

Welcome to Cumberland Island...

The island is preserved and protected by visitors like you and the National Park Service. With your help, future generations can enjoy the island and all its splendor as you see it today. Do your part in preserving this special place.

Please remember the following:

- Bring your lunch but take your trash with you.
- Collect only empty seashells and shark teeth
- Climbing on ruins is unsafe and against the law.
- Respect private property and do not trespass.
- Approaching too close to feral horses can result in injuries. They will kick and bite.
- When you see wildlife, keep your distance. Do not try to feed or touch.
- Please use marked beach crossings to protect plants and nesting wildlife.

Start your journey at the Sea Camp ranger station where the latest weather information, rip current risk and programs are posted. Junior Ranger booklets are available here as well.

Safety Tips

To have a safe and enjoyable experience, review the following:

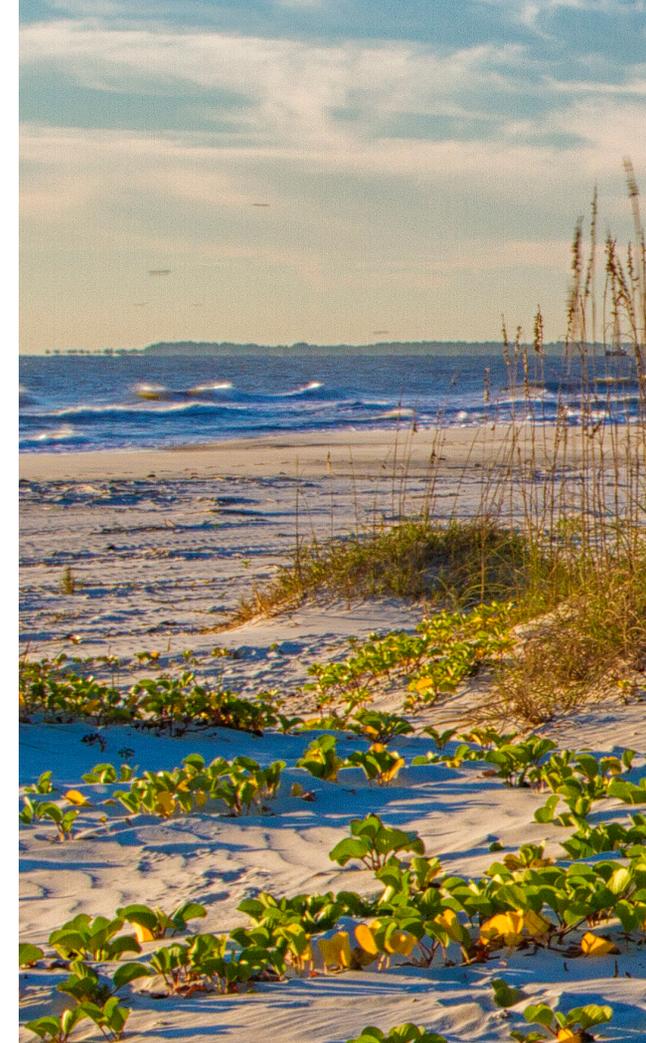
- * Weather conditions can change quickly. Wear layers and bring sun protection. Identify shelter in the event of inclement weather (best places are the restroom facilities).
- * Bring a water bottle and stay hydrated.
- * There are no lifeguards. Be aware of rip currents and never swim alone. Jellies, stingrays and sharks are present. Swim at your own risk.
- * Be prepared for insects: sand gnats, mosquitoes and ticks are commonplace. Apply insect repellent to clothing and check yourself for ticks.
- * Let the wildlife be wild. You are the visitor. Please do not try to touch or feed any animals, including feral horses: they will kick and bite.
- * In an emergency, dial 9-1-1. If calling tell the operator you are on Cumberland Island. Stay on the line until the operator tells you to hang up. Sea Camp Ranger station is the closest ranger outpost on the south end.

National Park Service
U.S. Department of the Interior



Cumberland Island National Seashore
Georgia

From Sound to Sea A Guide to Hiking the South End



Cumberland Island National Seashore

South End Loop



Route Overview

Distance 4.3 miles

Duration: 2-4 hours

From the Sea Camp dock, the River Trail meanders through the forest exiting at the Dungeness dock and Ice House museum. The museum provides a great overview of the history of the island and a preview of the Dungeness area. Stroll along the road from the dock toward the Dungeness ruins, watching for wildlife along the trail. Turkey, deer, raccoon, armadillos and feral horses are easily seen in this area.

For more information about the history of this area, a free audio cell phone tour is available. Standard cell phone usage applies. (912-268-3170)

From the ruins, the road to the beach passes through the support area for the Dungeness estate. Buildings include the laundry house, carriage house, ruins of the power house and employee housing.

 The dunes are exposed to the elements and can be very hot in summer with very soft sand underfoot. Make sure water bottles are filled before heading to the beach. The rainy season can result in wet marshy areas. Taking the boardwalks is recommended to make the dune crossing easier.

A black and white pole near the dunes marks each beach access point. There is no shelter on the beach but a nice breeze usually makes the walk pleasant.

Exiting the beach at Sea Camp brings you across the dune boardwalk and into the shady forest surrounding the campground. An easy half mile trail, which crosses the main road, leads to the Sea Camp dock.