

Lake Mead

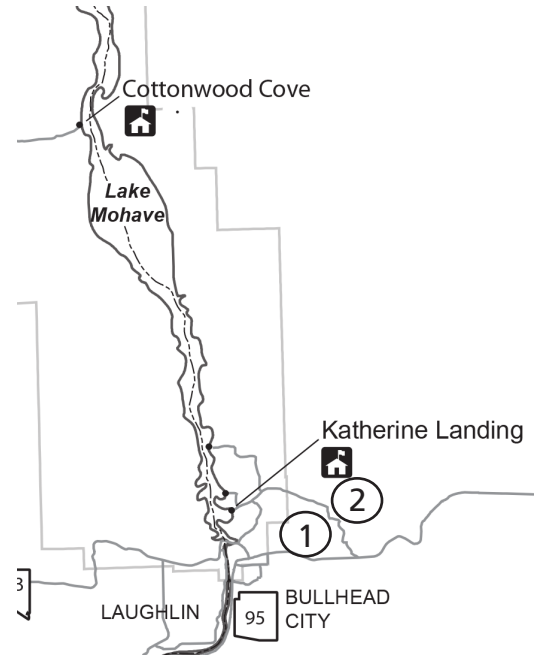


Lake Mohave Hikes

Most visitors come to Lake Mead National Recreation Area to play in the clear waters of Lake Mead and Lake Mohave, but, only 13 percent of Lake Mead National Recreation Area's 1.5 million acres is water. The rest of the land is desert. Hiking in the fall, winter and spring seasons is the best way to explore the unique landscape around Lake Mohave.

The hikes at Katherine Landing give you opportunity to experience the natural landscapes of sand dunes and protected coves.

The strenuous hikes in the White Rock Canyon area are only open seasonally.



1. Fisherman's Trail

1.9 miles (2.8 km) round trip
35 ft. elevation change
Natural Earth Surface
Easy

The trailhead is located southeast of the Katherine Landing launch ramp. There is parking available at the boat rental and repair shop. The trailhead is just behind the shop. This route follows the southern outline of the harbor. There are majestic views of the surrounding mountains and Colorado River. There is an impressive sand dune where evidence of Mojave Desert wildlife can be found. The trail ends when you come out of the mesquite trees and reach the sandy beach at Ski Cove.

2. Lake View

4.7 miles (7.6 km) round trip
115 ft. elevation change
Natural Earth Surface
Moderate

The parking area for this trail is located next to the Katherine Landing day-use picnic area. This hike provides opportunities to take in the beautiful mountainous landscape and to look closely at creosote, brittle bush and other Mojave Desert plants. The trail winds from views of the harbor within this area of Lake Mohave through the Mojave Desert and all the way to Telephone Cove.



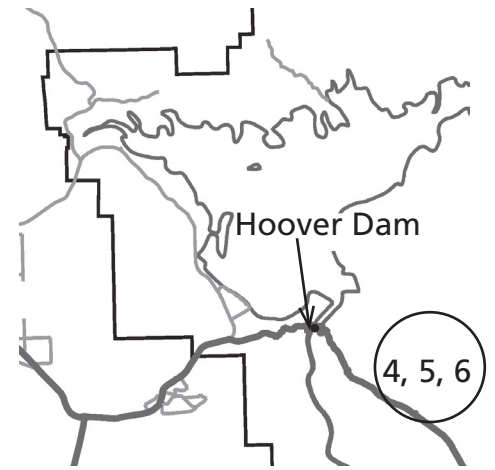
Great Tips for a Fun and Safe Day

- Carry at least one gallon of water per person, and drink often.
- Wear sturdy and comfortable shoes.
- Use sunscreen liberally.
- Wear a hat and sunglasses.
- Wear a long-sleeved shirt.
- Never hike alone.
- Tell someone where you are going and when you plan to return.
- Set a nice easy pace, take your time and enjoy the scenery.
- Please pack out all trash and food scraps.
- Remember to take only pictures and leave only footprints.

The following trails share a trailhead located just off U.S. Highway 93, south of Hoover Dam before mile post 4.

These hikes are considered strenuous or very strenuous. During the summer, the park experiences VERY high temperatures - even at night.

Heat exhaustion and dehydration are a deadly combination and can occur very quickly.



For your safety, these trails are closed May 15 - September 30.

4. Liberty Bell Arch

5.5 miles (8.9 km) round trip
275 ft. elevation change
Natural Earth Surface
Strenuous

The trail follows a wash and old roads over hills and down through canyons. Hikers will pass the remains of an old WWII-era mine before reaching an impressive natural arch and Colorado River overlook.

6. White Rock Canyon

6.5 miles (10.5 km) round trip
885 ft. elevation change
Natural Earth Surface
Very strenuous

This route to the Arizona Hot Spring near the Colorado River runs 2.75 miles down a deep, narrow, geologically interesting canyon to the Colorado River. It turns to head downstream for .5 miles to Hot Spring Canyon, which is the next major canyon, and ascends that canyon for about 5 minutes to a 20-foot waterfall and a ladder. Climbing the ladder brings hikers to the Arizona Hot Spring.

5. Arizona Hot Spring

5.0 miles (8.1 km) round trip
750 ft. elevation change
Natural Earth Surface
Very strenuous

This is a strenuous hike to a hot spring near the Colorado River. This hike can be combined to make a loop going through the hot spring and down a ladder to the White Rock Canyon trail. With a 750-foot elevation change and some steep scrambling, this hike is considered very strenuous.



Although springs, especially hot springs, are safe and fun to relax in, there is a slight danger from a rare and lethal amoeba called *Naegleria fowleri*. This is not to say you cannot enjoy the springs at Lake Mead National Recreation Area; just take some simple precautions. The amoeba enters the body through the nose only; it will not harm you if swallowed. Keep your head above water to prevent any infection.
