



## Lake Constance Wilderness Destination

Official Website: [www.nps.gov/olymp](http://www.nps.gov/olymp)

Olympic National Park is one of the wildest places left in the contiguous United States. In 1988, Congress designated 95% of Olympic as wilderness to further protect the wild areas of the park from development. Congress defines Wilderness as “...an area where the earth and its community of life are untrammelled by man, where man himself is a visitor and does not remain.” These areas “shall be administered for the use and enjoyment of the American people in such a manner as will leave them unimpaired for future use and enjoyment as wilderness...” Learn more about your National Wilderness Preservation System at [www.wilderness.net](http://www.wilderness.net).

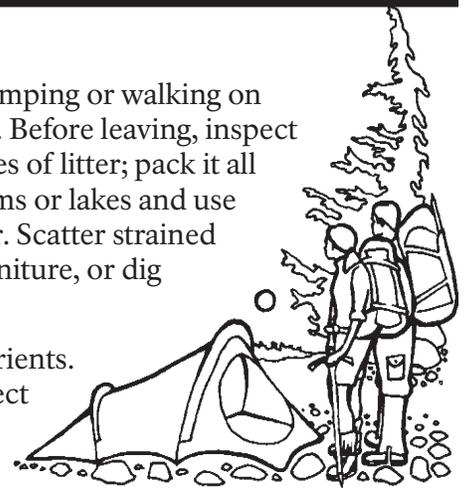
Each year, nearly 40,000 people camp in the Olympic Wilderness. Because of the large number of people, each of us should take the time to consider what effect our actions have on wildlife, plants, other visitors and the overall wildness of Olympic National Park.

## Camping

Leave No Trace: Camping is allowed in designated sites only, year-round. Camping or walking on fragile subalpine vegetation will destroy it. Please stay on trails, rock or snow. Before leaving, inspect your campsite and rest areas for trash, spilled foods and even the tiniest pieces of litter; pack it all out. To wash yourself or dishes, carry water at least 200 feet away from streams or lakes and use small amounts of biodegradable soap; soap will not biodegrade in cold water. Scatter strained dishwater. Leave the wilderness as you found it - do not build structures, furniture, or dig trenches.

Fires: Subalpine forests and meadows need dead and decaying wood for nutrients. Because of the scarcity of wood, fires are prohibited above 3,500 feet to protect fragile plants and soils. Campfires are prohibited at Lake Constance; utilize camp stoves only.

Toilets: Composting toilets are available at Lake Constance. You can help the composting process by not urinating in these toilets. Elsewhere, bury all human waste 6-8 inches deep and 200 feet from campsites or water. Please pack out your toilet paper. Always urinate on trails or rocks 200 feet from campsites or water to prevent animals from pulling up urine-soaked vegetation.



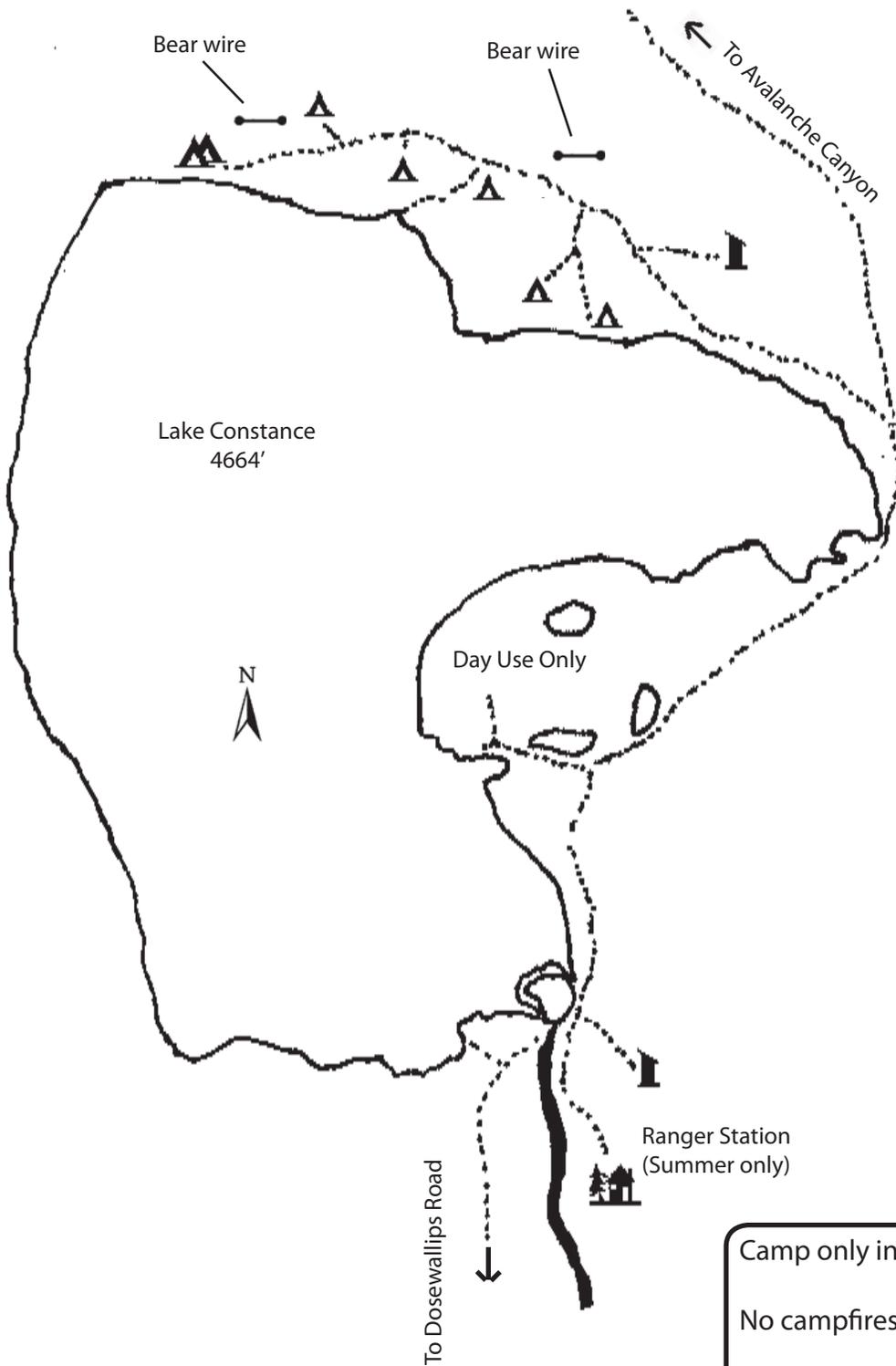
## Special Concerns

Wildlife: Bear wires are available at Lake Constance. Make sure your food, garbage and scented items are hung from wires 24 hours a day. Never store your food in your tent or pack while in camp. If you do not secure your food you may be endangering yourself, your gear, other campers, bears and other wildlife. When wildlife obtain human food they become habituated to raiding campsites and lose their fear of humans. These animals will become aggressive, rummage through campsites and damage property, which may eventually lead to their demise. Food storage regulations are strictly enforced. Observe wildlife from a distance. Do not feed, follow or approach them.

Trail Etiquette: Respect other visitors and protect the quality of everyone's experience. Do not walk through others' campsites. Let nature's sounds prevail; keep noise to a minimum.

Safety: This trail is a very steep, strenuous hiking trail. Carry plenty of water and watch your footing.

Other Regulations: Firearms are legal to possess in accordance with Washington State Law. USE OF FIREARMS in Olympic N.P. is prohibited. Pets and wheeled vehicles are prohibited on park trails and in the backcountry.



	Ranger Station
	Campsite
	Group site
	Toilet

Trail Profile		
Location	Miles	Elevation
Trailhead	0.0	1,400 feet
Creekbed	1.5	3,900 feet
Lake Constance	2.0	4,664 feet

Camp only in designated sites.

No campfires!

Always use bear wires. Never store food in your tent!

Avoid revegetation areas.