

## Hours

**All parking lots are open** at 7 a.m., except West Beach and Dorothy Buell Memorial Visitor Center. The visitor center parking lot is open 24 hours a day. West Beach is open 9 a.m., Memorial Day through Labor Day. The rest of the year West Beach opens at 7 a.m. Visitors without vehicles can enjoy West Beach beginning at 6 a.m. **All sites close at dusk.** Central Beach's parking lot and facilities are closed mid-November through mid-April.

**Dorothy Buell Memorial Visitor Center is open daily**, except Thanksgiving, Christmas, and New Year's Day.

## Fees

**West Beach** fees are charged in the summer only: \$6 per car, \$30 per bus, \$1 per pedestrian or bicyclist. Fees are not charged at other sites.

## Facilities and Activities

**Restrooms** are available at all sites, except the Heron Rookery, Calumet Bike Trail, and Miller Woods on the weekends.

**Showers** are available at West Beach.

**A picnic shelter** is available at West Beach, Lake View, Bailly/Chellberg, and Ly-co-ki-we. Cooking is allowed in provided grills or in approved grills.

**Swimming** is allowed at all beaches; only West Beach has lifeguards.

**Parking** is plentiful at West Beach but limited at other beaches.

West Beach, Porter Beach, Dunbar Beach, Chellberg Farm, and Dorothy Buell Memorial Visitor Center are **accessible**. The paved Calumet Dune Trail is accessible.

## Regulations

**Alcohol** is prohibited at West Beach and Porter Beach.

**Pets** are prohibited on all beaches from Memorial Day through Labor Day, except Mount Baldy and Central Beach. Pets are prohibited year-round at Porter Beach and the Ly-co-ki-we trail. Pets must be on a leash of a maximum length of six feet.

**Glass containers** are not allowed at any beaches.

## Safety

**Summer:** Stay out of the water when there is debris, high breaking waves, or deadly rip currents. Prevent heat-related illnesses by drinking lots of water, staying in the shade, and taking it easy on hot days.

**Spring:** Prevent tick bites by avoiding low lying bushes; wearing light-colored, long-sleeved shirts, and tucked-in pants; and conducting frequent tick checks.

**Fall:** Prevent bee stings by not wearing sandals when walking through grass. Avoid wearing perfumes and bright, flowered prints. Never swat at flying insects. Check beverage cans for insects before drinking from them.

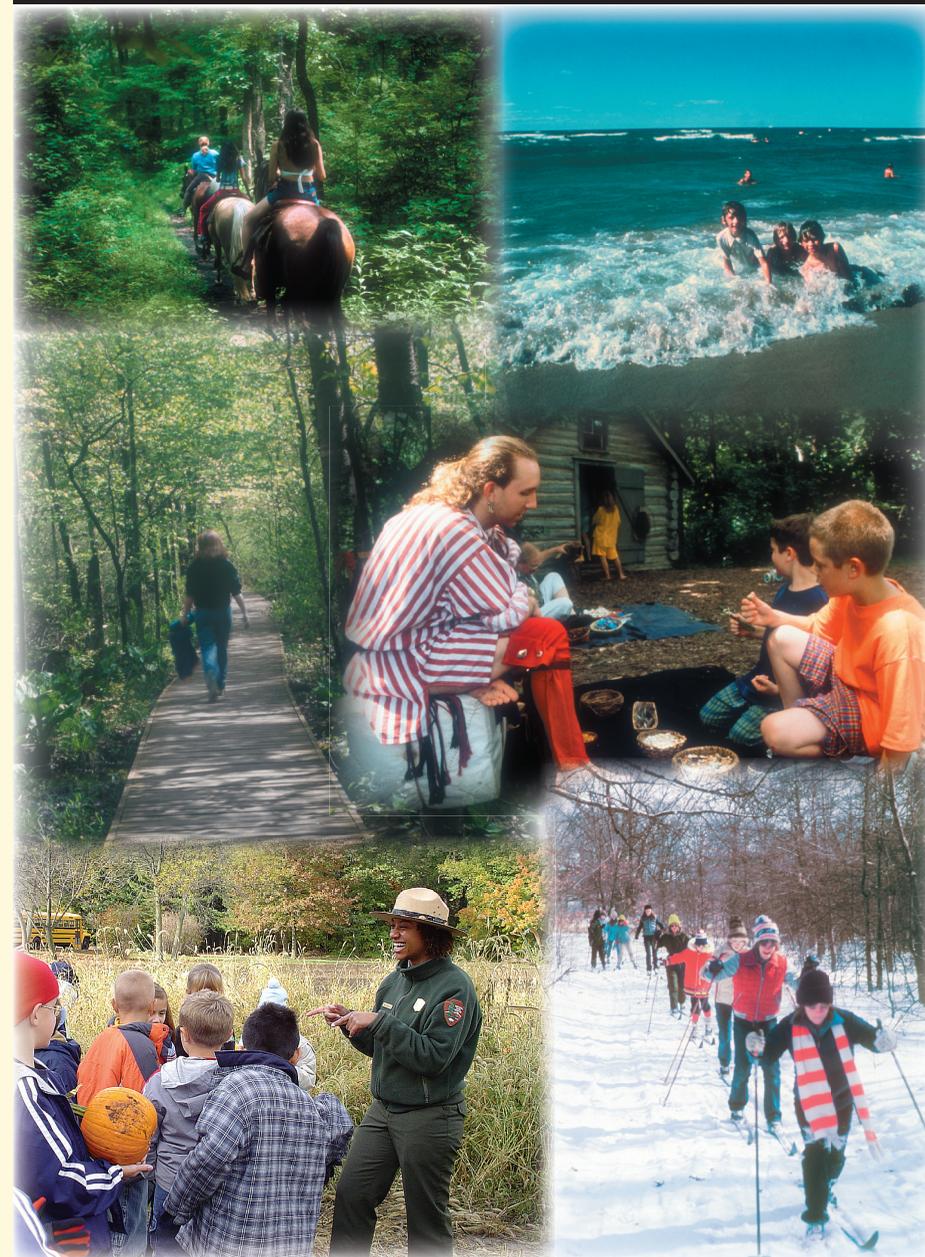
**Winter:** Dress in layers of loose-fitting clothes, and keep your feet and hands dry. Stay off lake ice! It is full of hidden thin spots and gaps that people can fall through and drown.

## For More Information

Indiana Dunes National Lakeshore  
1100 North Mineral Springs Road  
Porter IN 46304  
219-926-7561  
[www.nps.gov/indu](http://www.nps.gov/indu)

## Activities

At Indiana Dunes National Lakeshore



*Whether you have an hour, a half day, or a full day, the beaches, dunes, and trails of Indiana Dunes offer relaxation, inspiration, and fun adventures.*

# Indiana Dunes National Lakeshore Suggested Activities



**For a 1-hour visit, select one activity.**  
**Visit** the Swedish-American Chellberg Farm (#15).

**Hike** part of the Bailly/Chellberg Trail (#16) that traverses a gorgeous forested ravine.

**Walk** up a trail to the top of a sand dune at West Beach (#20), **OR drive** through West Beach to see panoramic views of open sand dunes and forested dunes.

**Drive** along Lake Front Drive (#4) to view Lake Michigan and Beverly Drive (#3) to see wetland birds. Then travel to Mount Baldy (#1) to marvel at the large, moving sand dune.

**Picnic** and **walk** the beach at Kemil Beach (#7), Dunbar Beach (#6), or Lake View (#5).

**View** exhibits, **watch** a video, and **shop** at the Dorothy Buell Memorial Visitor Center (#12). **Walk** the Calumet Dune trail (#11), and **drive** along Lake Front Drive (#4).



**For a 2 to 3-hour visit, select one activity.**

**Hike** around the wetlands and through the dunes along the many miles of Miller Woods (#22) trails; **OR hike** the 3-mile Inland Marsh trail (#19) that meanders through an open black oak forest; **OR hike** the half-mile Dune Ridge Trail (#8), and then **stroll** Kemil Beach (#7) **or swim** in Lake Michigan.

**Walk** the trail to the Mount Baldy beach, and then **hike** the marked trail to the Mount Baldy Summit (#1).

**Attend** a ranger-led program held at various park sites. For a list of programs, visit the park's web site at [www.nps.gov/indu](http://www.nps.gov/indu) or pick up a park newspaper at the visitor center.

**Swim and watch** the sunset at West Beach (#20), **OR swim** at Central Beach (#2). **Look** for cliff swallows in the steep dune banks.

**Bike** the 12-mile Calumet bike trail (#9), or the 3-mile bike trail between West Beach and Grand Boulevard (#21).

**Ski or horseback ride** along more than 4 miles of the Ly-co-ki-we trail (#13). Bring your own skis or horse; rentals are not available.

**For a 4 to 6-hour visit, select one activity.**



**Hike** the 5-mile, round-trip Cowles Bog trail (#14) to a serene, isolated beach; **OR hike** part of the 1.8-mile Dunewood Trace Trail (#10), 12-mile Calumet Bike Trail (#9), and 6-mile Ly-co-ki-we Trail (#13).

**Attend** the open houses at the Bailly Homestead (#17) and

Chellberg Farm (#15) on Sunday afternoons during the summer, and then **walk** the 4-mile trail along the Little Calumet River (#18) and Bailly/Chellberg trails (#16).

**Swim and picnic** at Dunbar, Lake View, Kemil, Central, Mount Baldy, or West Beach. Hike the trails at West Beach and Mount Baldy (#1, 2, 5, 6, 7, and 20).

**Staying overnight?**



**Camp** at the park's Dunewood Campground. Visit the park web site at [www.nps.gov/indu](http://www.nps.gov/indu) or pick up a campground brochure at the visitor center.

