



### **Nathanael Franks**

I wouldn't say I live the average lifestyle of most 18 year-olds. I milk goats in the morning, bring sardines, herring, and figs to school for lunch, and memorized the periodic table of the elements on a bus ride to the coast. In the spirit of Lewis and Clark, I enjoy exploring new and somewhat lesser known activities, such as schwingen (Swiss wrestling), Mazamas mountaineering, and the 14 foot-long alphorn. My days are often so saturated with activities that I forget what it needs most: water. In writing my essay, I wanted to extend a small tribute to the substance that allows my life to flow.