



No Child Left Inside Weekend Activities List

Updated 9-12-08

National Parks in Colorado (www.nps.gov/state/co)

Saturday and Sunday (Oct. 4 and 5) – if a child brings a parent, they will get in free.

Florissant Fossil Beds National Monument (719) 748-3253

Junior Ranger Day

Saturday, October 4, 10 a.m. – 4 p.m.

Throughout the day there will be a variety of activities for kids including hikes, excavating for replica fossils, fire fighting demonstration, and even some live animals. Children who attend these activities and complete their junior ranger activity book will receive a badge and patch. The first 150 kids to complete the junior ranger book will receive a free t-shirt.

Pikes Peak Historical Society, Florissant

On Saturday, October 4, Pikes Peak Historical Society will contribute to the excitement with special activities for children of all ages. From 10am to 4pm, Patti Amgwert will offer an extraordinary experience in Garbage Can Archaeology at the Pikes Peak Historical Society Museum. The Museum is located in Florissant, across the street from the Post Office. A mile away, at the Florissant Pioneer Cemetery, Jan Allen will offer a special experience among the gravestones from 1:00pm to 2:30 pm. She will guide children in discovering the nuggets of historical and personal information available on the historical granite markers throughout this 1874 cemetery.

For more information, please call the Museum at 719-748-8259 or 748-3562.

Sanborn Western Camps, Florissant

Day of Fun at the Camps Saturday, October 4

10am Sensory Awareness Activities at the Central Tipi – ongoing

Nature Scavenger Hunt and 'Off the Trail" Wonder Hike

- Many activities from the High Trails Outdoor Education Center Field Guide.
- Designed for parents to introduce their kids to the wonders of the natural world.

11am Hike to the Crystal Beds (1 hour)

- Explore the local Pikes Peak region geology by getting your hands dirty digging for Quartz crystals.

Woodsmen/Tree Hike (1 hour)

- Discover the wonders of the trees of the Montane Life zone by playing games and having fun!

Search for Tracks/Signs of Animals getting ready for winter (1 hour)

- Examine the local surroundings for animal signs

Noon Fort Building (1 hour)

- Could you survive like the trappers of the 1800's? Fun and adventure in the woods!

Native American Skills (1 hour)

- Collect natural materials and learn the skills of the Ute Indians in making fire.

Birding Hike to A-Bluff (1.5 hours, moderate-rigorous hike)

- Survey bird populations and gain the perspective of a hawk by climbing A-Bluff.

1-2pm Buffet Lunch (free)

2pm Natural Crafts Hike (1 hour)

- Create works of art using natural materials and your imagination!

Homesteaders in the Pikes Peak Region (1.5 hours)

- Recreate the journey west in a Mormon handcart to explore the Quick Homestead.

Exploring the Interbarn (1 hour)

- Climb into a plant cell, check out a bear skull and touch a porcupine.

Go to www.sanbornwesterncamps.com for more information or call (719) 748-3341.

Mueller State Park

Aspen Nature Hike 10/4/2008, 10:00 AM Grouse Mountain Trailhead

Enjoy the golden splendor of the aspen trees as they ready themselves for the cold winter ahead. Join the Volunteer Naturalist for a nature hike in search of the most colorful displays. The 2.0-mile trail is rated moderate. Wear hiking shoes; bring water, sunscreen and a snack.

Colorado Critters 10/4/2008, 7:00 PM Mueller State Park Amphitheater

What is rustling in the bushes? There are many small creatures in the woods. The Park Naturalist will discuss the smaller inhabitants of Mueller and the role they play in nature. Learn how to observe without disturbing them. Dress warmly.

Preacher's Hollow Hike 10/5/2008, 10:00 AM Preacher's Hollow Trailhead

Enjoy a leisurely hike on Preachers Hollow Trail to experience the breath-taking beauty of fall with the Park Naturalist. This 2-mile loop, rated moderate, features a scenic aspen and montane meadow trail. Bring water and wear hiking shoes.

Starsmore Discovery Center

Discovery Hike

Saturday and Sunday, October 4 & 5, 1 p.m.

Enjoy discovering the natural world with your children at Starsmore and Helen Hunt Falls.

Wild About Wildlife: Project Wild Early Childhood Workshop

Saturday, October 4, 9:00 – 3:00 p.m.

For all people who work with young children, especially preschool – grade 2. For information about registration and fee, call Lynda Grove at 473-1741, ext 139 or email Lgrove@hsppr.org.

Sierra Club, Pikes Peak Group

Black Forest Family Nature Discovery Hike

Saturday, October 4, 9 a.m. - noon

Explore neat niches in nature along the Section 16 Partnership Trail in the heart of Black Forest. This is an easy 2 ½ mile hike for children seven years old and up accompanied by an adult. To register, contact John at 303-660-5849 or jorcstan@juno.com by 8 pm, Oct 2.

School in the Woods

EXPLORING THE LIFE OF A POND

10:00 AM to 12:00 noon

Children (age seven and up) and adults can explore the life of a small pond in Black Forest. Collect and examine nymphs, larvae, and other small creatures up close, and learn how they are adapted for life in fresh water. Children must be accompanied by an adult. Please call School in the Woods at 495-1865 to sign up and get directions.

WHAT IS SCHOOL IN THE WOODS?

1:30 to 3:30 PM

A chance for teachers and parents to learn about Academy School District Twenty's School in the Woods. The two teachers who started this nature-based school will explain how it is meeting the educational needs of fourth graders who want to spend an entire school year learning in, about, and from the natural world. This program is intended for adults. Please call 495-1865 to sign up and get directions.

Cheyenne Mountain State Park

Saturday, Oct 4

Who Lives Here? 10:00AM – Meet at the Trailhead Parking Lot.

Want to hold a cougar skull, wiggle a deer's loose tooth or stick your hand in a black bear's mouth? How do coyotes dress for winter, and why don't deer freeze? Maybe you have some cool questions about the animals that live here. We'll touch and explore the wildlife at our Skins and Skulls table then head out with our binoculars to watch some extreme behavior in the prairie dog colony.

Trail Savvy – How Observant Are You? 1:00PM – Meet at the Visitor Center.

Learn how NOT to miss all the really cool stuff on the trail. We'll train you in some techniques that will make you a fantastic nature observer. Use your skills to snap a super digital picture with a park camera that you can take home. Once you're a Super Observer, take our Un-natural Trail Challenge to see if you can find the camouflaged objects.

Sunday, Oct 5

Talkin' Turkey 10:00AM Meet at the Visitor Center.

Wild Turkeys are the funniest animal at Cheyenne Mountain State Park. They look funny. They sound funny. They move funny. Join us for a fun time studying this funny bird. We're going to dress someone (maybe you!) funny to show turkey adaptations, and we'll practice funny calls to gather turkeys on trail. Dig in the dirt and under rocks to discover the funny-looking bugs turkeys eat. Pretend to be a turkey in a game called Getting Groceries.

Wild Art in the Park 1:00PM Meet at the Visitor Center.

Join a Naturalist to discover hidden places and natural treasures that most people never see. We'll play a fun game that will help you notice details and patterns then we'll go into the wild to build a nature journal from the textures, adaptations and structures we discover there. You'll create a cool book to remember your Cheyenne Mountain visit!

Bear Creek Nature Center (719) 520 - 6387

Little Wonders: Lovely Ladybugs

Saturday, October 4, 9:00 - 10:00 a.m.

Discover the world of nature with your 2 or 3 year old. Interactive activities and a short hike make this the perfect introduction to the outdoors for your child. \$3.00, Reservations required

Teddy Bear Picnic

Saturday, October 4, 11:00 a.m. - 1:00 p.m.

Children are invited to bring their favorite teddy bear and join us for a hiking adventure in Bear Creek Park. After the hike we'll enjoy our favorite picnic, story, and a teddy bear parade. \$4.00, reservations required

Nature Explorers: Busy Bees

Saturday, October 4, 2:00 – 3:15 p.m.

Children, ages 4-5 with an adult, will enjoy hands-on nature activities, puppet shows, crafts, and a hike. \$4.00, reservations required

Fountain Creek Nature Center (719) 520 - 6745

2's & 3's: Kids Outdoors

Saturday, October 4, 9:00 – 10:15 a.m.

Share in the joy of your 2 or 3 year-old child's discovery as he or she enjoys a morning of exploring in a "wild place" outdoors. (\$4.00, reservations required)

Nature Adventures: Kids Outdoors

October 4, 10:30 a.m. – Noon

Children ages 4-6, with an adult, will enjoy stories, hands-on activities, crafts, and discovery time on the trail. (\$4.00, reservations required)

Kids Outdoors Nature Discovery Photo Shoot

Saturday, October 4, 1:00 – 3:30 p.m.

Kids of all ages are invited to bring their digital camera, learn great tips for nature photography and then capture awesome photos to share with the group. Please also bring your USB connector. (\$4.00, reservations required)

Kids Gone Wild Challenge

Kids - How many can you do?

10 Things to do Outside

by El Paso County Parks

	1. Sit by a pond and listen.
	2. Hike a new trail.
	3. Follow animal tracks.
	4. Build a shelter in the woods.
	5. Camp out in your backyard.
	6. Smell a flower.
	7. Go fishing.
	8. Gaze at the night sky.
	9. Follow an ant.
	10. Climb a tree.

Parents - Find more activities at www.greenhour.com

Learn more about No Child Left Inside at

www.childrenandnature.org