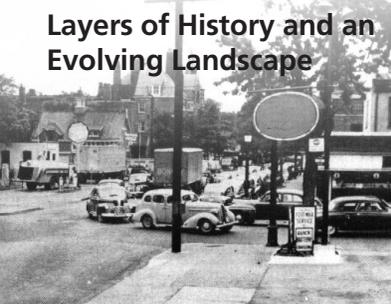
*Bald eagles now build their nests and feed their young in the same paths traveled by Indians, merchant ships carrying hogsheads of tobacco, and Union ships transporting wartime supplies.*

- Debrarae Karnes, Prince William County Planning Office, 1998.



Between the Occoquan River on the north and the Quantico and Chopawamsic watersheds on the south, a string of parks, historic sites and wildlife refuges is becoming a destination for outdoor recreation and exploration. New transit-oriented developments, a network of trails, and planned revitalization of the Route 1 corridor are part of a historic continuum that began with transient Indian settlements.

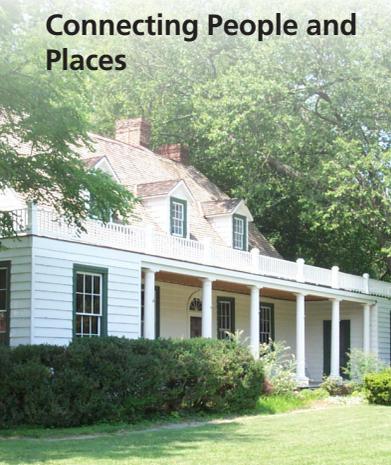
### Layers of History and an Evolving Landscape



For many years, US Route 1 has dominated the landscape of eastern Prince William County. Known at different times as the "Potomac Path" and the "King's Highway," the corridor has been used for north-south travel by American Indians; by George Washington, the count de Rochambeau, the marquis de Lafayette, and others during colonial times; and by

vacationers between Maine and Florida. Parallel to Route 1, however, development of a trail network connecting public lands and rights-of-way is emerging in the midst of railroads, industrial buildings and new residential areas, complementing the continuing redevelopment and evolution of the historic Route 1 corridor.

### Connecting People and Places



The map on the reverse indicates existing and planned pedestrian and bicycle facilities and connections with transportation nodes, parks and other sites. The corridor includes trails, other outdoor recreation facilities and historic sites meandering between lands at the edges of the Atlantic Coastal Plain and the Piedmont geographic regions.

A trail route between Belmont Bay and Leesylvania State Park--partially constructed as of early 2009-- was recognized in 2008 as a segment

of the Potomac Heritage National Scenic Trail network; additional segments of the network might one day include connections between the Town of Occoquan and Belmont Bay to the north and among the State Park, Prince William Forest Park, Dumfries and the National Museum of the Marine Corps to the south, providing additional opportunities for travel and exploration on foot and by bicycle. As land uses change, these facilities help to address the needs of an increasing number of visitors and a residential population seeking access to water and active outdoor pursuits.

### For More Information



Prince William County / Manassas Convention and Visitors Bureau  
<http://www.visitpwc.com/> & 800-432-1792

Prince William Park Authority,  
Veterans Park, various trail easements  
[www.pwcparks.org/](http://www.pwcparks.org/) & 703-792-7060

Prince William Trails and Streams Coalition  
[www.pwtrailsandstreams.com/](http://www.pwtrailsandstreams.com/)

Rippon Lodge Historic Site  
Prince William County Dept. of Public Work  
grounds open during operating hours  
tours & rental available  
703-499-9812

Leesylvania State Park  
Virginia Dept. of Conservation and Recreation  
[www.dcr.virginia.gov](http://www.dcr.virginia.gov) & 703-730-8205

Occoquan National Wildlife Refuge  
U.S. Fish and Wildlife Service  
<http://www.fws.gov/> & 703-490-4979

National Park Service  
Prince William Forest Park  
camping available; cabins by reservation  
[www.nps.gov/prwi](http://www.nps.gov/prwi) & 703-221-7181

Potomac Heritage National Scenic Trail  
[www.nps.gov/pohe](http://www.nps.gov/pohe)

Captain John Smith Chesapeake National  
Historic Trail  
[www.nps.gov/cajo](http://www.nps.gov/cajo)

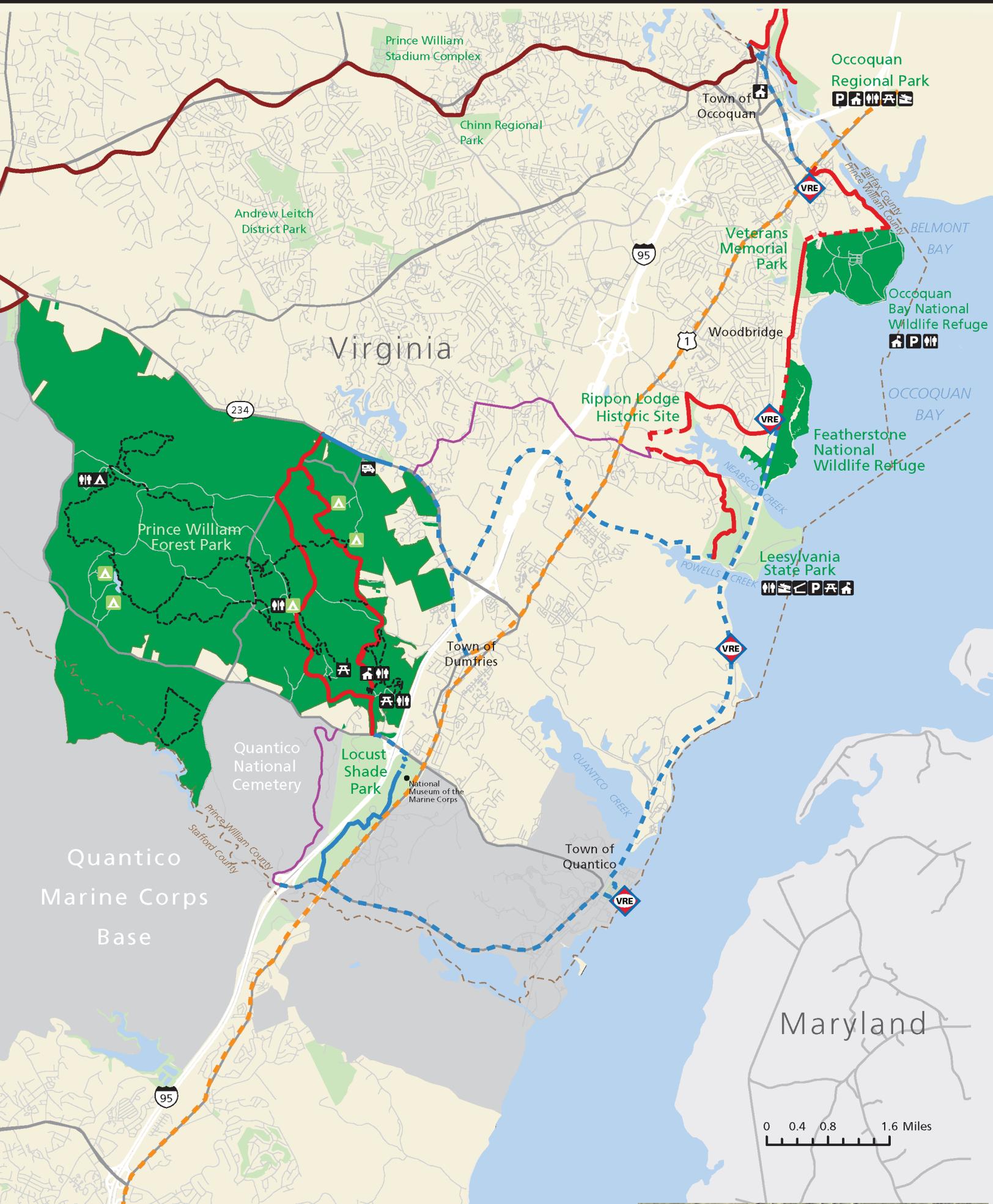
East Coast Greenway Alliance  
<http://www.greenway.org>

Virginia Railway Express  
<http://www.vre.org/>

OmniRide Bus Schedules and Maps  
Potomac and Rappahannock Transportation  
<http://www.prtctransit.org/>

Tidal Potomac River Water Trail Map Set  
[www.dcr.virginia.gov/](http://www.dcr.virginia.gov/)

# Potomac Heritage National Scenic Trail



- Potomac Heritage National Scenic Trail
- Potomac Heritage National Scenic Trail (Proposed)
- Potential Potomac Heritage National Scenic Trail (Existing)
- Potential Potomac Heritage National Scenic Trail (Planned)
- Local, Regional, State & Interstate Trail, Existing
- Local, Regional, State & Interstate Trail, Planned
- US Bike Route 1/ Tidewater Potomac Heritage Bicycling Route

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|------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| <span style="display: inline-block; width: 15px; height: 15px; background-color: green; border: 1px solid black; margin-right: 5px;"></span> Federal             | <span style="display: inline-block; width: 15px; height: 15px; border: 1px solid black; margin-right: 5px;"></span> Boat Launch                  | <span style="display: inline-block; width: 15px; height: 15px; border: 1px solid black; margin-right: 5px;"></span> Restrooms      | <span style="display: inline-block; width: 15px; height: 15px; border: 1px solid black; margin-right: 5px;"></span> Group Camping (Reservation required) |
| <span style="display: inline-block; width: 15px; height: 15px; background-color: lightgreen; border: 1px solid black; margin-right: 5px;"></span> State / County | <span style="display: inline-block; width: 15px; height: 15px; border: 1px solid black; margin-right: 5px;"></span> Campground                   | <span style="display: inline-block; width: 15px; height: 15px; border: 1px solid black; margin-right: 5px;"></span> Picnic area    |                                                                                                                                                          |
| <span style="display: inline-block; width: 15px; height: 15px; background-color: gray; border: 1px solid black; margin-right: 5px;"></span> Military             | <span style="display: inline-block; width: 15px; height: 15px; border: 1px solid black; margin-right: 5px;"></span> Campground (Permit Required) | <span style="display: inline-block; width: 15px; height: 15px; border: 1px solid black; margin-right: 5px;"></span> Parking        |                                                                                                                                                          |
| <span style="display: inline-block; width: 15px; height: 15px; border: 1px solid black; margin-right: 5px;"></span> VRE Station                                  | <span style="display: inline-block; width: 15px; height: 15px; border: 1px solid black; margin-right: 5px;"></span> RV Camping                   | <span style="display: inline-block; width: 15px; height: 15px; border: 1px solid black; margin-right: 5px;"></span> Ranger Station |                                                                                                                                                          |

