Plan Your Visit

There are many ways to access the Potomac Heritage Trail (PHT), including from trails within adjacent parks. Parking is often limited. Please use caution along hiking trails and be prepared for rugged terrain.

Local Resources:
George Washington Memorial Parkway
www.nps.gov/gwmp
703-289-2500
Potomac Heritage National Scenic Trail
www.nps.gov/pohe
Fairfax County Park Authority
www.fairfaxcounty.gov/parks
Arlington County Parks and Recreation
parks.arlingtonva.us
Northern Virginia Parks
www.novaparks.com

Plan Your Transit:
Washington Metropolitan Area Transit Authority (Metro)
www.wmata.com
Arlington Transit
www.arlingtontransit.com
Capital Bikeshare
www.capitalbikeshare.com

The Potomac Heritage Trail within the Parkway is a segment of the Potomac Heritage National Scenic Trail, a developing trail network between the mouth of the Potomac River and the Allegheny Highlands.

To assist with trail maintenance, contact the Potomac Appalachian Trail Club at www.patc.net.