Eastside Trail

This extensive route connects the subalpine highlands of Chinook Pass and Tipsoo Lake with the deep, lowland forests of the Ohanapecosh area by following the Chinook Creek and Ohanapecosh River drainages.

Many hikers choose to begin at the trail's upper end and complete the entire trail as a one-way, downhill trip from Chinook Pass to Ohanapecosh. However, trailheads provide access to the trail at several locations along its length, allowing day-hikers to enjoy shorter sections of the trail. Refer to the map on the reverse side for details.

Trail Description

One-way Distance (Chinook Pass to Ohanapecosh): 13.3 miles (21.4 km)

Elevation Change (Chinook Pass to Ohanapecosh): 3,532 feet (1077 m)

Hiking Time One-way:
6 hours

Difficulty Level:
Moderate, although steeper sections exist between Deer Creek and Tipsoo Lake

Wilderness Camp: Deer Creek

Pets are not permitted on park trails or in off-trail areas.

Trailheads

Chinook Pass: Park at the parking area adjacent to the park boundary on SR 410, next to the Pacific Crest Trail's pedestrian footbridge.

Tipsoo Lake: Park at the Tipsoo Lake picnic area, 0.5 mile (0.8 km) west of Chinook Pass on SR 410.

Owyhigh Lakes Trail: Park on SR 123 at the small roadside pulloff about 200 feet (61 m) south of the trailhead. Follow the Owyhigh Lakes Trail 0.4 mile (0.6 km) downhill, past Deer Creek Falls, to join the Eastside Trail.

Grove of the Patriarchs/ Stevens Canyon Road: Park in the parking lot at the Grove of the Patriarchs trailhead on Stevens Canyon Road.

Ohanapecosh: Park in the parking areas adjacent to the Ohanapecosh Visitor Center and Campground.

Along the Trail

The upper section of the trail showcases a prime example of the park's delicate subalpine ecosystem as it winds through the meadows and patchy forest surrounding Tipsoo Lake. **Please stay on the trail to protect these fragile meadows!**

The remainder of the trail follows the courses of Chinook Creek and the Ohanapecosh River. Outstanding examples of old-growth forest are seen in all life zones along the trail—subalpine, mid-mountain, and lowland forest. Take the spur trail into the Grove of the Patriarchs to view a cathedral of ancient trees, some over 1,000 years old.

Enjoy the refreshing sights and sounds of numerous waterfalls cascading down the canyons. Late-season hikers might hear elk bugling in the forest amidst colorful fall foliage.

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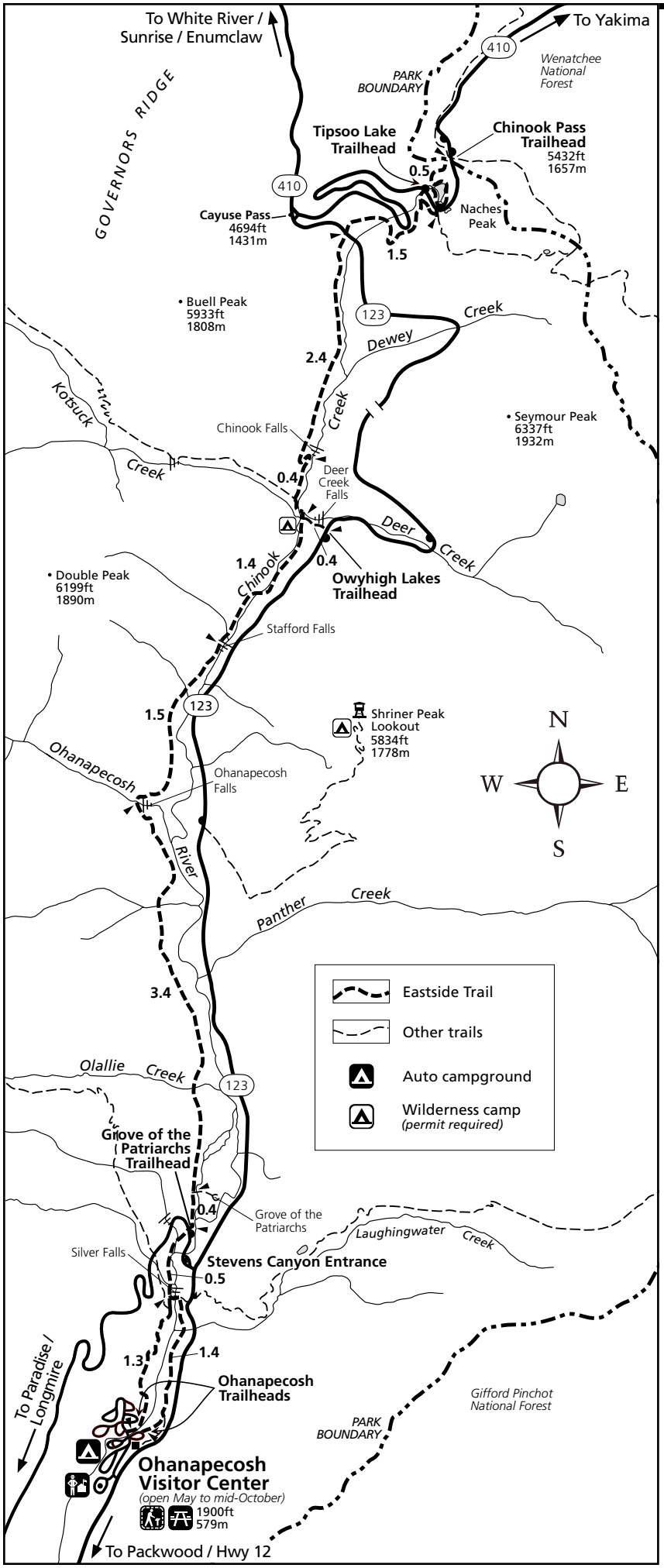

Eastside Trail mileages

Trail segment	Point-to-point mileage	Cumulative mileage
Chinook Pass to Tipsoo Lake	0.3	0.3
Tipsoo Lake to SR 410 crossing	0.2	0.5
SR 410 crossing to SR 123 crossing	1.5	2.0
SR 123 crossing to Chinook Falls	2.4	4.4
Chinook Falls to Deer Creek/Owyhigh Lakes Trail junction	0.4	4.8
Deer Creek/Owyhigh Lakes Trail junction to Stafford Falls	1.4	6.2
Stafford Falls to Ohanapecosh Falls	1.5	7.7
Ohanapecosh Falls to Grove of the Patriarchs junction	3.4	11.1
Grove of the Patriarchs junction to Grove of the Patriarchs trailhead/ Stevens Canyon Road	0.4	11.5
Grove of the Patriarchs trailhead/Stevens Canyon Road to Silver Falls Loop Trail junction	0.5	12.0
Silver Falls Loop Trail junction to Ohanapecosh...		
...via west side of loop	1.3	13.3
...via Silver Falls and east side of loop	1.4	13.4

Do not feed or approach wildlife.
Pets and bicycles are not allowed on park trails.
Do not pick flowers or collect other park resources (rocks, wood, etc.).
Carry the "10 Essentials" and Leave No Trace of your visit.
Use a topographical map.
Permit required for wilderness camping.