



Cycling in the Reds Meadow Valley



- To avoid head-on collisions, do not pass stopped or slowed traffic as they may be waiting for an oncoming vehicle to pass safely.
- The speed limit on the road is 15 mph for vehicles and cyclists.
- Downhill traffic must yield to uphill traffic and must stay to the right.
- The road is narrow, winding and steep. Make sure brakes are in good shape before beginning your descent.
- Riding into the valley during peak visitation times (11:00 a.m. to 4:00 p.m.) is not recommended.
- Buses will pick up cyclists only at the Adventure Center and at Red's Meadow Resort if space is available.
- Buses can only take 2 bicycles per bus and only if the bus has space available.
- Trail Riding is not permitted anywhere in the valley.
- Helmets are recommended for all riders and are required for riders under 18 years of age.