César E. Chávez National Monument

National Park Service U.S. Department of the Interior





Junior Ranger Booklet

iBienvenidos! Welcome!

César E. Chávez National Monument is a special place where César Chávez lived and worked. As a Junior Ranger, you will learn about his life, achievements, and how he made a difference for farm workers in America.

Become a Junior Ranger!

Junior Rangers explore, learn, and protect our national parks. Earn a Junior Ranger badge and certificate by completing activities in this booklet. Do your best and have fun! Here's what you need to do:



Ages 4-6

Complete **three** activities with the *Picket Sign* symbol on the top of the page.



Ages 7-9

Complete **four** activities with the **Eagle** symbol on the top of the page.



Ages 10 and up

Complete **five** activities with the **Ranger Hat** symbol on the top of the page.

Start exploring the visitor center to learn about the life of César Chávez and the United Farm Workers. When you are finished, give your booklet to the person at the front desk.

iHuelga! Time to Strike!



Do you see the word "*Huelga*" written on the wall inside of the visitor center? In Spanish, it means to strike. When someone is on strike, they stop working to let people know that they want something to change at work.

In 1965, César Chávez and grape farm workers went on strike because they did not think it was fair to work without restrooms or clean water to drink. They also wanted farm owners to pay them better wages so that they had enough money to buy food.

Here are some ways people can make changes. Draw a line to match the picture with the correct description?







Join a union (an organization for protecting workers' rights)

Go on strikestop working so you can demand changes. Write a letter

to Congress to express your concerns.

Living in the Footsteps of Farm Workers



If you were a farm worker living and working on a grape farm in 1965, you might live in a house on a farm similar to the one you see in the visitor center. Can you find it? Take a walk inside the house. Can you imagine that up to eight people lived in a house this size? Sometimes more than one family lived in these small houses. Many of these rented homes did not have a kitchen, a toilet, running water, or electricity.

List or draw 3 items in your house that the farm workers didn't have. Could you live without these items? Why not?



Who is César Chávez?



Fill in the blanks using the words below to learn about his life.

school	California	Yuma	strikes	grape boycott	
30	improve	fields	Navy	workers	J

César Chávez was born near ______, Arizona on March 31, 1927. He had three sisters and two brothers and lived on his parent's farm. In 1938 when César Chávez was 11 years old, his family moved to ______.

They moved from farm to farm, working in the ______. Each time the Chávez family moved, César Chávez had to enroll in another school. He attended more than ______ schools in five years. At age 15, he quit ______ and worked in the fields to earn some money to help support his family and continued to do so for several years.

In 1946, he joined the United States ______ and served for two years. When he returned, he married Helen Fabela and had eight children with her. César Chávez returned to work in the fields and when he was 25 years old, he decided he wanted to ______ the working conditions of Latinos in poor communities where they lived.

In 1962, he worked with many farm ______ to bring farm workers together to fight for better working conditions and fair wages. He founded the **National Farm Workers Association** (NFWA), which later changed its name to the **United Farm Workers** (UFW) union in 1966. He dedicated his life to not only improving the working conditions for farm workers through nonviolent

_____ and a ______, but to teach others to respect them.

Who's Your Hero?



Does someone inspire you to be a better person? They might be your hero!

César Chávez looked up to Martin Luther King Jr. and Mahatma Gandhi because they never used violence in fighting for what they believed in. César Chávez followed in their footsteps and led nonviolent strikes and boycotts. Librado and Juana, César Chávez's parents, were also his heroes. They taught him the importance of working hard and caring for other people.

Draw your hero:



Mahatma Gandhi

Why is this person your hero?

Victory for Farm Workers



César Chávez, women such as Dolores Huerta, and Filipino and Latino farm workers went on strike in 1965 for five years because Delano farm owners cut their pay. All across the United States and Canada, César Chávez and the United Farm Workers asked people in big cities and small towns to boycott table grapes to support the farm workers' cause.

Protestors marched for 300 miles from Delano to the state Capitol in Sacramento in 1966 to gain more support from the governor, Californians, and the nation. Their hard work paid off in 1970, when the first union contracts were signed between table grape farmers and the United Farm Workers. It was a big victory because these union contracts would make life better for the farm workers.

Find your way through the maze of streets and highways from Delano to Sacramento.



A Peaceful Community



César Chávez National Monument is also known as *La Paz*, which means a place of peace. It was also the national headquarters for the United Farm Workers and where César Chávez lived since 1971 and worked for over 20 years.

Established by César Chávez and the United Farm Workers, *La Paz* was once a community full of life. Over 250 people lived at *La Paz* from 1971 through the 1980s. Just like any other community, there were homes, offices, a school, a fire station, and a community center. There were many celebrations at *La Paz*, too!

Word Search:	Q	С	н	U	R	С	н	Ρ	S	v	С	Α	С	Ε	К
Hospital	U	D	R	0	С	D	I	0	Ε	G	0	Κ	F	Α	Y
Church	С	Υ	G	U	S	н	Α	F	С	Ρ	Μ	S	Т	н	S
School	E	т	н	S	0	Ρ	Α	R	κ	R	Μ	н	R	Е	0
Houses	G	S	R	J	Κ	Т	Т	н	R	U	U	J	Е	F	J
Post Office	Р	С	Υ	Ρ	т	L	С	т	Α	G	Ν	R	S	R	Α
Community Center	v	н	Ο	U	S	Е	S	Υ	Α	Y	Т	S	т	S	V
Fire Station	E	0	н	S	R	G	Ρ	S	V	L	т	V	Α	G	Υ
Park	Y	0	S	κ	Α	F	S	н	S	т	Υ	н	т	Т	В
Gas Station	U	L	D	Ρ	С	т	В	κ	Е	0	С	Е	Т	J	В
Bank	Α	Е	J	В	Α	Ν	к	т	н	G	Е	U	0	F	G
	0	В	С	т	Ρ	κ	т	Α	v	В	Ν	G	Ν	С	U
	Ε	Μ	Т	Е	Ρ	Х	G	κ	Е	F	т	С	V	J	Α
	Р	Ο	S	Т	Ο	F	F	Т	С	Ε	Е	Ρ	Α	G	U
	Ν	Ζ	Α	D	В	S	Α	В	G	В	R	Ν	н	D	Р

Honored for Helping



César Chávez was given the Presidential Medal of Freedom in 1994 because he was a great supporter for nonviolent change and brought dignity to the life of so many people. The Medal is the highest award a person can receive from the President of the United States.

Besides this award, there are many schools, parks, streets, and buildings named after him. He will always be remembered and honored for his commitment to helping farm workers.

Can you find the Medal of Freedom in César Chávez' office? Connect the dots to see the Presidential Medal of Freedom.



Where Did he Work?



Find César Chávez's office in the visitor center! The office looks exactly the way he left it when he worked here. Listen to the audio recordings to learn more about him and the different objects found in his office.

Fill in the crossword puzzle using the words and clues below.

short-handled hoe	awards	music	Francis	Ban Cha tea
Virgin of Guadalupe	office	dogs	books	eagle

ACROSS

- 4. César Chávez' _____ is preserved exactly as it looked liked on the day he left it in April 1993.
- 6. There are at least nine _____ displayed in his office, including the Presidential Medal of Freedom.
- 9. The ______ was a tool that farm workers used in the fields.

10. César Chávez loved to listen to ______.

DOWN

- 1. The image of the ______ is seen at least four times in the office.
- 2. César Chávez' two pet ______ were named Huelga and Boycott.
- 3. ______ is found on top of his desk as he really enjoyed drinking it.
- 5. Saint ______ respects all living creatures.
- 7. The image of the ______ is seen many times in the office, and stands for love and compassion.
- 8. César Chávez enjoyed learning through ______.



Surrounded by Nature



Walk outside and listen to the birds. These were some of the many animals that César Chávez enjoyed being surrounded by at *La Paz*. His most favorite animals were his two pet dogs named Huelga and Boycott. César Chávez loved animals so much that he stopped eating meat and was a vegetarian for 25 years.

La Paz also has many beautiful plants such as the native oak trees and wildflowers. César Chávez also liked the desert plants found in Yuma, Arizona, where he lived as a young child.

Take a walk outside in the garden next to the visitor center and complete the activity on the next page.



Time for a scavenger hunt! Look for the items in the boxes below and draw each item you find. Can you find at least 5?

Grape Vines	Ocotillo	Western Fence Lizard	Squirrel
Hawk	Purple Prickly Pear	Bee	Snake
Turkey Vulture	Cottontail Rabbit	Roses	Oak Tree



César Chávez wrote this prayer that gave strength to him and others to stay strong as they fought together for what they believed in:

Show me the suffering of the most miserable; so I will know my people's plight.

Free me to pray for others; for you are present in every person.

Help me take responsibility for my own life; so that I can be free at last.

> Grant me courage to serve others; for in service there is true life.

Give me honesty and patience; so that I can work with other workers.

Bring forth song and celebration; so that the Spirit will be alive among us.

Let the Spirit flourish and grow; so that we will never tire of the struggle.

Let us remember those who have died for justice; for they have given us life.

> Help us love even those who hate us; so we can change the world.

> > Amen.

What does it mean to you?





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As a Junior Ranger, you are joining a group of stewards that protect these places for future generations. Visit other national parks and continue to explore, protect, and learn about America's rich heritage. There are over 400 National Parks Service sites across the country. Visit them and earn more Junior Ranger badges!

Written and Designed by Park Rangers from Santa Monica Mountains National Recreation Area

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