



Houseboat Volunteer Application Supplement 2: Doctor's Agreement

The Trash Tracker/True GRIT programs require a certain level of physical fitness. During the extent of the volunteer's trip, he/she will be required to:

- Walk over uneven, slippery, and steep terrain for up to three miles a day
- Endure daytime temperatures into the 100s without shade for a few hours
- Bend and lift objects weighing from 1-20 lbs (Trash Tracker)
- Endure repetitive motion of scrubbing sandstone with a wire brush (GRIT)
- Be exposed to desert wildlife, including rattlesnakes and scorpions
- Ride in small boats

I, _____, attest that _____ is physically able to
 Doctor's name Volunteer's name
 perform the duties required of a houseboat volunteer. _____
 Doctor's Signature

Doctor's address:

Medication taken regularly:

Allergies:

Medical History we should be aware of: