

BETTER HEALTH BAYOU



Saturday
November 15
11:00am-3:00pm

Barataria Preserve

*6588 Barataria Blvd. Marrero
5 miles past Ames Blvd.*

Free & Fun

ACTIVITIES

- 11:00am-3:00pm Health Screenings
by Ochsner West Bank
- 11:00am-3:00pm Animal Olympics Fun
& Games
- noon Family-Friendly Trail Walk (one mile)
- 12:15-1:00pm Yoga in a Chair -
with Jazz Music!
- 1:00pm Family-Friendly Trail Walk (one mile)
- 1:15-2:00pm Let's Move Outside -
Dance Class for All Ages
- 2:00pm Family-Friendly Trail Walk (one mile)

HEALTH TIPS & INFORMATION

Tulane Diabetes Center
LSU Agricultural Center
West Jeff Family Doctors
Walgreens Get Healthy Crew
Boy Scouts of America

For More Information

504.689.3690

Ext. 10

www.nps.gov/jela

