For Your Safety
Do not leave valuables in sight inside your car. Do not leave a note on your car asking how long you will be hiking. Pretend there is no one watching you or holding your car in your hand.

Leave No Trace
Your personal commitment to ethical backcountry use is the most important factor in maintaining your presence here.

Alcohol and backcountry use regulations. They are designed for resource protection.

1. Use a stove and candle lantern to minimize the tramplng and destruction of vegetation that result from lighting fires.
2. Never cook or burn food in a campfire. Food residues and odors remain and attract wildlife that will become a problem for future campers. Take clean-up work to your group small to preserve a sense of solitude.
3. Camp where your campsite already exists. Do not establish new sites.
4. Pack out all leftover food and garbage.
5. Avoid cutting across switchbacks, to prevent destructive erosion.

If You Get Lost
Stay calm, do not leave the trail or do not go at night. Prevent getting lost by making a plan before setting out on a trip, knowing your schedule and travel plans, so that you can be found if you are overdue.

Toilet Use
Improper human waste disposal may cause serious disease in the backcountry. Regulations require that human waste shall not exceed a six-inch deep hole and cover with soil. Toilet use may occur within 100 feet of the trail or within sight of a trail or campsite. A toilet shall not be near a spring or shelter near a spring in relatively low water conditions and is clearly backcountry. All toilet paper, sanitary napkins and tampons must be packed out. Do not bury them. Please, take a little extra care!

Into the Wild: Visiting the Smokies Backcountry

For those seeking more information, a variety of topographic maps and trail guides exist that are available at backcountry trailhead kiosks, or online at [link]. In order to rent a map and guide, call [phone number], ext. 226 or visit [website].

One hundred and fifty trails extend for approximately 500 miles, crossing the ridges and valleys of America’s most visited national park.

If Someone Gets Injured
If someone is injured and can’t move, stay with them. Call the following: Provide warm and comfort. Leave the injured person, do not move them. Call someone with the injured person, note where you are, and ask them to call for help. If you hike out and lose rescue information, be prepared to make the hero’s path. If you are in the right position to make sure you don’t do anything that might compound the injury. Getting accident victim in a stable position may be difficult and may be dangerous for all involved.

There are no church pines in the park so cell phones do not work from most locations. The base of high ridges near the park boundary is the most likely spot for reception. For emergencies only, call 911 or [phone number].

Hazzards
Wind. High winds associated with approaching weather fronts can bring down trees and limbs. Do not camp near ridgelines or trees that may be damaged by high winds.

Special Equipment Concerns
Clothing. One essential piece of equipment for hiking in the Smokies is a rain jacket. Bring it along even on sunny days when there is not a cloud in the sky. Soon or later you will be thankful you did.

Footwear. Wear. True waterproof boots are required in the backcountry. Poorly fitting or worn footwear will keep your feet dry during rainy weather. Be sure to keep your feet dry and maintain the condition of your boots. If your boots are uncomfortable, they may not provide the necessary protection. Badly worn or wet boots can result in wetness. Always carry raingear; storms and downpours can occur anytime. Wind, rain and cold. Results from exposure to a combination of wind, rain and cold.

Crampons.

There are no cellular phone towers in the park. As a result, there is no means to call someone with the injured person; note where you are, and ask them to call for help. Be prepared for sudden weather down trees and limbs on heavily forested trails during cold weather.

Learn to read the map and know how to use it. It means 12 hikers, no horses. See “Camping Permits” section. Keep tents and sleeping bags no more than 30 feet high and never more than the nearest limb. For example, you can read a map and know how to use it. In case of physical attack, fight back. The bear’s behavior shows that it is after something. If it shows no interest in you, and you are not interested in the bear. Don’t leave food or water forage. The bear to change its behavior (it stops vocalizing or pawing). There are no cellular phone towers in the park. As a result, there is no means to call someone with the injured person; note where you are, and ask them to call for help.

Camping Permits
At least 10 feet off the ground and four feet from the ground. Bring a portable stove if you are eating in the backcountry. All toilets shall be stored away from the campsite. Horses must be tied no closer than 100 feet of the ground. Fires are not permitted within 100 feet of total shelters or in cooking or vegetable areas of camp. Trip must be planned to minimize the risk of fire. The following are prohibited in the backcountry: Smoking, cooking, open fires, and food and drink. Trip planning and permits.

For user planning, visit or call the Backcountry Information Office at [phone number]. The following is considered essential for a safe backcountry trip: a large backpack, water, water, and food and drink. Always carry a map and know how to use it. In case of physical attack, fight back. The bear’s behavior shows that it is after something. If it shows no interest in you, and you are not interested in the bear. Don’t leave food or water forage. The bear to change its behavior (it stops vocalizing or pawing). There are no cellular phone towers in the park. As a result, there is no means to call someone with the injured person; note where you are, and ask them to call for help. The bear to change its behavior (it stops vocalizing or pawing). The bear to change its behavior (it stops vocalizing or pawing). There are no cellular phone towers in the park. As a result, there is no means to call someone with the injured person; note where you are, and ask them to call for help. The bear to change its behavior (it stops vocalizing or pawing). There are no cellular phone towers in the park. As a result, there is no means to call someone with the injured person; note where you are, and ask them to call for help. The bear to change its behavior (it stops vocalizing or pawing). There are no cellular phone towers in the park. As a result, there is no means to call someone with the injured person; note where you are, and ask them to call for help. The bear to change its behavior (it stops vocalizing or pawing). There are no cellular phone towers in the park. As a result, there is no means to call someone with the injured person; note where you are, and ask them to call for help. The bear to change its behavior (it stops vocalizing or pawing). There are no cellular phone towers in the park. As a result, there is no means to call someone with the injured person; note where you are, and ask them to call for help. The bear to change its behavior (it stops vocalizing or pawing). There are no cellular phone towers in the park. As a result, there is no means to call someone with the injured person; note where you are, and ask them to call for help. The bear to change its behavior (it stops vocalizing or pawing). There are no cellular phone towers in the park. As a result, there is no means to call someone with the injured person; note where you are, and ask them to call for help. The bear to change its behavior (it stops vocalizing or pawing). There are no cellular phone towers in the park. As a result, there is no means to call someone with the injured person; note where you are, and ask them to call for help. The bear to change its behavior (it stops vocalizing or pawing). There are no cellular phone towers in the park. As a result, there is no means to call someone with the injured person; note where you are, and ask them to call for help. The bear to change its behavior (it stops vocalizing or pawing). There are no cellular phone towers in the park. As a result, there is no means to call someone with the injured person; note where you are, and ask them to call for help. The bear to change its behavior (it stops vocalizing or pawing). There are no cellular phone towers in the park. As a result, there is no means to call someone with the injured person; note where you are, and ask them to call for help. The bear to change its behavior (it stops vocalizing or pawing). There are no cellular phone towers in the park. As a result, there is no means to call someone with the injured person; note where you are, and ask them to call for help. The bear to change its behavior (it stops vocalizing or pawing).