

# Trek to Taste

## on the Trails of Woodstock, Vermont

### NATIONAL TRAILS DAY

Saturday, June 8, 2013  
10 AM to 3 PM

**WALKS  
FOR ALL AGES  
& ABILITIES**

### **LOCAL FARM FRESH TREATS**

**in Vermont's National Park  
and Woodstock's  
Town Parks**



# Trek to Taste

Walking is a great way to stay fit, meet friends, and enjoy the outdoors! On June 2, join us for guided walks starting at 10:30 AM and Noon or grab a map and venture out on your own—along the way sample delicious, heart-healthy foods from local producers. Dogs on leashes are welcome to join the fun!

## Begin at the Forest Center

After parking at the Billings Farm & Museum (overflow parking across the street), join us at the national park's Forest Center to start your journey.

Enjoy trail treats prepared by Upper Valley students who have been studying local food and farms.

## Walk to Purple Crayon & Mt. Tom Farmer's Market

This family-focused walk features nature activities, trail games, creative crafts, and a chance to buy some of the freshest food in Woodstock. 10:00AM - 1:00PM.

**1 mile EASY!**

## Hike to the Nordie Ski Cabin

Follow the historic Mount Tom carriage roads through the heart of the national park to the Youth Base for Trek to Taste. Join the Woodstock Union Middle/High School Farm to School team for wood-fired pizza, games, and merriment.

**2 miles MODERATE!**

## Trek to South Peak

It's the best view around! At the top, you will be rewarded with gourmet tastings of food from local farmers and food producers provided by members of Sustainable Woodstock.

**4.5 miles HEARTY!**

## Return for an Ice Cream Celebration

Choose one, two or all three of these walks. Then reward yourself with a treat at the Forest Center with music by Billy Wylder. 1:00 - 3:00 PM.

**RELAX!**

**Trek to Taste thanks its funding partners in bold and is a project of many, including:**

Appalachian Trail Conservancy • **Billings Farm & Museum** • **Billings Park Commission, Town of Woodstock** • Bloods Tent Rental • Change the World Kids • Covered Bridges Half Marathon • Green Mountain Club • **King Authur Flour** • **Marsh-Billings-Rockefeller National Historical Park** • Mount Tom Farmers Market • **Mount Tom Road to the Pogue Race** • **Mountain Creamery** • **National Park Foundation** • Northeast Organic Farm Association-VT • **Ottawaquechee Health Foundation** • Ottawaquechee Community Partnership • Ottawaquechee Natural Resources Conservation District • Pentangle Arts Council • **Purple Crayon Productions** • Solar Hartland • **Sustainable Woodstock** • **Upper Valley Farm to School Network** • Upper Valley Trails Alliance • Vermont Institute of Natural Science • Vital Communities • **Wellborn Ecology Fund** • Woodstock Area Chamber of Commerce • Woodstock History Center • Woodstock Inn & Resort Nordic Center • Woodstock Trails Partnership

**And the following Upper Valley Farm to School teams:**

Barnard Elementary School • Bridgewater Village Elementary School • Pomfret Elementary School • Reading Elementary School • Sharon Elementary School • South Royalton School • Weathersfield School • White River School • Woodstock Elementary School • Woodstock Middle and High School • Upper Valley Waldorf School

FOR ADDITIONAL INFORMATION, SEE US AT:

[www.trektotaste.info](http://www.trektotaste.info)

