Point Reyes National Seashore



Birding at Bear Valley

The Bear Valley area surrounds the park's main visitor center. Check inside with the park rangers to learn about recent interesting sightings. The Bear Valley Visitor Center also contains museum exhibits focusing on park wildlife and their habitats, accessible restrooms, and a bookstore with maps, local checklists, and books.

From the visitor center, proceed in any direction for an excellent day of birding. For instance, across the road, to the east, is a picnic area beneath majestic Douglas firs laden with the acorn woodpecker's beakwork. Just beyond that is the Earthquake Trail, a 0.6-mile-long loop, which passes through a riparian woodland of alders and willows.

The Woodpecker Trail and the Bear Valley Trail begin at the south end of the parking lot. The Woodpecker Trail (1 mile loop) winds through dense forests and open fields. For those with a little more time, the Bear Valley Trail (4 miles one-way) creates a bird watching corridor all the way to the ocean as it passes through riparian zones, fields, forests and coastal scrub.

Resident Birds (present all year - numbers vary)	Resident Birds (continued)	Summer Birds	Winter Birds
Turkey Vulture	Common Raven	Great-blue Heron	Cooper's Hawk
White-tailed Kite	Chestnut-backed Chickadee	Osprey	Sharp-shinned Hawk
Red-shouldered Hawk	Bushtit	Allen's Hummingbird	Merlin
Red-tailed Hawk	Pygmy Nuthatch	Olive-sided Flycatcher	Say's Phoebe
American Kestrel	Brown Creeper	Pacific Slope Flycatcher	Red-breasted Nuthatch
California Quail	Bewick's Wren	Western Wood Pewee	Ruby-crowned Kinglet
Band-tailed Pigeon	Pacific Wren	Tree Swallow	Hermit Thrush
Barn Owl	Western Bluebird	Barn Swallow	Varied Thrush
Great-Horned Owl	Golden-crowned Kinglet	Cliff Swallow	Yellow-rumped Warbler
Western Screech Owl	Hutton's Vireo	Violet-green Swallow	Golden-crowned Sparrow
Anna's Hummingbird	Spotted Towhee	Swainson's Thrush	White-crowned Sparrow
Acorn Woodpecker (abundant)	California Towhee	Warbling Vireo	Lincoln's Sparrow
Nuttall's Woodpecker	Song Sparrow	Wilson's Warbler	Fox Sparrow
Downy Woodpecker	Dark-eyed Junco	Orange-crowned Warbler	Red-Winged Blackbird
Hairy Woodpecker	Brewer's Blackbird	Black-headed Grosbeak	Tri-colored Blackbird
Black Phoebe	Purple Finch	American Goldfinch	
Steller's Jay	House Finch	Bullock's Oriole	
Scrub Jay	Pine Siskin		
American Crow	Black Phoebe		

Migrants

Ash-throated Flycatcher Cedar Waxwing Cassin's Vireo Yellow Warbler Western Tanager Black-throated Gray Warbler