Two Medicine Valley Trails - Destinations and Elevation Change

1. Appistoki Falls - gains 260 ft.
3. Cobalt Lake - gains 1400 ft.
5. No Name Lake - gains 800 ft.
6. Oldman Lake - gains 1500 ft.
8. Rockwell Falls - gains 375 ft.
9. Running Eagle Falls - mostly level
10. Scenic Point - gains 2350 ft.
11. Twin Falls - gains 75 ft.
12. Upper Two Medicine Lake - gains 350 ft.

To increase accuracy, these mileages are derived from Geographic Information Systems data, which takes terrain into account. These mileages may differ from those found in some publications and trail signs.