



What activities are there?

The activities in your park vary from day to day. Here are the activities which you can partake in everyday.

Park Programs

There are a variety of park programs offered every day here at Haleakalā from presentations to our **Citizen Scientist Project**. Stop by Park Headquarters and discover what is happening today.

Go on a hike

There are over 37 miles of trail here in the park. See the trail ideas below for information on self-guided hikes.

20 minute, naturalist-guided hikes up Pā Ka`oao (next to Haleakala Visitor Center) are offered daily at 9:00am, 10:00am, and 11:00am. No reservations are necessary.

Jr. Ranger Program

Do you have the right stuff? With the help of a parent, curious kids between 7 and 12 years old can earn their badge in about one hour and help us in our work.

Bird Watching

In Hosmers Grove, there is a short 30 minute nature loop where you can observe our native endemic birds such as the i'iwi, 'apapane, 'amakihi, and if you're very lucky maybe an 'akohekohe.

Drive to the Summit

The summit of Haleakalā is 10,023 ft. above sea level. The summit provides a 360° view of Maui that includes the "crater" and neighboring islands. There is no hiking trail leading to the summit, but there are trails near the Haleakalā Visitor Center at 9,740 ft.

Sunrise

Watching the sun come up over the "crater" is a popular activity. The view can be spectacular and can be witnessed from any of the overlooks. Keep in mind that it will be 20°F – 30°F colder than at sea level. Arrive at least half an hour before sunrise to watch the colors change.

Sunset

The tour books often leave out that sunset can be just as spectacular, if not better, than sunrise. The park entrance and the bathrooms are open 24 hours a day and there's the added bonus of not having to wake up early in the morning.

Star Watching

Experience one of the world's best views of the night sky. Come up to watch the stars, and you will be participating in an activity which has happened for thousands of years on the summit of Haleakalā.

At our Kīpahulu Area:

The Kīpahulu area of the park has its own beauty and activities. Kīpahulu is accessed via the Hana Hwy. It is a 3 hour drive from Kahului and 30 minutes past the town of Hana. There is a 4-mile-round-trip hike that travels through a variety of vegetation, including a bamboo forest, that ends at Waimoku Falls. Another popular attraction is the 'Ohe'o pools, sometimes called Seven Sacred Pools. These are generally open to the public but are closed when the water is too low or running too fast.



Where can I hike?

Here are some ideas to get you started.

Hosmers Grove

Hosmers Grove loop

Beginning elevation: 6800ft/2072m

Distance (round trip): 1mi/1.7km

Elevation Change: Minimal

What you can see: Rare and endangered birds as well as native and non-native landscape

Halemau'u Trailhead

Halemau'u to Valley Rim

Beginning Elevation: 7990ft/2436m

Distance (one way): 1.1mi/1.8km

Elevation Change: 400ft/122m

What you can see: Great views and maybe the Specter of Brôcken if the conditions are right

Halemau'u to Silversword Loop

Beginning Elevation: 7990ft/2436m

Distance (one way): 4.6mi/7.4km

Elevation Change: 1400ft/427m

What you can see: Views of the cloud forest and the lava landscape

Leleiwi Overlook

Leleiwi Overlook trail

Beginning Elevation: 8840ft/2694m

Distance (one way): Less than 1mi/1.6km

Elevation Change: Minimal

What you can see: Beautiful views of the "crater"

Keonehe'ehe'e (Sliding Sands) Trailhead

Keonehe'ehe'e to Halemau'u Trailhead

Beginning Elevation: 9740ft/2969m

Distance (one way): 11.2mi/18.0km

Elevation Change: 3000ft/914m

What you can see: Views of the cloud forest and the lava landscape

Transportation option: Park the car at the Halemau'u Trailhead and hitchhike (using hitchhiker's turnout) up to the Keonehe'ehe'e Trailhead. Hike out Halemau'u Trail to the car.

Keonehe'ehe'e to Split Rock

Beginning Elevation: 9740ft/2969m

Distance (one way): 2mi/3.2km

Elevation Change: 500ft/152.4m

What you can see: Colorful layers of cinder leading to a new view of the cinder cones and unique rock formations that look great in photos

Keonehe'ehe'e to as far down as you want

Beginning elevation 9740ft/2969m

Distance (one way): Up to 9.5mi/15km

Elevation change: Up to 3360ft/1024m

What you can see: Multicolored cinder cones, ever-changing clouds, and 'āhinahina (Silversword)