



Cuyahoga Valley National Park Association

1403 W. Hines Hill Road, Peninsula, Ohio 44264
Phone: (330) 657-2909 Fax: (330) 657-2328 www.cvnpa.org

For Immediate Release
Friday, September 25, 2009

Contact: Jocelyn Buckey
(330) 657-2909 ext. 106
jbuckey@cvnpa.org

Fourth Annual Fall Running Series in National Park

Peninsula, Ohio - For the fourth straight year, Cuyahoga Valley National Park Association (CVNPA) will be hosting the Fall Running Series in Cuyahoga Valley National Park (CVNP). This trail running series is one of the most unique of its kind. While it will take you through some of the most beautiful and challenging parts of this valley, it will leave you wondering what might happen next week.

Each trail run will begin at a different location each date and the distance will range between three and six miles. To add to the fun, details remain a secret until the run. All levels of runners and walkers are welcome. Events will be held regardless of weather conditions including rain sleet and snow. This will be a scored competition with points being earned after every run and unique national park related award will be presented to the top finishers.

Participants can register now for one of the series package's which can include registration for the series runs, a CVNPA Earth membership, and a Pearl Izumi Commemorative Pullover for \$100. Runners only interested in registering for the 5 run series package can do so for \$50, and will receive a CVNPA Earth membership. Online registration is available at www.active.com or a form is available to download at www.cvnpa.org. Individual run registration is available each run on the days of the event for \$15.

Locations for each run include:

Tuesday, October 6th at 6 p.m.
Station Road Bridge Trailhead, Riverview Road in Brecksville

Tuesday, October 13th at 6 p.m.
Oak Hill Trailhead, Oak Hill Road in Peninsula

Tuesday, October 20th at 6 p.m.
Pine Hollow Trailhead, Quick Road in Peninsula

Tuesday, October 27th at 6 p.m.
Ledges Shelter, Truxell Road in Peninsula

Friday, October 30th at 9 p.m. (Full Moon Run)
Boston Store Visitor Center, Riverview Road in Peninsula

-more-

The 2009 Fall Running Series is presented by Cuyahoga Valley National Park Association and sponsored by Fleet Feet Sports Northfield and Pearl Izumi.

CVNPA is a nonprofit organization created to engage public support for the park and provide services to enhance public use and enjoyment of the park. For more information about CVNPA and its programs, visit www.cvnpa.org or call (330) 657-2909.

CVNP covers 33,000 acres along the Cuyahoga River between Cleveland and Akron, Ohio. Managed by the National Park Service, CVNP combines cultural, historical, recreational and natural activities in one setting. For more information visit www.nps.gov/cuva/ or www.dayinthevalley.com or call (216)524-1497 or (800)445-9667.

###