National Park Service
U.S. Department of the Interior

Grand Portage
National Monument

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Grand Portage National Monument

Grand Portage Band of Lake Superior Chippewa

News Release

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Picnic in the Park – A National Park Service Centennial Event at Grand Portage National Monument

Grand Portage National Monument is excited to invite you to "Picnic in the Park" on International Picnic Day, June 18, 2016, from 11:00 am to 1:00 pm. National parks across the United States will be encouraging people to go to their nearest national park and picnic in celebrating the National Park Service's Centennial.

Picnickers at Grand Portage National Monument will be able to lay out a picnic blanket on the Great Hall lawn, listen to live 18th century music, and play challenging and fun lawn games. All ages welcome. Families and groups welcome. Picnickers should park in the Heritage Center parking lot. No fires/grills or dogs will be permitted in the picnicking area.

Picnickers are invited to take pictures of themselves and their picnic and post them on social media to compete for virtual awards by using the hashtags #picnicinthepark and #findyourpark. Watch social media to see what other people are doing across the country at their "Picnic in the Park". Virtual awards will be given the following week for a variety of categories.

Studies have proven nature is good for you. Nature improves your mood and improves physical, mental and spiritual health. It's a great way to have fun with family and friends. Parks foster social connections vital to social wellbeing. This is a great time to experience your national parks.

Here are some tips to make your picnic great. Come prepared. Bring insect repellant, sunscreen, water and food. Pack for the place you are picnicking. Will you need a map? Are you wearing the proper clothing including shoes? Is there an activity guide that you can download? If there is a park visitor center nearby, be sure to check in and see what programs are available. Know what food you pack. Store chilled foods in coolers with ice packs and store them in the shade and not in a hot car. Put grilled foods on a clean plate. To learn more, visit www.nps.gov/planyourvisit/healthy-parks.htm.

"Picnic in the Park is a fun way to celebrate the National Park Service Centennial. The national parks have so many things to offer the public. They are place of enjoyment. A place to rest. A place to recreate. And a place to rejuvenate the soul." stated Superintendent Tim Cochrane.

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