



# Summer Twilight Trek

## Recommended Equipment:

- \* Wear comfortable clothing, and comfortable shoes (*dress in layers- remember the sun will be down toward to end of the Trek and will be much cooler out*)
- \* Hat for the sun
- \* Rain gear (*if the weather calls for it*)
- \* Personal items (*any needed just for a days outing*)
- \* Suntan lotion
- \* Mosquito repellent
- \* Small snacks
- \* Water bottle
- \* Some type of backpack (*no rolling or other kind of suitcase please!*)

### **Please Note:**

You MUST carry your bag with you on the hike, so pack lightly.