

Hampton

National Park Service
U.S. Department of the Interior

Hampton National Historic Site



Cooking on the Plantation:

The 18th and 19th Centuries African American Influence

Sunday, October 11, 2015 at 1 p.m. - 3 p.m.



Join Food Historian, Michael Twitty during “Harvest Day” at Hampton NHS for a live demonstration of the African influence on American cuisine on an authentic outdoor grill in front of the “overseer’s house” on the farm site. He brings out the hidden food history of African Americans, who were the real cooks and gardeners to the renowned hosts and hostesses of the South.

Mr. Twitty is well known for his expertise in the history and heritage of enslaved Africans, African Americans and their food ways.

Admission is free. All ages are welcomed.

Call 410-823-1309 x254 or visit www.nps.gov/hamp

Located at 535 Hampton Lane, Towson, MD 21286

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