



Cuyahoga Valley National Park Association

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CVNPA Winter Fun Run Begins Saturday, Feb. 2

Peninsula, Ohio – Join Cuyahoga Valley National Park Association Saturday, Feb. 2 at 9 a.m. at Kendall Lake Shelter for the Winter Fun Run in Cuyahoga Valley National Park.

This free, non-competitive run is an opportunity to experience the park during the winter while spending time with other runners. The format will be flexible, and depending on weather conditions participants can run, snowshoe or cross-country ski on routes of 3 to 6 miles. Kendall Lake Shelter is located at 1000 Truxell Rd., between Akron-Cleveland Rd. and Akron-Peninsula Rd.

If 2 or more inches of snow are on the ground the day of the run, snowshoes will be available for rent at the Winter Sports Center at Kendall Lake. Snowshoe rental is \$5 a day.

If 6 or more inches of snow are on the ground the day of the run, cross-country skis will be available for rent at the Kendall Lake Winter Sports Center. Ski rental is \$15 for a full day or \$7.50 for three hours.

This is the first run of the CVNPA Fun Run Series leading up to the 2008 Fall Running Series. The following runs have been scheduled to give runners the chance to experience the park throughout the year.

Spring Fun Run

Wednesday, May 21 at 7 p.m.
Horseshoe Pond
Major Road

Summer Fun Run

Wednesday, July 30 at 7 p.m.
Pine Hollow
Quick Road

CVNPA is a nonprofit, membership-based organization working in partnership with the National Park Service to provide innovative education and foster community support of Cuyahoga Valley National Park. For more information on CVNPA please visit www.cvnpa.org.

CVNP encompasses 33,000 acres along the Cuyahoga River between Cleveland and Akron, Ohio. Managed by the National Park Service, CVNP combines cultural, historical, recreational and natural activities in one setting. For more information visit www.nps.gov/cuva/ or www.dayinthevalley.com or call (216) 524-1497 or (800) 445-9667.

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