



## Walking Trails and Distances

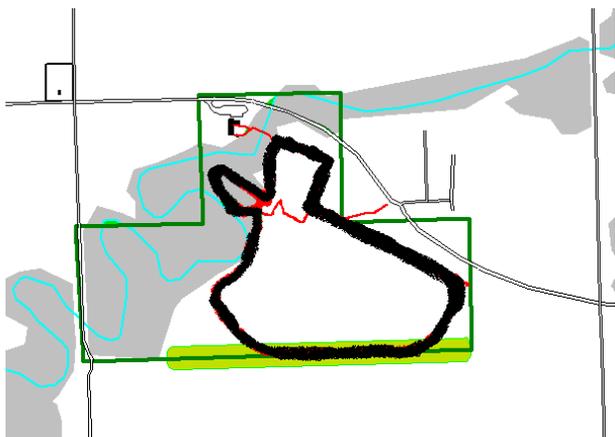
Calories based on 160 pound person walking 2 m.p.h.



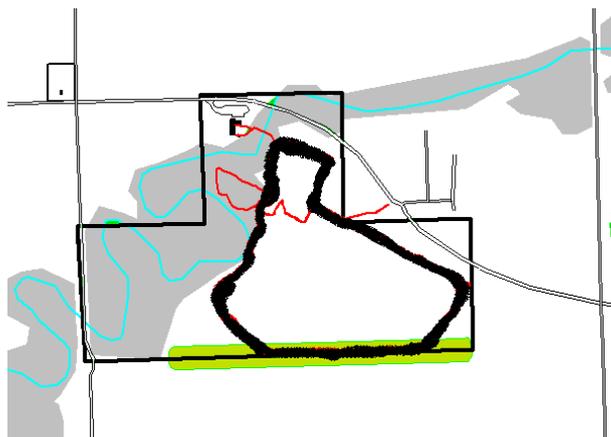
Farm loop and Woodland loops 0.8 mile  
84 Calories



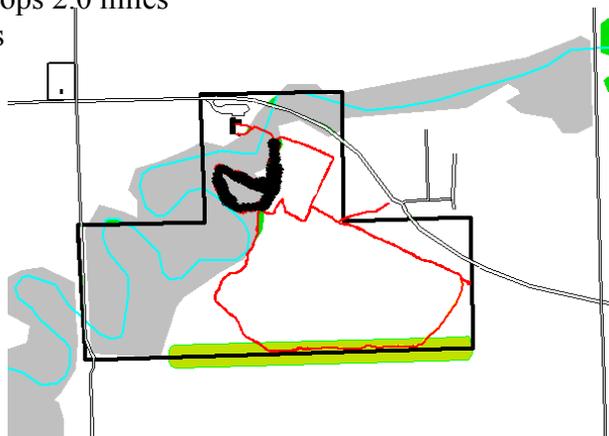
Farm loop 0.5 mile  
52 Calories



Upland and Woodland loops 2.0 miles  
210 Calories



Upland loop 1.7 miles  
178 Calories



Woodland loops 0.5 mile  
52 Calories