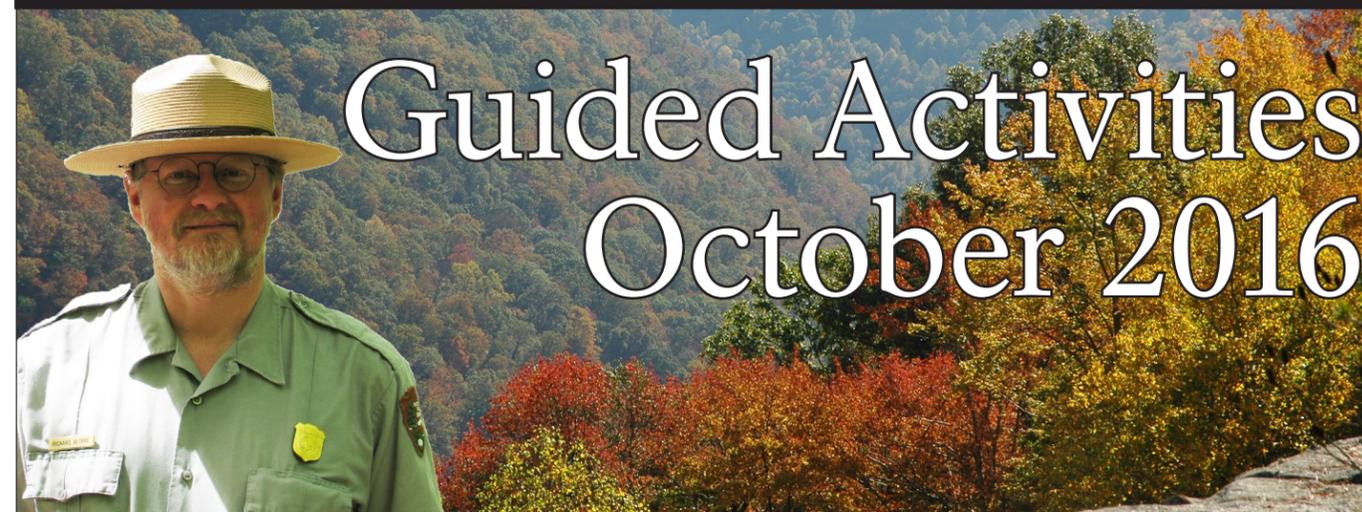


Guided Activities October 2016 * Reservations required (call 304-894-2129 or email getactiveinthepark@gmail.com)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1 • 10:00 am Bluestone Walk • 10:00 am Rend NRG 100 Mile Challenge Hike • 3:00 pm National Parks Matinee • 4:00 pm Step Back in Time Thurmond Walk
2	3	4	5	6	7	8 • 10:00 am Bluestone Walk • 3:00 pm National Parks Matinee
9	10	11 • 7:30 am North Bridge Trail Build Part 2	12 • 7:30 am North Bridge Trail Build Part 2 • 6:00 pm Beginner Mountain Biking Clinic	13 • 7:30 am North Bridge Trail Build Part 2	14 • 7:30 am North Bridge Trail Build Part 2 • 10:00 am National Fossil Day	15 • 10:00 am Junior Ranger Station • 3:00 pm National Parks Matinee
16	17	18	19	20	21	22 • 8:00 am Arrowhead Volunteer Trail Work Day • 3:00 pm National Parks Matinee
23	24	25	26	27 • 5:00 pm *Cooking Class: Venison 101	28	29 • 3:00 pm National Parks Matinee • 6:30 pm Haunted History Hike
30	31	1	2	3	4	5

New River Gorge National River
 Gauley River National Recreation Area
 Bluestone National Scenic River

National Park Service
 U.S. Department of the Interior



Explore Autumn!

CELEBRATE THE WONDERS OF THE SEASON IN NEW River Gorge National River, Gauley River National Recreation Area, and Bluestone National Scenic River. Join a ranger or park partner for FREE hikes, talks, and other programs. These guided activities provide an opportunity to learn about the natural world around us and the people who shaped history in these local National Park Service sites. Each program highlights a richness of America's heritage, places to #findyourpark.



Park Visitor and Education Centers

Canyon Rim Visitor Center, Lansing 304-574-2115
 Open daily 9:00 am - 5:00 pm

Thurmond Depot Visitor Center, Thurmond 304-465-8550
 Open weekends only through October 23, 10:00 am - 5:00 pm
 October 24 - closed for the season

Grandview Visitor Center, Grandview 304-763-3715
 Closed for the season

Sandstone Visitor Center, Sandstone 304-466-0417
 Open daily 9:00 am - 5:00 pm

Camp Brookside Environmental Education Center, Brooks
 Open during guided programs only

Websites
www.nps.gov/neri www.nps.gov/gari www.nps.gov/blue

2016

National Park Service
 CENTENNIAL

NATIONALPARKS.ORG

FIND YOUR **PARK**

FINDYOURPARK.COM

Leave No Trace in the Parks

Each of us can help care for parks during our visit. Think safety first and practice Leave No Trace Outdoor Ethics to play lightly on the land and respect others too.

www.lnt.org 1-800-332-4100

New River Gorge Junior Ranger

Would you like to earn a badge while in this park? The Junior Ranger program is a fun way to learn what makes this park special.

www.nps.gov/neri/learn/kidsyouth/beajuniorranger

New River Gorge 100 Mile Challenge

Celebrate 100 years of the National Park Service by hiking 100 miles in New River Gorge National River in 2016. Awards!

www.nps.gov/neri/planyourvisit/new-river-gorge-100-mile-challenge

October 2016 Activity Descriptions

(Alphabetical by activity name)

- All programs are FREE unless otherwise noted.
- *Reservations (RSVP) are required for some activities. **Call 304-894-2129 or email getactiveinthepark@gmail.com in advance of activity.**
- Wear comfortable walking or hiking shoes for all hikes.
- Water, snack, camera, and binoculars are other useful tools to bring along.

Stop by or contact any park visitor center for updates to this month's activity schedule. Additional adventures may be scheduled.

Location of programs conducted at Camp Brookside Environmental Education Center: 309 North Mullens Road, Brooks, West Virginia

Arrowhead Volunteer Trail Work Day

October 22, 8:00 am to 4:00 pm
Location: Arrowhead trailhead parking area at the end Kaymoor No. 1 Road, off Gatewood Road near Fayetteville.

Help care for the Arrowhead trails, including drain clearing and tree debris clean up. Bring plenty of water and lunch/snacks. Wear long sleeves, pants, and boots. Work gloves will be provided or bring your own. An appreciation cookout will follow the day's work.

Beginner Mountain Biking Clinic

October 12, 6:00 to 7:30 pm
Location: Camp Brookside
Learn basic mountain biking techniques. Must be 14 years or older. Bikes and helmets will be provided.

Bluestone Walk

October 1 and 8, 10:00 to 11:30 am

Location: base of Pipestem Resort State Park tramway

Meet a ranger at the bottom of Pipestem's tramway for a walk in Bluestone National Scenic River. Enjoy the flora and fauna of the area and discover regional history. Bring \$2.25 for the return tram ride. 2 miles.

*Cooking Class: Venison 101

October 27, 5:00 to 8:00 pm
Location: Camp Brookside
Learn how to properly clean, transport, and prepare deer meat in this hands-on workshop conducted by WVU Extension Agents. Get useful tips on safe handling and preparation of meat while tasting venison jerky and other recipes. RSVP required.
Haunted History Hike

October 29, 6:30 to 8:30 pm. 2 miles
Location: Rend Trail parking area on Route 25 near Thurmond. 2 miles.
Hear how local history connects to the legends and superstitions of Appalachia on this hike into the dark of night. Bring a flashlight.

Junior Ranger Station

October 15, 10:00 am to 4:00 pm
Location: Canyon Rim Visitor Center, Lansing



Arrowhead Trails volunteer. NPS

Have fun learning about national parks as you earn a Junior Ranger badge. Come and go as you please, as you complete fun activities to build your discoveries of nature, history, and outdoor fun.

National Fossil Day

October 14, 10:00 am to 4:00 pm
Location: Canyon Rim Visitor Center in Lansing.

Come and go as you please for this celebration for paleontology and geology, West Virginia's prehistoric times. Learn about the formation of our modern world through hands-on discovery of fossils and fossil replicas. National Park Service and U.S. Forest Service rangers help guide you through this story of time.

National Parks Matinee

Every Saturday in October, 3:00 to 4:00 pm
Location: Canyon Rim Visitor Center, Lansing
Celebrate 100 years of the National Park Service with a close up look at these special places across America. Each park has its own story to discover.

North Bridge Trail Build Part 2

October 11 - 14, 7:30 am to 4:00 pm
Location: American Alpine Campground in Ames Heights. Turn onto Ames Heights Road ½ miles north of the New River Gorge Bridge off Route 19 near Fayetteville, then travel ¾ mile and turn left onto Burma Road; campground is on the left.
Help continue work building the North Bridge Trail, a climber access trail. Use rigging as you team with others to create ramps and stairs on a rock slab section of this trail. Volunteer for one or more days, joining park staff, The Access Fund, and New River Alliance of Climbers to further this important trail construction work.



Thurmond Historic District. NPS



Bring plenty of water and lunch/snacks. Wear long pants and work boots. Work gloves and safety glasses will be provided or bring your own.

Rend NRG 100 Mile Challenge Hike
October 1, 10:00

am to 1:00 pm
Location: Rend Trail parking area on Route 25 near Thurmond. 3 miles.
Start your day with a hike along a mountain stream. Explore local stories of history as we hike this old Rend railroad line, plus discover the beauties of autumn plants too.

Step Back in Time Thurmond Walk
October 1, 4:00 to 6:00 pm.
Location: parking area (road fork)

just before the bridge over New River near Thurmond on Route 25. 1.5 mile walk. Feel like you're taking a step back in time as you walk the bridge to Thurmond, tour the depot, and the historic district of this once thriving railroad town, the heart of the New River Gorge.

Somewhere, something incredible is waiting to be known.

Carl Sagan
American Scientist and Educator



Hauling the Coal © Patrick Hutchinson. 2016 Hidden History Photo Contest Best in Show - adult.

Hidden History Photo Contest

See the winning photographs of the 2016 Hidden History Photo Contest at Tamarack in Beckley in October (open daily 8:00 am - 8:00 pm). This exhibit celebrates southern West Virginia's rich cultural heritage. This contest was open to West Virginia amateur photographers.

