

Spring Fling!

A Partnership Event

National Park Service
U.S. Department of the Interior
Cape Cod National Seashore



Celebrate spring and explore the seashore's resources, beauty, and history through activities and events offered by seashore partners and park rangers. All activities are free, except as noted. Listings with  include activities for youngsters.

Tuesdays, 3:30 pm: *Children's Community Garden, Learn and Grow* Have fun growing food, health, and a sustainable environment at the Children's Community Garden in Truro. Activities include tending soil, planting, seed sowing, harvesting, and eating! Parents and caretakers welcome. <https://sustainablecape.org/programs/truro-childrens-community-garden/> 

Friday, April 19, 10 am-noon: *Whale Walk: Herring Cove Beach* Spring is a great time to look for whales from shore. Join a ranger and staff from the Center for Coastal Studies for a whale research talk, and if you're lucky, to spot some whales! Please bring your own binoculars. Wear comfortable shoes for hiking in soft sand. Dress for the weather! Reservations are required and accepted up to one week in advance by calling Salt Pond Visitor Center at 508-255-3421.

Thursday April 25, 11 am-noon: *Poetry In Parks (Mary Oliver Edition)* Celebrate National Poetry month by joining a ranger to hike Beech Forest around Blackwater Pond and celebrate local poet Mary Oliver. Bring your favorite Mary Oliver poem to share with the group and discuss what has drawn so many important poets to the Outer Cape. Reservations are required in advance by calling Salt Pond Visitor Center at (508) 255-3421, ext. 0.

Saturday, April 27, 10 am-3 pm: *International Marconi Day* Drop by the Marconi Station Site in Wellfleet to experience wireless communication around the world. The Marconi Cape Cod Radio Club and the Barnstable Amateur Radio Club will have activities and presentations set up throughout the day to celebrate Marconi's birthday. Event will move indoors to Salt Pond Visitor Center in Eastham for rain. 

- 10 am – 3 pm: KM1CC will be set up for broadcasting and receiving radio transmissions around the world.


Programs continued

Sunday, May 5, 9:30 am-noon: *Hike with Friends: Bound Brook* This hike with Friends of the Cape Cod National Seashore (FCCNS) explores the secluded and quiet wooded trails of Bound Brook Island and its fascinating human and natural history. Meet on the road outside the Atwood-Higgins House, Wellfleet. Led by FCCNS Board Members Melissa Lowe and Agnes Mittermayr. Walk is 3 miles on narrow trails, uneven terrain, up and down hills, and in soft sand. Wear comfortable shoes for hiking, dress in layers, and bring drinking water.

Thursday, May 9, 7 pm: *Teddy Thompson in Concert* Teddy Thompson has carved out his own music path, drawing inspiration from his familial British folk roots (Richard and Linda Thompson), and American folk, soul, country, pop, and rock— and he's headed to Cape Cinema on Thursday, May 9 for a Payomet Road Show. Tickets available for purchase in advance or at the door. <http://tickets.payomet.org/TeddyThompson> Cape Cinema, 25 Hope Lane, Dennis.

Saturday, May 11, 9:30-11:30 am: *Hike with Friends: Hatches Harbor* This hike with Friends of the Cape Cod National Seashore (FCCNS) explores the dunes and expansive salt marsh of Hatches Harbor. Migrating birds, salt marsh restoration, and local research will be among the topics covered. Meet at the Hatches Harbor parking area off of Province Lands Road, Provincetown. Led by FCCNS Board Members Melissa Lowe and Agnes Mittermayr. Walk is 2 miles on a flat sandy trail. Wear comfortable shoes for hiking, dress in layers, and bring drinking water. Bring binoculars if you have them.

Monday, May 13, 10-11:30 am: *Hike with Friends: Nauset Marsh Trail* This hike with Friends of the Cape Cod National Seashore (FCCNS) explores the Nauset Marsh Trail in Eastham which winds along the edge of Salt Pond and Nauset Marsh, crosses fields and through pine woodlands. Meet by the amphitheater at the Salt Pond Visitor Center, 50 Nauset Road, Eastham. Led by FCCNS Board Member Frank Dobek and Carol Dobek. Length of walk is 1.5 miles. Wear comfortable shoes for walking, dress in layers, and bring drinking water.

Friday, May 17, 7 pm: *Old Harbor Lantern Tour* Tour the Old Harbor Life-saving Station by lantern light and imagine what a night shift would have felt like for the surfmen. Join volunteers for walks out to the bluff to hear the tale of lifesaving heroics during the wreck of the Elsie Smith. Race Point Beach, Provincetown. 

Interested in learning more? Seashore-related items such as books, maps, field guides, nature exploration, apparel, and gifts are available at the America's National Parks stores at Salt Pond and Province Lands visitor centers and the Keeper's Shop at Highland Light. Managed by seashore education partner, Eastern National.

For more information, pick up a copy of the *Trip Planner* at a visitor center or visit www.nps.gov/caco.
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