



National Park Service  
U.S. Department of the Interior

Congaree National Park

100 National Park Road  
Hopkins, SC, 29061

(803) 776-4396 park office  
(803) 783-4241 fax

---

## Congaree News Release

**Release Date:** June 5, 2008  
**Contact(s):** David C. Shelley, Education Coordinator  
**Phone Number:** 803.776.4396

### National Trails Day 2008 at Congaree National Park!

Saturday, June 7, 2008 is the 16<sup>th</sup> annual National Trails Day! Everyone is invited to “Join us on the trail” to improve health, reduce stress, enthral our children, connect with other outdoor enthusiasts, and learn what we can all do to protect our land, air, water, and parks. As part of the celebration, Congaree National Park will be hosting several guided walks and unveiling a new, expanded summer program guide!

Several guided, 1.5 hour walks around the 2.4 mile boardwalk loop will be offered on Saturday:

- 9:30 am – Nature Discovery Walk – Come explore the plants and animals of the boardwalk!
- 1:30 pm – Tree Trek – Come learn about the majestic champion trees that make Congaree famous!
- 3:30 pm – National Trails Day Walk – Come on a general guided tour and learn more about Congaree National Park!

No registration is necessary, and visitors should meet at the front desk at the Harry Hampton Visitor Center. Visitors should wear comfortable, closed-toed shoes and weather-appropriate clothing. A water bottle and snack are recommended. In addition to these guided walks, the park’s hiking trails, paddling trails, fishing spots, and camping opportunities are also, as always, here for everyone to enjoy at their leisure.

On Saturday the park will also be handing out our new, expanded summer programs brochure, which will highlight many opportunities to experience your National Park including guided canoe tours, owl prowls (night walks), tree treks, Wilderness hikes, evening campfire programs, Junior Ranger programs, butterfly identification, and more. All programs are FREE.

For more information about any of our programs or how you can experience Congaree National Park, please call 803.776.4396, ext. 0. You can also visit our website at [www.nps.gov/cong](http://www.nps.gov/cong), where you will find more details and an interactive calendar under the “Schedule of Events” Quicklink. An electronic copy of the summer programs brochure should be posted soon.

---

**EXPERIENCE YOUR AMERICA™**

The National Park Service cares for special places saved by the American people so that all may experience our heritage.