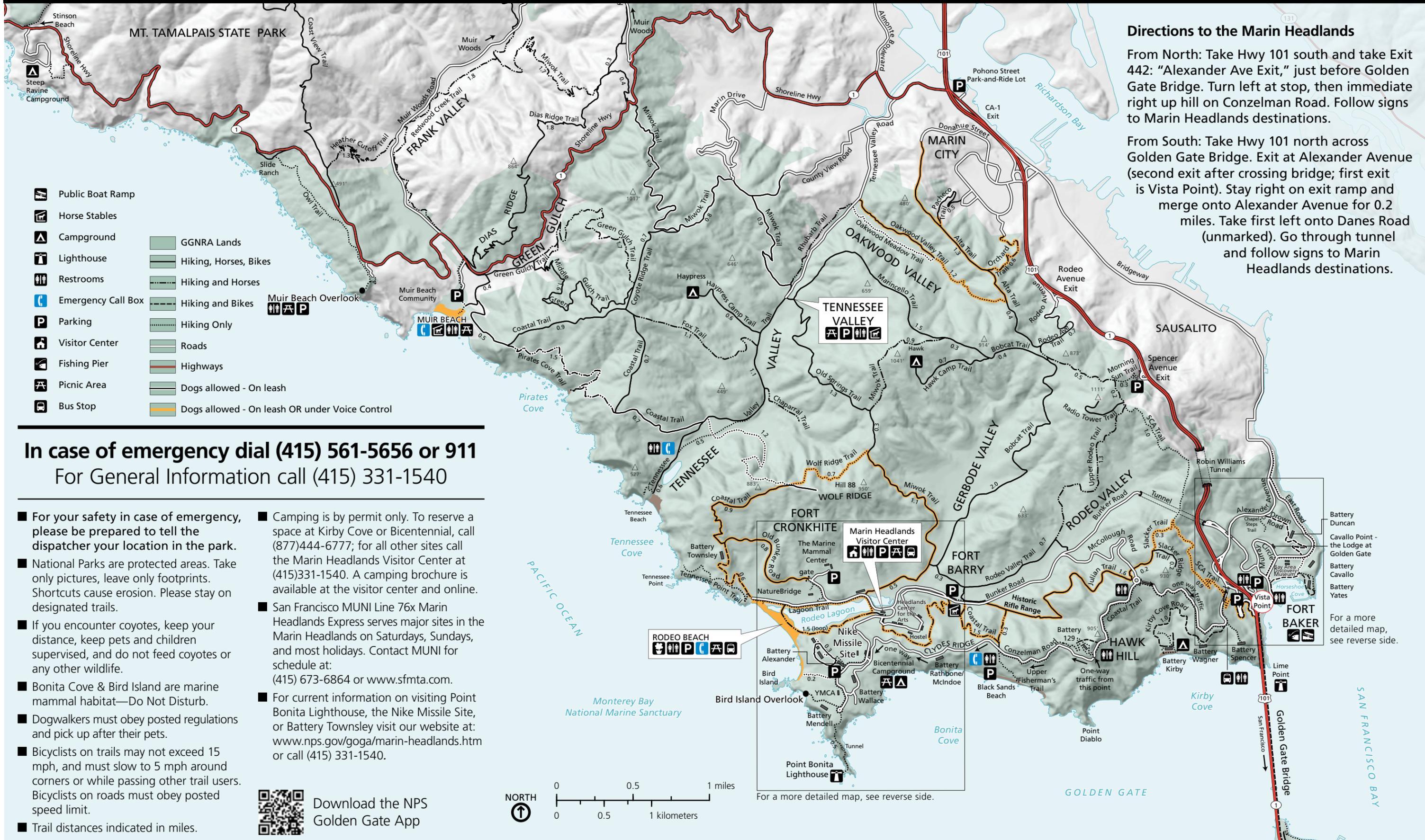


# Marin Headlands

National Park Service  
U.S. Department of the Interior  
Golden Gate National Recreation Area



## Directions to the Marin Headlands

**From North:** Take Hwy 101 south and take Exit 442: "Alexander Ave Exit," just before Golden Gate Bridge. Turn left at stop, then immediately right up hill on Conzelman Road. Follow signs to Marin Headlands destinations.

**From South:** Take Hwy 101 north across Golden Gate Bridge. Exit at Alexander Avenue (second exit after crossing bridge; first exit is Vista Point). Stay right on exit ramp and merge onto Alexander Avenue for 0.2 miles. Take first left onto Danes Road (unmarked). Go through tunnel and follow signs to Marin Headlands destinations.

## In case of emergency dial (415) 561-5656 or 911 For General Information call (415) 331-1540

- For your safety in case of emergency, please be prepared to tell the dispatcher your location in the park.
- National Parks are protected areas. Take only pictures, leave only footprints. Shortcuts cause erosion. Please stay on designated trails.
- If you encounter coyotes, keep your distance, keep pets and children supervised, and do not feed coyotes or any other wildlife.
- Bonita Cove & Bird Island are marine mammal habitat—Do Not Disturb.
- Dogwalkers must obey posted regulations and pick up after their pets.
- Bicyclists on trails may not exceed 15 mph, and must slow to 5 mph around corners or while passing other trail users. Bicyclists on roads must obey posted speed limit.
- Trail distances indicated in miles.
- Camping is by permit only. To reserve a space at Kirby Cove or Bicentennial, call (877)444-6777; for all other sites call the Marin Headlands Visitor Center at (415)331-1540. A camping brochure is available at the visitor center and online.
- San Francisco MUNI Line 76x Marin Headlands Express serves major sites in the Marin Headlands on Saturdays, Sundays, and most holidays. Contact MUNI for schedule at: (415) 673-6864 or [www.sfmta.com](http://www.sfmta.com).
- For current information on visiting Point Bonita Lighthouse, the Nike Missile Site, or Battery Townsley visit our website at: [www.nps.gov/goga/marin-headlands.htm](http://www.nps.gov/goga/marin-headlands.htm) or call (415) 331-1540.



Download the NPS Golden Gate App



For a more detailed map, see reverse side.

Battery Duncan  
Cavallo Point - the Lodge at Golden Gate  
Battery Cavallo  
Battery Yates  
For a more detailed map, see reverse side.

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