



## Cross-Country Skiing in the Potomac Heritage National Scenic Trail Corridor



### Places...

#### within Laurel Ridge State Park

##### **Laurel Mountain** (near Ligonier, Penn., off Route 31)

- 20+ km of trails
- warming hut & some food
- Nordic Ski Patrol
- 724-238-6568 or see [www.paccca.org](http://www.paccca.org) for conditions

##### **Laurel Ridge Cross Country Ski Center**

see: [www.paccca.org](http://www.paccca.org) or [www.riversportonline.com](http://www.riversportonline.com) (State Park concession)

1117 Jim Mountain Rd, Rockwood PA 15557

phone: 814-395-5744; ski center: 724-455-7303; snow conditions: 724-455-7303

- nestled along a high ridge in western Pennsylvania
- over 30 km of trails from beginner to advanced terrain
- in line track skiing for classical and wider lanes for skate skiing
- weekends offer a taste of the Lucky Dog Cafe located in Confluence, PA with a sampling of taste that ranges from sandwiches, soups, pastries, and great coffees
- ski rentals; ski lessons; changing room; wax room;
- 10km snowshoe trails shared with skiers; snowshoe rentals

#### within Forbes State Forest

<http://www.dcnr.state.pa.us/forestry/stateforests/forbes.aspx>

- Snow conditions: 814-445-8673 (M-F, 8 am - 4 pm)

##### **"North Woods"**

approx. 8 miles east of Donegal on Route 31; left on Tunnel Rd.

- 2 parking areas
- warming hut
- 8 miles of trails; no grooming
- X-C trail maps available at trail heads
- Ski Patrol on weekends

##### **Jones Mill Run/Roaring Run Natural Area**

approx. 6 miles east of Donegal on Route 31; right on Fire Tower Rd.

- four parking areas
- 20 combined miles of trails; no grooming
- X-C trail maps available at trail heads
- Ski Patrol on weekends

##### **Kooser State Park**

<http://www.dcnr.state.pa.us/stateparks/Parks/kooser.aspx>

approx. 6 miles east of Donegal on Route 31

- 2 miles of trails at an altitude of 2,600 feet
- Ski Patrol on weekends
- X-C trail maps available
- cabins for rent by concessionaire; see [www.koosercabins.com](http://www.koosercabins.com) or call 412-720-4074

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## Chesapeake and Ohio Canal National Historical Park

<http://www.nps.gov/choh/planyourvisit/iceskatingandwinteractivities.htm>

- 184.5 miles of towpath, a beautiful winter landscape for cross-country skiing and snowshoeing

## New Germany State Park (Garrett County, Md.)

<http://www.dnr.state.md.us/publiclands/western/newgermany.html>

301-895-5453

- rentals and lessons available through Allegany Expeditions (concession), located in the Recreation Hall when ski conditions are acceptable from 8:30 a.m.-5 p.m. on Fridays, Saturdays and Sundays and holidays
- weekday rentals available by appointment; 800-819-5170 or e-mail [jspn675-aeioffice@yahoo.com](mailto:jspn675-aeioffice@yahoo.com)
- cabins for rent

## Savage River Lodge (near Frostburg, Md.)

<http://www.savageriverlodge.com/recreation>

- 13 miles of trails on 700 acres with Savage River State Forest
- ski rentals and instruction
- cabins & dining

## Wisp Resort Nordic Center (McHenry, Md.)

<http://www.wispresort.com/wisp/info/w.nordic-center.aspx>

- rentals & instruction
- hotel

## Herrington Manor State Park (Garrett County, Md.)

<http://www.dnr.state.md.us/publiclands/western/herringtonmanor.html>

- cabins for rent
- on-site rentals
- instruction and tours: [http://deepcreeklakefamilyactivities.com/maryland\\_cross\\_country\\_ski.html](http://deepcreeklakefamilyactivities.com/maryland_cross_country_ski.html)

## Swallow Falls State Park

<http://www.dnr.state.md.us/publiclands/western/swallowfalls.html>

- instruction and tours: [http://deepcreeklakefamilyactivities.com/maryland\\_cross\\_country\\_ski.html](http://deepcreeklakefamilyactivities.com/maryland_cross_country_ski.html)

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## Organizations & more information...

### Potomac Appalachian Trail Club Ski Touring Section

<http://www.patc.us/chapters/ski/>

- organized group trips where there is snow, far and near
- instruction on learn-to-ski trips and at ski touring centers at various trip locations
- The Upslope newsletter & an electronic listing for communicating information of interest to the cross country skiers
- periodic meetings, socials, and opportunities to volunteer

### Pennsylvania Cross-Country Skiers Association

<http://www.paccca.org>

### Appalachian Telemark Organization

<http://www.telemarker.org/index.html>

### Explore PA Trails

<http://www.explorepatrails.com/>

### North American Telemark Organization

<http://www.telemarknato.com/>

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Compiled from various Web sites noted above. Please send additions and corrections to [phnst@nps.gov](mailto:phnst@nps.gov).



Potomac Heritage National Scenic Trail Office

National Park Service

[www.nps.gov/pohe](http://www.nps.gov/pohe)

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