



National Park Service
U.S. Department of the Interior

Cuyahoga Valley
National Park

15610 Vaughn Road
Brecksville OH 44141

www.nps.gov/cuva
www.dayinthevalley.com

Cuyahoga Valley National Park News Release

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Get Outside Day! Celebrated in Your National Park

Brecksville, Ohio - Celebrate Get Outside Day! on Saturday, April 3, 2010 in Cuyahoga Valley National Park (CVNP). Get Outside Day! is a day when natural leaders, community members, friends, and families across the nation and beyond, join together to encourage all youth to connect with nature. It is a day to get outside and raise awareness about the need for nature in the lives of all people. The initiative is led by Children and Nature Network (C&NN), which was created to encourage and support the people and organizations working nationally and internationally to reconnect children with nature. For more information on C&NN visit www.childrenandnature.org.

Families are invited to Get Outside! to their national park this Saturday and head to Hunt Farm Visitor Information Center, from noon - 1:30 p.m. Bring a picnic and join park staff for lunch on the lawn. Afterwards take a ranger-led, one-hour (roundtrip) hike to the Beaver Marsh.

Families can also enjoy Bike Aboard! on the Cuyahoga Valley Scenic Railroad. Bike the Towpath Trail in one direction, then hop on the train for a relaxing ride back to your car—or do it in reverse! The train can be flagged down at boarding stations by waving both arms. One way: \$2 per person ages three and up with bike.

End your day outside with Park Ranger Paul Motts watching woodcocks “sky dancing” 300 feet in the air. Meet at NPS Park Headquarters from 7:15 - 8:45 p.m.

Hunt Farm Visitor Information Center is located at 2054 Bolanz Road, between Riverview and Akron Peninsula roads, Peninsula 44264. NPS Park Headquarters is located at 15610 Vaughn Road, intersection of Vaughn and Riverview roads, Brecksville 44141.

CVNP encompasses 33,000 acres along the Cuyahoga River between Cleveland and Akron. Managed by the National Park Service, CVNP combines cultural, historical, recreational, and natural activities in one setting. For more information about the park, visit www.nps.gov/cuva/ or www.dayinthevalley.com/ or call (330) 657-2752 or (800) 445-9667.

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