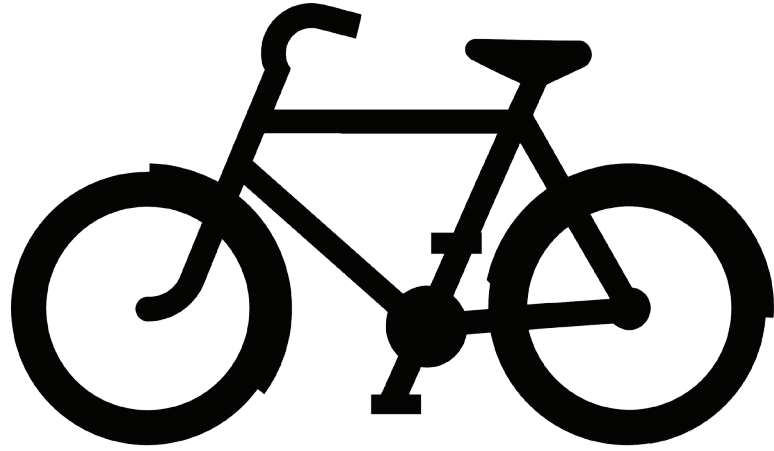




Bicycling



Grand Teton National Park and the John D. Rockefeller, Jr., Memorial Parkway offer more than 100 miles of paved roads and a multi-use pathway that provides spectacular views of the rugged Teton Range.

Rules and Regulations

- Bicyclists must obey all traffic laws and signs.
- Bicycles are allowed on paved and unpaved roads open to motorized vehicles, unless otherwise posted.
- Between sunset and sunrise an operator or bicycle must have a white light or reflector that is visible from at least 500 feet to the front, and a red light or reflector that is visible from at least 200 feet to the rear.
- Bicycles are allowed on the multi-use pathway from dawn to dusk only.
- Bicycles are NOT allowed on trails or in backcountry areas.
- In the park, operating a bicycle abreast of another bicycle is prohibited.
- The use of personal audio devices is strongly discouraged.
- Notify other recreators before passing. Yield to slower users.
- Helmets and bright-colored clothes are recommended due to heavy traffic.
- Pets are not allowed on the multi-use pathway.

Warning

Use caution when cycling in the park. Some roads have paved, marked shoulders providing limited access for safe bicycling. Some roads have very narrow shoulders or lack them altogether. Narrow unpaved roads become extremely dusty during dry weather. Ride single file on the right side of the road and be alert for vehicles. Traffic is heavy during the summer, with daily peaks mid morning to late afternoon. Road construction and repairs occur every year. Be prepared for delays and rough roads.

Wildlife and Weather



Wildlife

The multi-use pathway and roads pass through a variety of wildlife habitats. Users must be prepared for wildlife encounters. **Never feed, approach OR harass wildlife**—especially large mammals. Stay at least 100 yards from bears and wolves and 25 yard from other wildlife. Maintain control of your speed and stay aware of your surroundings. Never leave food unattended including backpacks and bike panniers. Follow food storage regulations. Travel in groups if possible. Carry and know how to use bear spray.

Weather

- **Spring** (April-June) Days are cool and cloudy with rain showers and occasional snow.
- **Summer** (July-August) Weather is generally good for bicycling with mid-day temperatures around 80 degrees. Afternoon thunder showers may form quickly with heavy, cold rain and dangerous lightning.
- **Fall** (September-early October) Days are often clear and cool, but rain and snow showers frequently occur.

Recommended Bicycling Routes

ROAD BIKING

Multi-use Pathway

Paved pathway heads north from Jackson paralleling US 26/89/191 to Antelope Flats Road. At Moose Junction follow the Teton Park Road to South Jenny Lake. Open to non-motorized users from dawn to dusk. E-bikes with fully functional pedals (<1 h.p.) are allowed. The section of the pathway from Jackson to Gros Ventre Junction is closed from November 1 to April 30 for elk migration.

Jenny Lake Scenic Loop (One-Way)

Access this 7-mile loop from South Jenny Lake. Ride north along the Teton Park Road 3 miles, turn left at North Jenny Lake Junction, and left again on the “one-way” Jenny Lake scenic road with a striped lane for stunning views of the Teton Range. As the road turns away from the lake, veer right onto a paved pathway to return to South Jenny Lake.

Antelope Flats – Kelly Area

Secondary paved roads wind through sagebrush

flats with spectacular views of the Teton Range.

MOUNTAIN BIKING

Two Ocean Lake Road

Three miles of dirt road lead from Pacific Creek Road to Two Ocean Lake for a scenic ride over rolling terrain.

Grassy Lake Road

Travel an old American Indian route through the John D. Rockefeller, Jr. Memorial Parkway. Ride all or part of the 52-mile dirt road from Flagg Ranch to Ashton, ID.

Outside the Park

Venture into the surrounding Bridger-Teton National Forest for additional adventures. For information about area trails such as Shadow Mountain, Teton Pass, Snow King or Cache Creek inquire at area bicycle shops.

RENTALS

Bicycles can be rented at Dornans in Moose, or in the nearby towns of Jackson and Teton Village.

Park Bicycling Map

