



Hyde Park Trails & Your Classroom

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Starting your Walkabout:

1) Walk at least 5 trails on the map using the checklist below.

2) Turn in your completed checklist at any location listed to receive your free Walkabout patch.

Additional Walkabout brochures for friends and family are also available at these locations:

- Hyde Park Recreation Dept. at Hackett Hill Park (By appointment 845-229-8086 x 5)
- Wallace Visitor & Education Center at FDR Home & Presidential Library
- Vanderbilt Mansion Visitor Center
- Val-Kill Visitor Center (seasonal)
- The River Connection Outdoor outfitters on West Market St.
- Town of Hyde Park website:
www.hydeparkny.us/recreation/trails



Walkabout Trails	Check when hiked
A. Vanderbilt Loop	
B. Bard Rock Trail	
C. Pinewoods Nature Trail Loop	
D. Hackett Hill Park Trails	
E. Winnakee Nature Preserve Trail	
F. Roosevelt Woods Trail	
G. Roosevelt Farm Lane Trail	
H. Eleanor's Walk	
I. Top Cottage Trail	
J. Blue Trail	
K. White Trail	

Your Name _____

Your Comments _____

WALKABOUT is brought to you by the Dutchess County Department of Health and the Hyde Park Trail Partnership



Hyde Park Walkabout Trail Map



Hike safely

- Wear clothing & footwear appropriate for season & terrain.
- Some trails run along or cross public roads. Stay off railroad tracks.
- Ticks which can spread Lyme Disease are common here. Avoid brushing against vegetation and use insect repellent.
- Poison-ivy is common along the trail.
- Drinking water is not available along the trail. Be sure to bring your own.

Please remember

- Stay on marked trails. Respect the generous landowners who have granted permission to cross their land.
- Park only in designated parking lots.
- Trails open sunrise to sunset. Cars left at National Historic Sites could get locked in.
- Carry out what you carry in.
- No fires. Do not remove plants, wildlife, or artifacts.
- Foot travel on all trails - no motorized vehicles.
- At Roosevelt Farm & Forest, bicycles permitted on Roosevelt Farm Lane Trail (tulip-tree markers) only during March through November. No biking on Red, Yellow, Blue or any other trails at any time.
- Members of the "Fats in the Cats" bike club **only** are authorized to bicycle on the the red trail at the Winnakee Nature Preserve.

Legend

- Walkabout Trails (Red line)
- Other Trails (Dashed line)
- Primary Road (Thick grey line)
- Secondary Road (Thin grey line)
- Railroad (Black line with cross-ticks)
- Water Body (Blue area)
- Open to the public (Green area)
- Parking areas (P in a circle)
- Trailhead (Green diamond)
- Trailhead w/ Kiosk (K in a diamond)
- Building (Red square)

Trail Markers include:

- Tulip-Tree trail markers (Mills-Norrie only)
- Colored disks (Mills-Norrie only)
- Painted trail blazes (red, blue, yellow, orange or green)



Steps To Making It Happen!

- Contact the National Park Service in advance to schedule and plan your trip! (Hike, Home Tours, & Library Tour are all possible for a full day trip)
- Arrange transportation, class coverage, special medical needs for students
- Chaperones
- Note to parents about the trip (bring lunch, drinks, device)
- Provide students with a list of reminders prior to the trip.
[History Club 2010/Hyde Park reminders.docx](#)
- Use the pre-visit materials provided by the National Parks or listen to the podcasts in advance of the trip. This will help with pre-teaching the vocabulary.

Teaching with National Park Podcasts

Tips for downloading podcasts:



- Provide web address (link from class webpage or photocopy onto stickers for students).
- Download files on home computer or in school from nps.gov website OR by loading files on CD's (review syncing with students).
- Mini speaker attached to device can be utilized if short on audio devices or multi-jack headphones.

On the Trail



STOP and LISTEN to the podcasts at each trail marker. <http://www.nps.gov/hofr/photosmultimedia/roosevelt-farm-lane.htm>

- Look for the sights described in the audio clips (salamanders, beaver dam, etc.).
- Enjoy the sounds and sights of the natural environment as you walk along the trails.



TOP COTTAGE TRAIL
TOP COTTAGE
1 MI / 1.6 KM



ELEANOR'S WALK
1 MILE LOOP / 1.6 Km.













Likes & Dislikes of the Podcasts

Likes

- No charge for students or chaperones!
- New type of field trip-interacting with nature
- Technology based trip is attractive to students
- Friendly and informative park rangers
- A lot to see and do at the Roosevelt Estate
- Fits easily with NYS standards & curriculum

Dislikes

- Loading the files on individual devices can be very time consuming!
- Vocabulary in podcasts may be too advanced for some kids
- Group size needs to be manageable so all kids and chaperones can enjoy the surroundings

Franklin D. Roosevelt's Conservation Legacy

Post Trail Activity ("Roosevelt Farm Lane")

– Pine Needle Brushes

- Focus Questions: Who would have used them? What would they be used for? How could it be adapted to their uses?



– Stone Necklaces

– Collection Samples

(*No samples permitted at National Parks)

- How could this item be used? Who would have used this item?

Research Project

Hypothesis: Franklin Roosevelt had strong feelings on the role of nature in the lives of individuals and the future of our country.

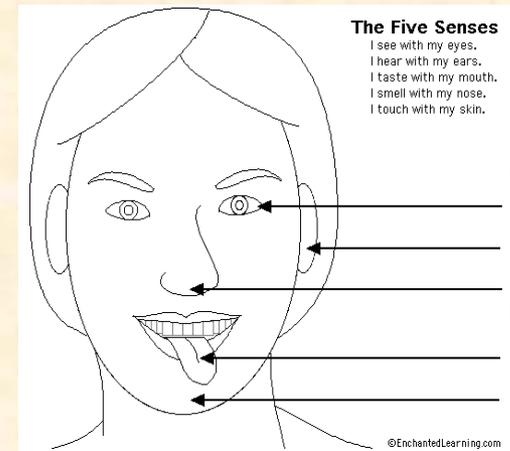
- Brainstorm a list of concerns FDR had concerning nature and conservation and research one area as a group.
- Answer the focus questions and prepare a research-based, persuasive proposal for the class about your topic and its importance. [focusquestions.docx](#)
- Present information to the class and vote on one area which will then become part of the community concern/action project.

Nature For Contemplation and Inspiration

Interactive Journaling (“Top Cottage Trail”)

On the Trail:

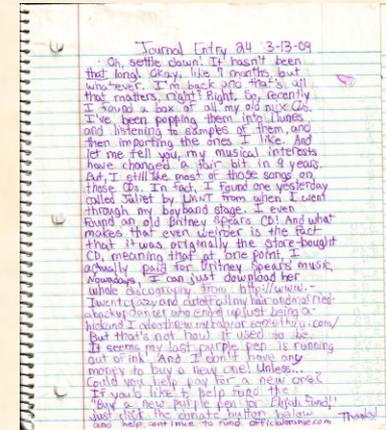
- Walk, Sit/Stand, Listen, Journal.
- Journal at each trail marker.
Each entry should reflect what you have heard and seen (use all senses: smell, touch, hear, taste, see).
- Following the hike, find a quiet place to reflect on your general overall impressions of the trail.



Nature For Contemplation and Inspiration

In the classroom:

- Discuss journal entries in small groups and document common themes.



Research Activity:

- As a group, choose one event from the list provided.
[Historical Events.docx](#)
- Research and read about the topic. Fill in the accompanying sheets as you compile your information.
- Put yourselves in the shoes of ER or FDR at Springwood, Top Cottage, or Val-Kill.
- Write a 1st person narrative placing yourself at one of the estates contemplating your event, decisions you will have to make, and possible consequences of those decisions.

Nature For Contemplation and Inspiration



Optional Group Activities:

- Students create podcasts written from their journals. Classes listen to podcasts and discuss the common themes that occur.
- Produce hand-drawn symbols to represent the trail hiked & the audio podcast. Groups will add their symbols to a large graphic representation of the estate and justify the creation of their symbol to the rest of the class.

- Interpretive drawing based on the hiked trail, podcast and research.
- Walk one of the marked trails & identify natural resources (tree varieties, water bodies, gardens).
<http://www.arboday.org/>
- Tour Val-Kill/Top Cottage estates and compare their more natural state to that of Springwood's managed environment.
- Choose a quote from FDR or Eleanor dealing with nature and the outdoors. Examine the meaning of the quote at the time it was spoken and how it relates to today. [Sample Quotes.docx](#)