



### Please Remember

- Open sunrise to sunset.
- Bikes not permitted on any trails.
- Stay on marked trails.
- Park only in designated parking lots.
- Carry out what you carry in.
- No fires. Do not remove plants, wildlife, or artifacts.
- Foot travel on all trails - no motorized vehicles.

### Hike Safely

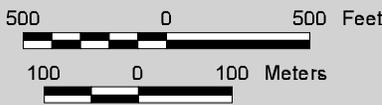
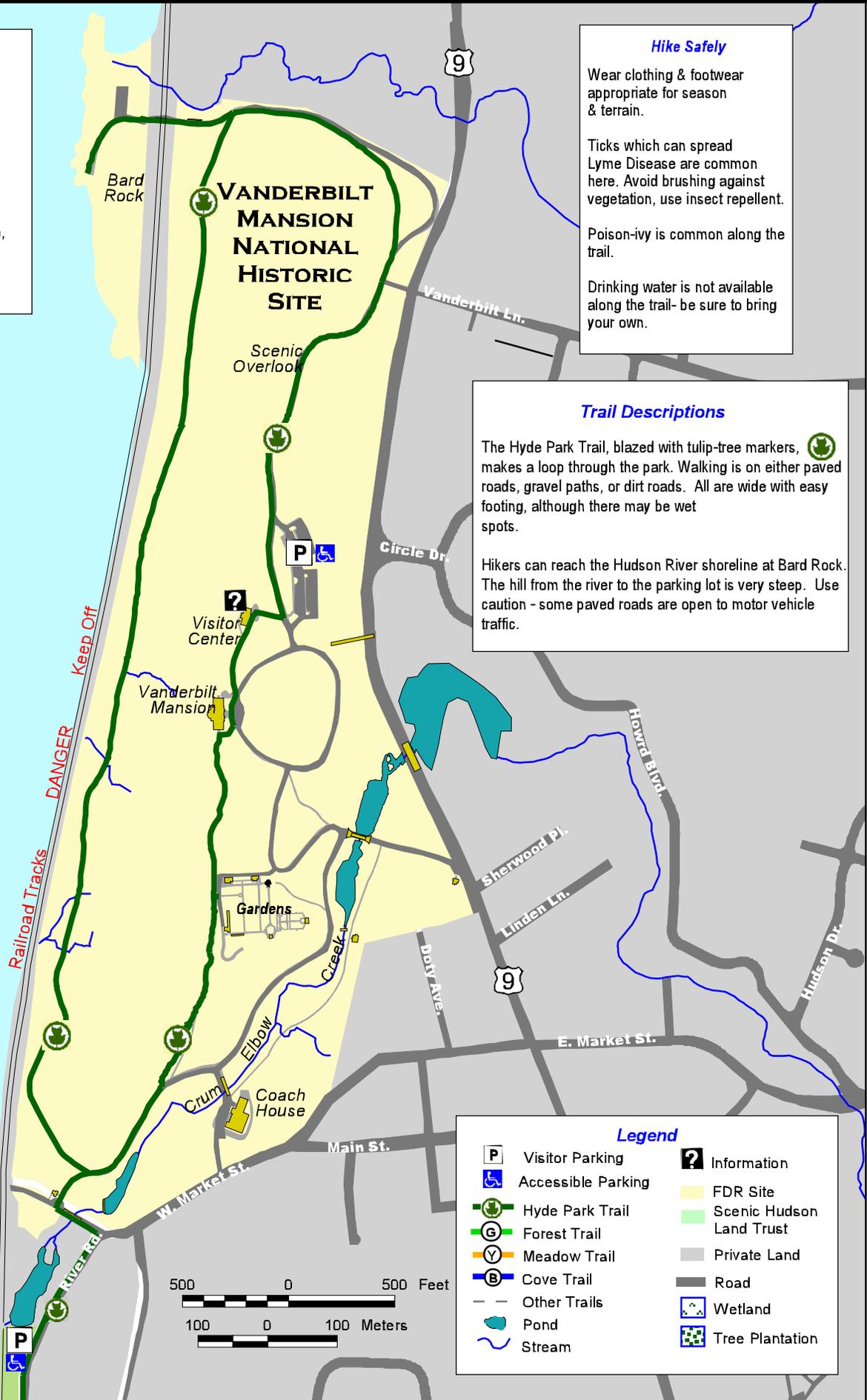
- Wear clothing & footwear appropriate for season & terrain.
- Ticks which can spread Lyme Disease are common here. Avoid brushing against vegetation, use insect repellent.
- Poison-ivy is common along the trail.
- Drinking water is not available along the trail- be sure to bring your own.

### Trail Descriptions

The Hyde Park Trail, blazed with tulip-tree markers, makes a loop through the park. Walking is on either paved roads, gravel paths, or dirt roads. All are wide with easy footing, although there may be wet spots.

Hikers can reach the Hudson River shoreline at Bard Rock. The hill from the river to the parking lot is very steep. Use caution - some paved roads are open to motor vehicle traffic.

Hudson River



Legend			
	Visitor Parking		Information
	Accessible Parking		FDR Site
	Hyde Park Trail		Scenic Hudson Land Trust
	Forest Trail		Private Land
	Meadow Trail		Road
	Cove Trail		Wetland
	Other Trails		Tree Plantation
	Pond		
	Stream		