



Volunteer of the Month

Dr. Mark Cucuzzella



Dr. Mark Cucuzela - Park Volunteer of the Month. (NPS)

Together with Harpers Ferry National Historical Park Staff, Dr. Mark Cucuzzella of Harpers Ferry Family Medicine has been instrumental in the creation and development of the Tiger on the Trail hike program for Jefferson County Middle School students.

What is this Tiger Program you ask? It is a 2 - 4 hour long program created as a partnership between Harpers Ferry Middle School, Harpers Ferry Family Medicine and Harpers Ferry NHP. The primary goal of the program is to reconnect students with nature in hopes of creating a lifestyle of environmental conservation and physical activity to help fight childhood obesity.

Dr. Mark is one of several repeat park volunteers who comes out on his personal time to lead groups of students on hikes throughout the park, teaching them about healthy living. He is strong proponent of the belief that today's youth are tomorrow's preservationists. By instilling a sense of activism and responsibility in youth now, America's natural and historical treasures will be preserved for future generations. The Tiger on the Trail Program has gained national attention thanks to his efforts and presentations at both local and national conferences.

With several other influential community members behind him, Dr. Mark led the charge to bring all four Jefferson County Middle Schools in line with this fitness program. Eventually, he and park staff would like to see this program extended to all grades and all schools in the tri-state area.

In his spare time, you might spot Dr. Mark running throughout the park, as he is a tried and true marathon runner. He is not only a great advocate of youth fitness and outdoor physical activity, he lives by his own fitness example.

Keep your eye out for Dr. Mark as he hikes with students around Bolivar and Harpers Ferry. He may even recruit you to hike as well!

If you or someone you know might be interested in leading Tiger Hikes, please call the park's Education Staff at 304.535.2908. Join Dr. Mark and give back!



National Park Service
U.S. Department of the Interior

If you or someone you know might be interested in volunteering at Harpers Ferry Park, please contact the park's volunteer coordinator at the address or phone number listed below. Volunteer today and give back!

**Harpers Ferry National Historical Park
Volunteer Coordinator**

P.O. Box 65
Harpers Ferry, WV 25425

Phone
304.535.5017

E-mail
Jessica_Liptak@nps.gov

The National Park Service cares for the special places saved by the American people so that all may experience our heritage.