



O lau tapenaga mamao mo Galu Lolo *What You Can Do Before the Next Tsunami*

Tapenaga *Be Prepared*



- Ia iloa lelei le auala savali lavea'i mo taimi o fa'alavelave fa'afuase'i—ia fa'ata'ita'i le savalia o le auala savali lavea'i i le po ma taimi e loulouā ai le tau.
- Tāpena lelei se ato (o lo'o iai mea e fa'aaogā i taimi fa'afuase'i mo le lavea'ina o lou soifua) e lata i le faitoto'a.
- Talatalanoa i lou aiga ma ou tuāoi, i fuafuāga mo taimi o fa'alavelave-e ono tutupu-fa'afuase'i.
- Ia iai se letiō o lo'o iai tala o le tau (NOAA Weather Radio) i le fale po'o le ofisa o lo'o e faigaluega ai.
- Fai se maliliega ma lou tuāoi mo se fesoasoani e mana'omia (pe a fa'atunuina e tu'ua lou aiga).
- Know the best evacuation route—practice walking your route at night and in stormy weather with a flashlight.
- Keep a “grab and go” kit by the door with what you need to survive for a day.
- Discuss emergency plans with family and neighbors.
- Have a NOAA Weather Radio at home and work.
- Prearrange assistance from neighbors if you need help evacuating.

Lau Ato *Grab and Go Kit*



- Fagu Vai (1 Kalone/tagata/i le aso)
- Mea ai tuu apa/Mea tatala apa
- Mea mo le soifua-maloloina ma ma'i tumau:
 1. Fuāla'au mo gasegase
 2. Lisi o fuala'au, ma nisi mea tāua mo lou soifua
 3. Mea totino/ mea fulu lima,pepa fale ta'ele,fasimoli
 4. Ato lavea'i mase api
- Mea a'i ma fagu susu a le pepe, napikini e sui ai
- Kopi o pepa tāua (tusifolau, asofanau, pepa inisua, pepa falema'i)
- Aumai ni lavalava ma se'evae
- I'e afu mafanafana
- Fa'aiali
- Tupe fa'aleoleo
- Ki fa'aleoleo ole ta'avale
- Lisi o numera telefoni mo fa'alavelave tutupu fa'afuase'i
- Afi tusi po'o se afi penisini
- Leitiō e iai ma'a fa'aleoleo
- Ufi fofoga mo le pefu & totigilima
- Taga lapisi
- Moli uila ma ma'a
- Meatotino e saogalemu ai
- Bottled water (1 gallon/person/day)
- Canned food/Can opener
- Medical and health items:
 1. Medications
 2. List of medications, allergies, and special needs
 3. Personal supplies—soap, toothbrush/toothpaste, personal hygiene items
 4. First aid kit and handbook
- Items for infants (diapers, bottles)
- Copies of important papers (passport, birth certificate, medical insurance,and medicare cards)
- One change of clothes and footwear
- Blanket
- Whistle (to alert rescuers to your location)
- Emergency cash
- Extra set of car keys
- List of emergency contact phone numbers
- Lighter or matches
- Radio with extra batteries
- Dust mask and gloves
- Garbage bags
- Flash lights and batteries
- Comfort items