

Potomac Heritage Trail

National Park Service
U.S. Department of the Interior



George Washington Memorial Parkway
Potomac Heritage National Scenic Trail
Virginia

Plan Your Visit

There are many ways to access the **Potomac Heritage Trail (PHT)**, including from trails within adjacent parks. Parking is often limited. Please use caution along hiking trails and be prepared for rugged terrain.

Local Resources:

George Washington Memorial Parkway
www.nps.gov/gwmp
703-289-2500

Potomac Heritage National Scenic Trail
www.nps.gov/pohe

Fairfax County Park Authority
www.fairfaxcounty.gov/parks

Arlington County Parks and Recreation
parks.arlingtonva.us

Northern Virginia Parks
www.novaparks.com

Plan Your Transit:

Washington Metropolitan Area Transit Authority (Metro)
www.wmata.com

Arlington Transit
www.arlingtontransit.com

Capital Bikeshare
www.capitalbikeshare.com

Potomac Heritage NST network



The Potomac Heritage Trail within the Parkway is a segment of the Potomac Heritage National Scenic Trail, a trail network between the mouth of the Potomac River and the Allegheny Highlands.

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| George Washington Memorial Parkway | Bike share station |
| Potomac Heritage Trail (George Washington Memorial Parkway) | Information |
| Other Potomac Heritage NST segments | Metro |
| Other trails and routes | Parking |
| Rapids and hazardous area | Restrooms |



To assist with trail maintenance, contact the Potomac Appalachian Trail Club at www.patc.net and George Washington Memorial Parkway at www.nps.gov/gwmp/contacts.

