

César E. Chávez National Monument

National Park Service
U.S. Department of the Interior



JUNIOR RANGER ACTIVITY BOOK

CÉSAR E. CHÁVEZ NATIONAL MONUMENT

WELCOME

César E. Chávez National Monument is a special place where Cesar Chavez and many others lived and worked. As a Junior Ranger, you will learn how Cesar and Helen Chavez, Dolores Huerta, Larry Itliong, and others worked together in the farm worker movement. They used non-violent actions like boycotts (*not buying something to show you do not support it*) and going on strike (*stopping work until you are given the rights you deserve*). When people, especially workers, have common beliefs, they can form a group called a union. This was how the United Farm Workers union was created, and it still works to protect them today.

Use this booklet to learn about the farm worker movement and complete the activities. Once you have completed the activities, you can earn your Junior Ranger Badge!

Suggested age ranges



Ages 4-6

Complete three activities with the **Ranger Hat** symbol on the top of the page.



Ages 7-9

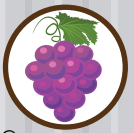
Complete five activities with the **Huelga** symbol on the top of the page.



Ages 10 and Up

Complete six activities with the **Grapes** symbol on the top of the page.

FARM WORKER HOUSING



Cesar started working as a farm worker when he was just a kid, and he knew it was a tough job. Can you imagine living in a tent or a tiny metal house? That's what many farm workers had to do! These places didn't have running water or electricity, which means they couldn't take hot showers or turn on lights.

The outside of their homes was sometimes made from old pieces of tarp, metal, or wood. It felt like living outside all the time, with really hot days in the summer and very cold nights in the winter.

Since the homes were only temporary, farm workers didn't have a permanent place to call home. Living like this was not healthy or safe. This was one of the big reasons why people wanted to help make life better for farm workers.



What things do you have in your house that the farm workers did not?

How do you think weather like heat affected the safety and comfort of farm workers?

How would you feel if you had to live like this?

FILIPINOS IN THE MOVEMENT



Fill in the blank using the word in the word bank.

Manong Delano Boycott Tagalog
NFWA AWOC Larry Itliong UFW
Union Philippines Agbayani Village

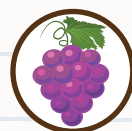


Larry Itliong

In the 1960s, a major labor movement for farm workers began to take shape in California. It was led by both Mexican and Filipino workers who fought for better wages and working conditions. One of the key Filipino leaders was _____, who helped to form the Agricultural Workers Organizing Committee (_____), an important union for agricultural workers. They played crucial roles in organizing the famous _____ Grape Strike. These leaders were also supported by strong allies like National Farm Workers of America (_____) and the American people, who chose to _____ grapes, to show their support to farm workers. These two organizations joined together to create the United Farm Workers (_____).

Many of the early Filipino farm workers were from the _____, and they brought with them their language, _____, which helped build solidarity among workers from different backgrounds. A key community hub for Filipino farm workers was _____, a retirement village built for Filipino farm workers that had nowhere to go after they stopped working. The name given to these elders was _____, a term used to show respect. The Filipino workers across the west coast faced harsh conditions but found the strength to unite and fight for their rights. Without their important contributions to the farm worker movement, the _____ would never have been established, which has led to many positive changes and protections for farm workers since it was established in 1966.

WOMEN IN THE MOVEMENT



Cesar Chavez helped lead a movement that changed the lives of farm workers and their families, and he had plenty of help along the way. Women played an extremely important role in the farm worker movement. Some held jobs that were more vocal while some were behind the scenes. Dolores Huerta and Esther Uranday attended protests and spread awareness about the struggles that the farm workers faced, while Helen Chavez did a lot of meaningful work behind the scenes.

Helen ran the first UFW credit union for farm workers. This meant that farm workers could borrow money to buy groceries, pay rent, and support their families even when they lost their paychecks due to being on strike to support the farm worker movement. Their efforts show how women played major roles in helping to get rights for farm workers.

Help Helen add and subtract the transactions made to the credit union for the month.



March 1966

Juan Hernandez

$$\$150 + \$27 =$$

Luisa Gonzalez

$$\$56 + \$79 =$$

Diego Andrade

$$\$257 - \$37 =$$

Mario Vera

$$\$65 + \$175 =$$

Challenge Questions

$$1,245 + 678 =$$

$$1,200 - 625 =$$

MAKE YOUR OWN BUTTON



Supporters of *La Causa*, the term used to describe the struggle for farm workers' rights, would often show their passion for their cause by wearing pins or buttons on their clothing. By wearing these buttons, they raised awareness about problems they saw in the farm worker community and showed that they stood for justice and change.

What is something that you see in your community that you would like to make better? It might be taking better care of our Earth, other humans or even animals. What art or words can you share below to make sure your cause gets the attention it deserves? **Draw it below in the circle.**



1952

CESAR MEETS FRED ROSS

Cesar Chavez meets Fred Ross in San Jose, California. They work **GTOEHTER** to form one of the largest Latino Civil Rights groups.



1962

THE FARM WORKERS ASSOCIATION AND FLAG DESIGN

Cesar, along with others like Dolores Huerta and Gilbert Padilla, founded the Farm Workers Association. They adopted the Huelga **LGFA**.

1947

ORGANIZING

Organizers led strikes, which is when people do not go to work, and other forms of protest. One **TSREKI** took place in Arvin, California, with DiGiorgio Fruit Corporation in 1947.



1930

THE GREAT DEPRESSION

Many people lost their jobs and moved to California to find work. Some people had to work in the **FLEIDS** for low pay and poor working conditions.



1942

THE BRACERO PROGRAM

A program that was introduced during WWII to bring in more farm workers to the U.S. These jobs paid **WROKRES** poorly and treated them unfairly.

Read through each box and unscramble the word in green. Then write it on the line provided.

1965

DELANO GRAPE STRIKE

The Farm Workers Association joins forces with the Filipino-led Agricultural Workers Organizing Committee and go on a strike from picking **GPESAR** that lasts for five years.



1966

THE MARCH FROM DELANO TO SACRAMENTO

Cesar led a historic march from Delano to Sacramento (almost 300 miles). The **ARHCM** brought national attention to the farm workers' cause, and many people joined to show their support.



1970

FIRST CONTRACT

After years of struggle, farm workers gained their first union contract with rights to better **AYP** and safer working conditions.



TODAY

THE STRUGGLE CONTINUES

After Cesar passed away in 1993 certain things changed for farm workers but the struggle continues to have safe working conditions

Answers: **FIELDS, WORKERS, STRIKE, TOGETHER, FLAG, GRAPES, MARCH, PAY**



LIVING IN COMMUNITY



César E. Chávez National Monument is the headquarters for the United Farm Workers (UFW) union and remains an important place in the history of the farm worker movement. This area, also known as “La Paz” (the peace), was a community for work, learning, and inspiration starting in the 1970s. Cesar, his family, and many people from all walks of life, came together to share ideas and make plans and goals for the farm worker movement while finding strength in the power of community. Today, La Paz continues to honor Cesar’s work by serving as a symbol of peace, justice, and the power of teamwork.

Can you find all the words of things that you could find at La Paz?

D	Q	O	Z	F	Y	G	Y	K	J	W	U	J	O	R
N	O	I	N	U	T	I	D	E	R	C	C	E	X	C
C	I	D	R	K	B	S	M	I	O	G	A	V	P	A
U	E	A	K	A	Z	H	O	S	P	I	T	A	L	P
P	P	R	Q	W	W	R	D	M	O	N	V	C	T	Y
U	A	J	U	N	G	L	E	G	Y	M	Y	E	R	Q
P	S	S	E	R	P	G	N	I	T	N	I	R	P	C
B	Y	I	O	A	U	D	U	N	S	P	P	K	J	S
A	Z	A	J	F	D	E	R	T	G	L	O	S	A	J
X	S	E	K	E	C	I	F	F	O	T	S	O	P	Y
R	I	L	O	O	H	C	S	P	G	A	S	G	L	U
S	O	N	I	V	Y	N	A	P	H	W	E	L	L	Z
F	I	R	E	S	T	A	T	I	O	N	J	X	U	H
H	C	R	U	H	C	Q	P	Q	C	R	U	Y	S	S
N	Z	B	Y	F	Z	R	B	H	O	U	S	E	D	F

- JUNGLE GYM HOSPITAL CHURCH HOUSE POST OFFICE PRINTING PRESS
- FIRE STATION SCHOOL RADIO CREDIT UNION POOL PAN Y VINO PARK

GROUNDING AT LA PAZ



Cesar Chavez dedicated his life to fighting for farm workers' rights, so caring for his body and mind was essential. One way Cesar took care of his body and mind was through the practices of yoga and meditation. These activities helped him stay strong so that he could continue the fight, while also maintaining his commitment to be peaceful (non-violent).

Take a walk outside and find a quiet spot to sit or stand.
Take a deep breath and focus on your senses. Then answer the questions below.



- 1 What is something you can **touch**? _____
- 2 What do you **smell**? _____
- 3 What do you **see**? _____
- 4 What sounds do you **hear**? _____

MEMORIAL GARDEN



Welcome to the Memorial Garden, the place where Cesar Chavez and his wife Helen Chavez are laid to rest. This garden was made with a lot of thought, to remember an ordinary man who did extraordinary things. Each feature was chosen to honor a part of who Cesar was. There is a quote of Cesar's on the wall in both Spanish and English, and it reads:

It is my deepest belief that only by giving our lives do we find life.



THINKING QUESTIONS

What does the quote mean to you?

What does this quote say about who Cesar was?

A PROMISE TO MAKE A DIFFERENCE



Making change in the world takes more than one person — it takes a community. Cesar and everyone in the farm worker movement knew this and relied upon each other. You can also stand up for something that matters to you. As Cesar said, “Ordinary people can do extraordinary things!”

What is an issue or a cause that you really care about?

Why do you care about this?

We are stronger as a team! What can you do with your community to make a positive change for this issue or cause?

Are you ready to commit to this? If so, fill in the promise below!

I, _____, promise to help make _____ better,
(your name) (your issue or cause)

by working with my community to _____!
(the action)

CERTIFICATE OF COMPLETION

This certifies:

_____ has completed the César E. Chávez Junior Ranger Program and has demonstrated they will respect the history and nature of National Park Service sites and share the story of the monument.



PARK STAFF

DATE



César E. Chávez National Monument
29700 Woodford-Tehachapi Road
Keene, California 93531

As a Junior Ranger, you are joining a group of stewards that protect these places for future generations. Visit other national parks and continue to explore, protect, and learn about America's rich heritage. There are over 400 National Parks Service sites across the country. Visit them and earn more Junior Ranger badges!