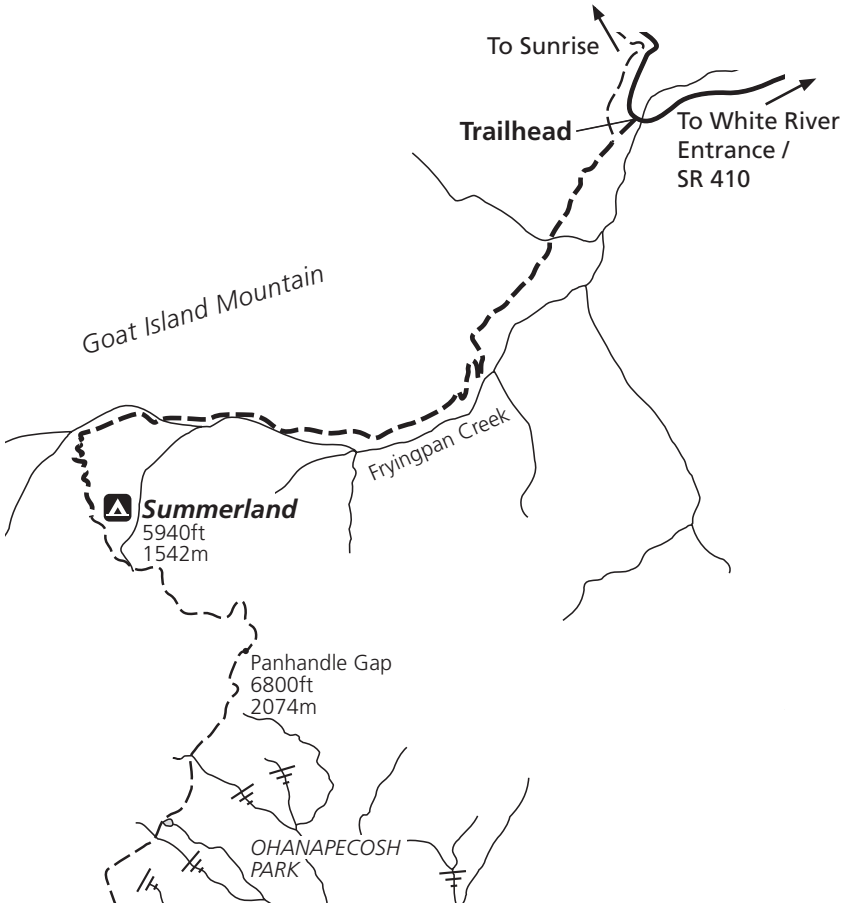
Summerland



This popular trail leads hikers through lowland forests to subalpine meadows along a section of the 93-mile (150 km) Wonderland Trail. Avid climber and explorer E. S. Ingraham named this area during one of his many visits to the mountain.

Do not feed or approach wildlife.
Pets and bicycles are not allowed on park trails.
Do not pick flowers or collect other park resources (rocks, wood, etc.).
Carry the "10 Essentials" and Leave No Trace of your visit.
Use a topographical map.
Permit required for wilderness camping.

Trail Description

Round-trip Distance:
8.5 miles (13.7 km)

Elevation Gain:
1,500 feet (457 m)

Hiking Time Round-trip:
4-5 hours

Difficulty Level:
Moderate

Wilderness Camp:
Summerland

Trailhead: Drive through the White River Entrance and proceed 3 miles (4.8 km) to a parking area next to the Fryingpan Creek bridge. The trailhead is across the road. Parking space is limited and fills early on sunny summer days. Have an alternate hike in mind if parking space is not available.

Along the Trail

The variety of subalpine wildflowers, panoramic views of Mount Rainier and Little Tahoma, and frequent sightings of mountain goats and elk herds make this hike extremely popular.

Please stay on the maintained trail through the Summerland area to protect the fragile vegetation of these meadows.