

Accessibility Guide

Marin County : Summer 2016

National Park Service
U.S. Department of the Interior
Golden Gate National Recreation Area



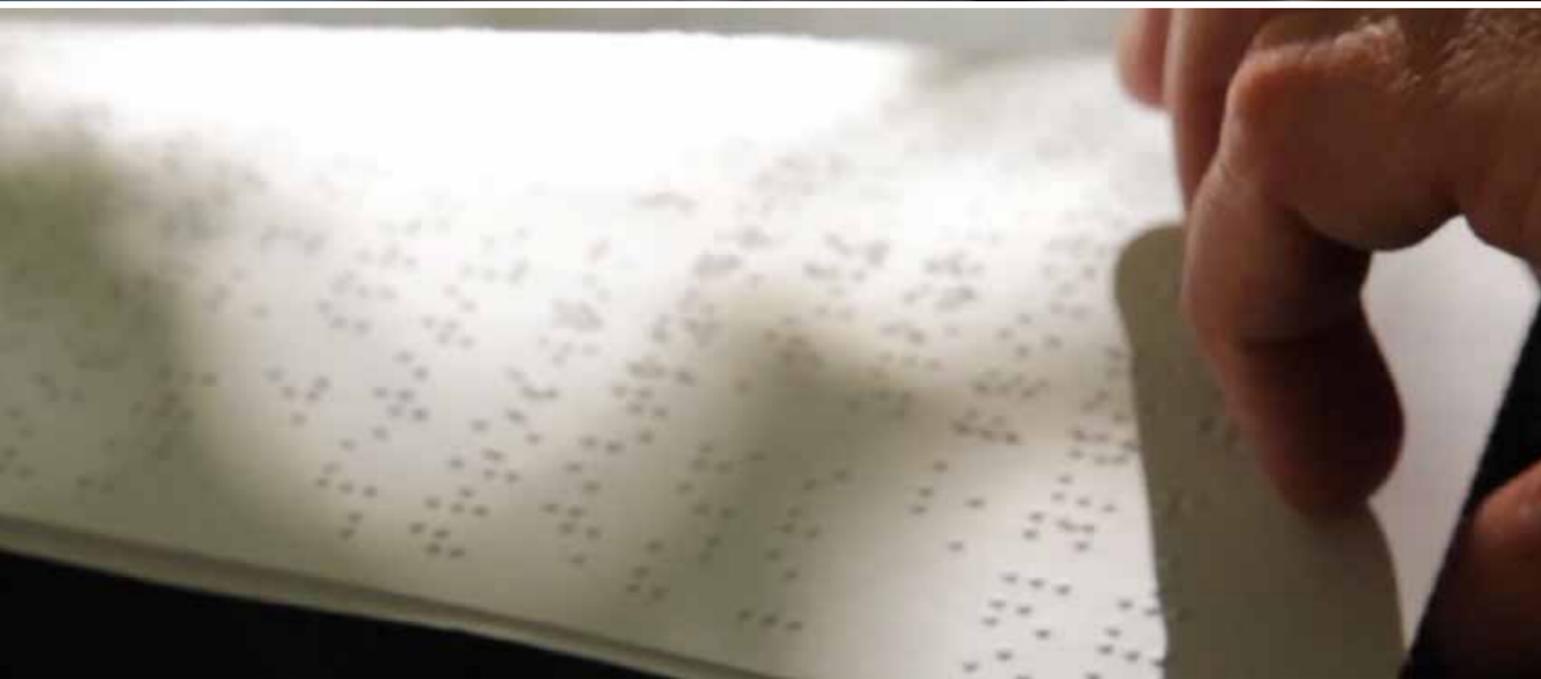


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The information contained in this guide is current as of July 2016.

Welcome to Golden Gate National Recreation Area

Welcome to Golden Gate National Recreation Area! Golden Gate National Recreation Area (GGNRA) spans three counties and is comprised of many parks that contain historic, cultural and/or environmental significance. GGNRA strives for full and equal participation for all visitors and continually upgrades facilities to make them more accessible. This guide outlines accessible services, facilities, and activities. Within each area, it describes ways for people with sight, hearing, and mobility impairments to enjoy our parks. Symbols in the left margin mark accessibility features. (In an effort to conserve our resources, if you do not need this guide after your visit, please return it to any visitor center or park ranger.)

For additional accessibility questions

Call 415-561-4958 or E-mail goga_accessibility@nps.gov

Discrimination on the basis of disability in federally conducted programs or activities of the Department of the Interior is prohibited.

For even more accessibility information visit our website at:

<http://www.nps.gov/goga/planyourvisit/accessibility.htm>.

For visitors with vision impairments, an audio described version of our Golden Gate National Recreation Area Brochure is available for download on our website.



General Park Information

Golden Gate National Recreation Area (GGNRA) spans Marin, San Francisco and San Mateo Counties. Filled with unique historic structures, landscapes and park activities, GGNRA presents both challenges and opportunities to providing accessible facilities and programs. Some of the most recognized parks within GGNRA boundaries are Alcatraz, Muir Woods, and Fort Point. Other sites include Marin Headlands, Fort Baker, Ocean Beach and Mori Point to name a few. For a complete list of GGNRA parks please visit:
<http://www.nps.gov/goga/planyourvisit/index.htm>

Contact Information

Richard De La O, Accessibility Program Manager
201 Fort Mason San Francisco, CA 94123
Voice: (415) 561-4958
Email: goga_accessibility@nps.gov

Individuals who are deaf, hard-of-hearing, deaf/blind or have speech disabilities may utilize the following Federal Relay Service numbers:

(800) 877-8339 Federal Relay Service

(877) 877-6280 VCO

(877) 877-8982 Speech to Speech

(800) 845-6136 Spanish

(866) 893-8340 TeleBraille

For more accessibility information please visit our website at:
<http://www.nps.gov/goga/planyourvisit/accessibility.htm>

Accessibility Definitions

- Accessible** Meets all or most of the current accessibility standards; most visitors with disabilities will not need assistance.
- Generally Accessible** Meets many current codes and has few barriers, but some visitors with disabilities may need assistance.
- Usable** Meets some current codes but has some barriers; many visitors with disabilities may require assistance.
- Designated Accessible** Describes facilities that have been set aside and usually signed or “designated” accessible because they met accessibility codes when built. Such facilities may vary from newer suggested guidelines in specified ways, and improvements may be planned or ongoing. Minor variations from standards are not usually described. This term is often used for parking spaces that are reserved for visitors with disabilities even though there may be minor issues with slope, signage, or size.

American Sign Language Requests



We provide Sign Language Interpreters for our park visitors. To request a Sign Language Interpreter we must be given at least five days advanced notice in order to guarantee that an interpreter will be available.

To request a Sign Language Interpreter please call Richard De La O at 415-561-4958 or email us at goga_accessibility@nps.gov

Beach Wheelchair Requests



We provide Beach Wheelchairs to our park visitors. To request a Beach Wheelchair we must be given at least five days advanced notice in order to ensure that one will be available. We will do our best to accommodate last minute requests.

In Marin County, Beach Wheelchairs are available at Stinson Beach, Muir Beach, and Rodeo Beach. All three locations have two beach wheelchairs available.

In San Francisco County, Beach Wheelchairs are available at our headquarters building in Fort Mason and on site at Baker Beach, and Crissy Field. Requester’s may transport the beach wheelchairs to other beaches within the park such as Crissy Field, Baker Beach, and Ocean Beach.

Our beach wheelchairs are not power or battery operated; they require a companion to push the user across the sand.

To reserve a Beach wheelchair

please contact Richard De La O at 415-561-4958 or email us at goga_accessibility@nps.gov



Seasonal Beach Mats

Seasonal Beach Mats are in place and maintained from Memorial Day through Labor Day.

We provide seasonal beach mats at

- Stinson Beach
- Muir Beach
- Rodeo Beach and
- Crissy Field East Beach.

Beach Mats are installed on top of the sand to provide a firm and stable surface. Due to the dynamic environmental conditions of our coastal beaches the slopes of the mats may at times be steep. Please proceed with caution.



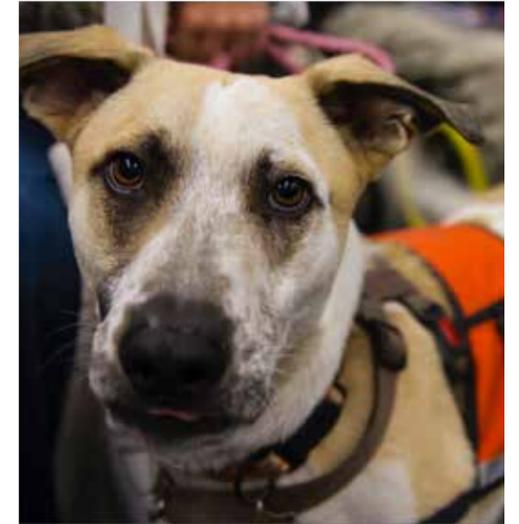
Service Animals

In Golden Gate National Recreation Area, service animals are allowed in all facilities and on all trails, with the exception of areas closed by the superintendent to protect park resources.

Our adopted DOJ ADA Revised Regulations are as follows:

34.104 Definitions:

Service animal means any dog that is individually trained to do work or perform tasks for the benefit of an individual with a disability, including a physical, sensory, psychiatric, intellectual, or other mental disability. Other species of animals, whether wild or domestic, trained or untrained, are not service animals for the purposes of this definition. The work or tasks performed by a service animal must be directly related to the handler's disability. Examples of work or tasks include, but are not limited to, assisting individuals who are blind or have low vision with navigation and other tasks, alerting individuals who are deaf or hard of hearing to the presence of people or sounds, providing non-violent protection or rescue work, pulling a wheelchair, assisting an individual during a seizure, alerting individuals to the presence of allergens, retrieving items such as medicine or the telephone, providing physical support and assistance with balance



Service Animals

and stability to individuals with mobility disabilities, and helping persons with psychiatric and neurological disabilities by preventing or interrupting impulsive or destructive behaviors. The crime deterrent effects of an animal's presence and the provision of emotional support, well-being, comfort, or companionship do not constitute work or tasks for the purposes of this definition.

For more information refer to DOJ Title II, section 35.136 Service animals



Other Power Mobility Device (OPMD)

ELECTRIC POWERED MOBILITY ASSISTANCE DEVICES (e.g. electric scooters, Segway® devices) is a motor vehicle as defined in Title 36 CFR. "Electric personal assistive mobility device" or "EPMAD" means a self-balancing, non-tandem two-wheeled device, that is not greater than 20 inches deep and 25 inches wide and can turn in place, designed to transport only one person, with an electric propulsion system averaging less than 750 watts (1 horsepower), the maximum speed of which, when powered solely by a propulsion system on a paved level surface, is no more than 12.5 miles per hour.

For a copy of the GGNRA compendium visit:

http://www.nps.gov/goga/learn/management/upload/2014_Superintendent-s-CompendiumV2_access.pdf



Accessible Features by Park Location

Stinson Beach

Accessible Features

- Accessible Parking in the North and Central Parking Lots
- Accessible Restroom Facilities in the North and Central Parking Lots
- Usable Picnic Areas in the North, Central, and South Parking Lots
- Beach Access Mat provided seasonally, from approximately Memorial Day to Labor Day depending on weather conditions.
- Beach wheelchairs are available (see page 7)

Upon Arrival:

Stinson Beach has three main parking areas designated as the North, Central, and South Lots. The central parking lot is open year round and contains six accessible parking spaces. The North lot is open during peak visitation and contains three designated accessible parking spaces. The South parking lot is used for overflow parking and is not located on a paved surface.

Inside the Park

At the Central Parking lot there is a usable asphalt pathway that slightly exceeds 5% running slope that leads to an accessible restroom. You may also access the beach from this route. During the summer months a beach access mat is provided. This mat provides a stable surface from the

concrete pad surrounding the restroom area to the high tide level. Adjacent to the North parking lot there is an accessible restroom. Please note that the North parking lot and restroom are only open during peak visitation days. There are usable picnic areas located throughout the North, Central and South parking lots. Many of the tables themselves are accessible; however, most of them are located on grass. Beach wheelchairs are available on-site.

Muir Beach Overlook

Accessible Features

- Accessible Parking
- Accessible Vault Toilet
- Accessible Picnic Tables
- Tactile / Braille Topographic Model
- Accessible Pathways



Upon Arrival:

There are two accessible parking spaces located within the parking lot.

Inside the Park:

Adjacent to one of the accessible parking spaces is an accessible vault toilet. There is an accessible outdoor route leading to the information kiosk. Past the information kiosk you will find a large scale tactile topographic model which contains Braille labels. There is also a series of information panels. There are several accessible picnic tables all located on accessible outdoor routes. Some portions of the trails are generally accessible while others contain very steep terrain and stairs.



Muir Beach

Accessible Features

- Accessible Parking
- Accessible Restrooms
- Accessible Outdoor Routes and Trail to Beach
- Accessible Picnicking
- Beach Access Mats from Memorial Day through Labor Day
- Tactile Model
- Beach Wheelchairs are available (see page 7)

Upon Arrival:

As you arrive at Muir Beach you will encounter a paved parking lot. There are several accessible parking spaces nearest the restroom building and bridge.

Inside the Park:

Adjacent to the parking lot are several amenities. The vault toilet restrooms are all accessible. Attached to the restroom building is a beach wheelchair storage shed that houses two beach wheelchairs. These chairs can be reserved by calling or emailing the Accessibility Program Manager. On the opposite side of the restroom building you will encounter a large cast bronze tactile model. This model depicts the topography of the entire Redwood Creek Watershed and contains Braille labeling. Overlooking the beach adjacent to the parking lot is a picnic table containing four accessible tables. The surface material throughout this entire area is natural material mixed with a binding agent making it firm and stable. The informational kiosk provides information regarding the conditions of some of the surrounding trails. Past this area you will find an entry point to an accessible bridge. This is the only route that leads to the beach. This bridge contains some interpretive signage which includes tactile elements. At the end of the bridge you will continue along an accessible trail to the beach. The surface material of this trail is firm and stable. At the end of the trail is a small overlook which contains an accessible bench. At the edge of the overlook you will encounter the steep sandy dunes. Again, this is the only access point to beach. From Memorial Day through Labor Day beach mats are present. The mats provided total 200 linear feet of surface. Beach wheelchairs are made available year round.



Muir Woods

Accessible Features

- Designated Accessible Parking
- Assistive Listening Devices
- Accessible Restrooms
- Segments of Accessible Trails
- Braille Brochure and Trail Map
- Large Print Brochure
- Accessible Café and Gift Shop
- Accessible Visitor Center
- Audio Described Brochures
- Tactile Model
- Manual Wheelchairs available (first come, first served)

Upon Arrival

As you arrive at Muir Woods, proceed to the main parking lot follow the signs to the accessible parking stalls located closest to the Visitor Center and park entrance. Accessible restrooms are located across from the parking stalls. The surface material within the entry plaza is a compacted mix of recycled asphalt and dirt. The surface is firm and stable. There are several accessible benches located in the entry plaza.

Inside the Park

At the visitors center you can request assistive listening devices for our Ranger Led Tours and Mp3 players containing an audio described recording of the Muir Woods Brochure. The Visitors Center also provides a copy of the Muir Woods Brochure in Braille along with a Braille Trail Map. Visitors can also borrow a

manual wheelchair from the visitors center. These wheelchairs are available on a first come first serve basis. After stopping at the Visitors Center, follow the raised accessible boardwalk. This boardwalk is part of the Muir Woods Main Loop trail. If you follow the raised boardwalk to the right it will lead to an accessible gift shop, café and restroom facility. Signage is provided. If you choose to continue into the Redwood Forest, the accessible boardwalk will continue for several hundred feet to the Pinchot Tree Area. There are several informational waysides along the boardwalk. If you proceed past the boardwalk you will encounter an asphalt trail which is usable; however, it contains potholes and severe cracks due to heaving tree roots.

Departure

As you exit the forest, please return any assistive listening devices and Mp3 players to the Visitors Center.



Tennessee Valley

Accessible Features

- Accessible Parking
- Accessible Vault Toilet
- Accessible Picnicking
- Generally Accessible Trail for approximately 1 mile



Upon Arrival

As you enter the Tennessee Valley Parking lot, there are three accessible parking spaces located closest to the main entry gate.

Inside the Park

To the right of the parking lot there is an accessible vault toilet. In front of the accessible parking spaces there is an accessible picnic area which contains accessible tables on an accessible surface. The information kiosk is accessible to visitors with mobility impairments. The main entry gate is accessible as well. Past the main gate, the service road is accessible for approximately one mile beyond which the road becomes an unpaved trail which leads to Tennessee Valley Beach. This trail is usable, proceed with caution.

Marin Headlands

Marin Headlands is a vast area located just North of the Golden Gate Bridge. To obtain more information or driving directions, as much of the park is accessed by vehicle, visit the Marin Headlands Visitor Center.

Battery Spencer

Battery Spencer is a heavily visited site. There are two accessible parking stalls and the overlook adjacent to the parking area contains an accessible surface and accessible benches. The trail beyond this area is usable. On your right, you will encounter an accessible vault toilet. As you proceed along the trail the running slope will increase drastically and does not meet accessible trail standards, please proceed with caution.

Northwest Bridge Parking Lot:

This parking lot contains two accessible parking stalls.



Overlooks

If you continue past Battery Spencer there are accessible overlooks that contain accessible parking stalls and benches.



Kirby Cove Campground

Kirby Cove has a dedicated accessible campsite which includes accessible parking, picnic tables, and fire ring. There is also an accessible day use picnic area with accessible tables and grills. To make reservations please call 1-877-444-6777 or visit www.recreation.gov



Conzelman Road Roundabout

Adjacent to the roundabout is a parking lot that contains an accessible parking space and an accessible vault toilet.



Hawk Hill Overlook

Hawk Hill provides visitors with accessible parking stalls, curb ramps, accessible portable toilet and accessible routes throughout the overlook. Past the concrete tunnels the trails are steep and very narrow.



Upper Fisherman's Parking Lot

The area contains an accessible parking space and accessible vault toilet.



Point Bonita

As you arrive at Point Bonita turnaround you will find accessible parking stalls and an accessible vault toilet. The trail leading to the Point Bonita Lighthouse contains extreme running slopes. Point Bonita offers a cell phone tour that can be downloaded from our website.



Battery Alexander and Battery Smith-Guthrie

There are two accessible parking spaces, an accessible vault toilet, accessible outdoor route to the trailhead and an accessible trail loop that is approximately 1/2 of a mile. A few sections of the trail have running slopes up to 10%. There is an accessible bench and resting area about half way along the trail.

Battery Mendell

Accessible parking is available at the Point Bonita turnaround along with an accessible vault toilet. The trail leading to Battery Mendell is generally accessible.



Battery Wallace

There is an accessible parking stall, vault toilet and picnic area at Battery Wallace. The picnic area contains three accessible picnic tables located on accessible routes. There three additional accessible tables located on concrete pads that are not connected to accessible routes. There are accessible BBQ grills as well.



Nike Missile Site

The Nike Missile Site is open Thursday, Friday and Saturday from 12:30 - 3:30. As you arrive at the Nike Missile Site there is usable parking available on your right. This area is paved and generally flat but, is it not striped. There is an accessible portable toilet available in front of the parking area. All tours are guided by a park employee, docent or volunteer. These individuals will tailor the tours to the needs of the visitor. ASL interpreters can be made available upon request. At least five days advanced notice is required. All of the buildings are generally accessible to visitors with mobility disabilities. Some portions of the buildings do not provide adequate turning space for visitors who use wheelchairs. There are two historic military trailers that are not accessible to visitors who use wheelchairs. These trailers are extremely

compact; however, visitors are able to view inside from the entry doors. Some routes throughout the site contain cross slopes greater than 2.08% and changes in level that exceed 1/4". The route leading to the Generator Building has a running slope of 7.5%, proceed with caution. Some of the exhibits are tactile including a scale replica of the missile. There are accessible picnic tables near the Assembly Building and the Missile Launcher. Audio Described and Open Captioned videos about the Nike Site are available on our website.



Marin Headlands Visitor Center

As you arrive at the Marin Headlands Visitor Center you will find a designated accessible parking space. To the left is an accessible restroom and an accessible parking space. On your right is a ramp leading to the Visitor's Center. This ramp has an excessive running slope, please proceed with caution. The interior of the Visitor Center is accessible to people using wheelchairs. There are some exhibits that are tactile and

there are some exhibits that provide audio recordings for visitors with vision impairments.

Rodeo Valley Trail

This is an accessible trail that is approximately 1.5 miles. The surface is a compacted chert. The trail contains grades less than 8.33% and cross slopes less than 3%. There is no designated parking for this trail; however, there is a usable area for which a visitor can park adjacent to building T1111, northeast of the Rodeo Lagoon.

Rodeo Beach

As you pass the Rodeo lagoon you will arrive at a large paved parking lot. Here there are accessible parking stalls, an accessible restroom facility and an accessible picnic area. There are additional accessible parking stalls located near the beach entry point. Beach Wheelchairs are available on site and there is a seasonal beach mat just past the pedestrian bridge.

Fort Cronkhite

Most of the historic buildings within Fort Cronkhite are not open to the public or are managed by our park partners. If you are trying to access one of our park partner buildings, please contact them directly. There is a self-guided historic walking tour brochure that can be downloaded from our website. There are no sidewalks within Fort Cronkhite. Pedestrians must use the roadway, please proceed with caution.



(Rodeo Valley Trail, Left. Rodeo Beach, Below)

Fort Baker

Accessible Features

- Accessible Parking Stalls
- Accessible Portable Toilet
- Accessible Overlooks
- Accessible Picnicking
- Usable Fishing Pier
- Accessible Cell Phone Tour



Upon Arrival

As you enter Fort Baker there is a designated accessible parking space located near the usable fishing pier. There is another designated accessible parking space located near the waterfront. There are two accessible parking stalls located on East Road, one at each accessible overlook.

Inside the Park

The Fort Baker fishing pier is usable, please proceed with caution. Located near the fishing pier is an accessible portable toilet. The overlooks along East Road are accessible; both contain accessible benches and one contains an accessible picnic table. Both overlooks provide breathtaking views of the San Francisco Bay. There is accessible parking and an accessible promenade to the East of the yacht club located along Satterlee Road.



