Built in 1911, this rocky, strenuous trail drops steeply the first 2.5 miles (4.0 km)—use caution. In winter, its southern exposure features less snow and ice, but you should still bring over-the-shoe traction devices.

Hike Smart
Before You Go
• Choose the appropriate trail for your abilities or consider walking the Bright Angel Trail for an easier hike.
• Check the weather and adjust plans; avoid summer heat. Remember, the weather can change suddenly.
• Leave your itinerary with someone who will notice if you are overdue and report it to 911.
• Hydrate, but don’t force fluids. Eat a good meal, and get a good night’s sleep. If you do not feel well, do not hike.
• Prepare yourself for a faster hike down with high impact on your joints and a slow, strenuous hike out that may take twice as long or longer.

10 Essentials for Your Day Pack
1. Water: bring a sufficient amount and extra in case of emergency; always bring a water treatment method
2. Salty snacks and high-calorie meal(s)
3. First aid kit, prescriptions, blister care, duct tape, and pocket knife
4. Map or trail guide
5. Flashlight or headlamp with spare batteries
6. Sunscreen, wide-brimmed hat, and sunglasses
7. Whistle, signal mirror, and cell phone
8. Lightweight tarp or emergency shelter
9. Broken-in hiking boots with good soles and hiking poles
10. Layers of clothing

For more information about Leave No Trace strategies, hiking tips, closures, roads, trails, and permits, visit go.nps.gov/grca-backcountry.
Hermit Trail Destinations

**Drinking water**
- Dripping Spring Trail Junction: Elevation 5270ft (1605m)
  - Must treat water.
- Waldron Basin: Elevation 5400ft (1645m)
- Santa Maria Spring: Elevation 4960ft (1510m)
  - Must treat water.
- Boucher Trail Junction: Elevation 5270ft (1605m)

**Restrooms**
- Hermits Rest

**Legend**
- Blue Road
- Red Dotted Road: Day hike trail
- Red Solid Line: Overnight trail; seek advice at Backcountry Information Center
- Pink Shuttle bus stop (Mar 1 to Nov 30)

**Table: Destination Details**

<table>
<thead>
<tr>
<th>Destination</th>
<th>Elevation Change from Top</th>
<th>Distance One-Way</th>
<th>Time Roundtrip</th>
</tr>
</thead>
<tbody>
<tr>
<td>Waldron Basin</td>
<td>1240ft (378m)</td>
<td>1.5mi (2.4km)</td>
<td>2–4 hours</td>
</tr>
<tr>
<td>Dripping Spring Trail Junction</td>
<td>1370ft (418m)</td>
<td>1.8mi (2.9km)</td>
<td>3–4 hours</td>
</tr>
<tr>
<td>Santa Maria Spring</td>
<td>1680ft (512m)</td>
<td>2.5mi (4.0km)</td>
<td>4–6 hours</td>
</tr>
<tr>
<td>Boucher Trail Junction</td>
<td>1370ft (418m)</td>
<td>2.8mi (4.5km)</td>
<td>4–6 hours</td>
</tr>
<tr>
<td>Dripping Spring</td>
<td>1040ft (317m)</td>
<td>3.5mi (5.6km)</td>
<td>5–7 hours</td>
</tr>
</tbody>
</table>